

Date: **April 26, 2016**

Location: **Strathmore Civic Centre**

Attendance: **50**

1.0 Called to Order: 10:00am by Sandy Green

1.1 Adoption of Agenda– Shane Hansen - Beiseker
Seconded by Michael Sera – Bert Church

1.2 President's Remarks – Sandy Green

A few issues with concerns over the JV zone volleyball date. (To be discussed in small groups.)

Had a few hosting complaints, with hosts taking on too many hats during the championship. Please ensure that proper officials are in place and that you have another teacher to run the event if you are a coach at the event. Please realize that complaints regarding officials are not a zone executive issue, zone hosts need to take these complaints back to the proper officials association.

Another reminder that problems or complaints need to come to the zone through the proper channels, all complaints should come to the zone through the school's athletic director. Remind your coaches and parents of these procedures as the zone will only deal with schools directly.

Some concerns with the zone host guidelines and the fees that are outlined, we must remember that the zone championship is a break even event, it should not be a fund raiser nor should you lose money on the event.

Thanks to Sundre for hosting cross-country zones, one suggestion is to make more recognition of the top finishers in each category. Coaches need to ensure that athletes are completing their walk-through, as some athletes did run off course this year.

Provincial badminton bid is Central/South Central for 2017. Discussions indicate Central will be doing this event in 2017.

1.3 Remarks from ASAA –Josh Boyd.

(please see attachment)

1.4 Adoption of minutes –Melvyn Wade– Dr Elliot School

Seconded by Nathan Hodgson – Bassano

2.0 Business arising from the minutes

2.1 Jr. High Handbook committee nothing to report yet.

2.2 1A/2A volleyball and basketball all-star games, no volleyball all-star games were played, 1A/2A only a boys basketball all-star game as not enough girls and the 3A/4A all-star game was a success.

3.0 Reading of Communications

3.1 Nathan Hodgson sent letter outlining concerns over a dwindling number of 1A volleyball participants at the Varsity level (4), whereas the JV zones has comparatively more teams (7).

4.0 Financial Report

Moved by Shane Hansen - Beiseker, Seconded by Shauna Vaughn – Three Hills, all in favour.

Discussion: Still funds left from the track and field provincial. Possibility of doing a track & field seminar or practical workshops to utilize some of the funds. Potentially no zone fees for a year, or no zone expenses for hosting for a year.

Leslie announced that she would remain zone secretary for 2016-17 but that a shadow was needed next year to replace in fall of 2017. Please let Leslie know if someone is interested in taking on the roll.

5.0 Selection of Delegates to the Spring AGM (May 7 & 8) George Grant, Olds, Leigh Bretzlaff, Oilfields and Sandy Green, Cochrane

6.0 NOM SCZ

Notice of Motion 6.1

Submitted by: Gavin Makse, Sr. Girls Soccer St. Anthony's School

MOTION:

Motion to create a two tiered Zone tournament for the South Central Zone Girls Soccer Championships. Tier 1 would include the top half (standings) of the teams playing in the Foothills and Rocky View Leagues. Tier 2 would include the bottom half (standings) of the teams playing in the Foothills and Rocky View Leagues. These standings would be calculated two weeks prior to the Zone Championships to coincide with when schools must declare their intent to attend Zones. Independent schools that do not participate in either the Foothills or Rocky View Leagues could choose either Tier 1 or Tier 2.

Current Policy:

All 1A-4A schools play in one South Central Zone Championship Tournament.

RATIONALE:

Soccer is the only South Central Zone sport that has all different school sizes compete in one Zone Championship. Over the past few years teams are dominating others with scores of 13-0, 12-0, 11-0 in the round robin portion of the Zone tournament. Most scores do not become close until playoffs or even a team's final game. As a result some schools do not want to attend Zones as they know they will get blown out.

Soccer is a difficult sport to promote within our Zone since there are no ASAA Provincial Championships. Without ASAA support it is also difficult to establish rules and guidelines to allow for competitive play. However, there are many soccer teams within our South Central Zone: 5 teams in the Foothills Athletic League, 6 competed in the Rocky View League and 4 Independent Schools competed in the Fall for a total of 15 schools with a Sr. Girls Soccer program in 2015. Further, there are at least 5 other schools that are in the process of developing a Sr. Girls Soccer program which would see a potential of up to 20 teams within our South Central Zone.

This motion will finally allow a competitive balance to take place throughout the majority of Zone Championship Tournaments. It will enable more schools to attend Zone Championship Tournaments and help promote the sport of soccer to more schools within the South Central Zone.

Moved: Darryl Hern – Delia
Seconded: Len Judson – JC Charyk
For: 8 Opposed: 2 Abstained:19
Motion Carried

Notice of Motion 6.2

Submitted by: Kirby Coderre – Holy Trinity Academy

Motion: Each area or district will be allowed two entries in each event, including the relays.

Current Policy: Track & Field 3. Each area or district will be allowed two entries in each event. The exception is in relays, where one entry is allowed.

Rationale: Areas have been sending two entries in relays for several years now, so we should remove the "exception".

Moved: Matthew Hassett – Holy Trinity
Seconded: Leigh Bretzlaff – Oilfields
For: 16 Opposed: 7 Abstained: 6
Motion Carried

Notice of Motion 6.3

Track & Field Substitutions

Submitted by: Kirby Coderre – Holy Trinity Academy

Motion: Substitutions will be allowed on the day of the zone meet if the following conditions are met:

- a) One hour's notice is given so that athletes can be added/removed and the event reseeded.
- b) The athlete being substituted must be present at the zone meet and not already in 4 events.
- c) The substitution must have the approval of the majority of the appeals committee. The appeals committee will consider the substitutions based on the following criteria; the substitution **SHOULD** be the third place finisher in the event in question (or at the very least the athlete competed in this event at the district level and was competitive).

Current Policy: None

Rationale: In the interest of fairness and integrity this rule needs to be put in place to eliminate the possibility of athletes being put into events over those who are deserving or for the purpose of inflating scores.

Amended:

Part B: The athlete must be present and competing at zones and not already in 4 events.

Amendment: For: 11 Opposed: 4

Moved: Matthew Hassett – Holy Trinity

Seconded: Carrie Westgard – Strathmore High

For 10 Opposed 6 Abstained 6

Motion Carried

Notice of Motion 6.4

Track and Field No- Shows

Submitted By: Kirby Coderre, Holy Trinity

Motion: NO SHOWS: Schools whose athletes do not report to their events will be fined \$25.00 for each offense.

Current Policy: None

Rationale: On several occasions over the past few years sufficient numbers of athletes have been no shows for their events and this has caused (in many of the timed final events) for an undesirable situation to occur, that being that one heat may have 5 competitors while the other heat only has 2 and as a result athletes are not pushed in each heat and the race could have been run as one final enabling all athletes involved to have a better opportunity to compete and advance to provincials.

Moved: Matthew Hassett – Holy Trinity
Seconded: Danelle Bohnet – Airdrie Koinonia
For 3 Opposed 25
Motion Defeated

Notice of Motion 6.5

Track & Field Reseeding of Events

Submitted by: Kirby Coderre – Holy Trinity Academy

Motion: In the event that sufficient athletes scratch or do not report for a timed final event, the event will be reseeded to create (where possible) 1 final or 2 evenly distributed heats.

Current Policy: None

Rationale: On several occasions over the past few years sufficient numbers of athletes have been no shows for their events and this has caused (in many of the timed final events) for an undesirable situation to occur, that being that one heat may have 5 competitors while the other heat only has 2 and as a result athletes are not pushed in each heat and the race could have been run as one final enabling all athletes involved to have a better opportunity to compete and advance to provincials.

Moved: Matthew Hassett – Holy Trinity
Seconded: Nathan Hodgson - Bassano
For 31 Opposed 0
Motion Carried

Notice of Motion 6.6

Submitted by: Kirby Coderre – Holy Trinity Academy

Motion: Zone Schedule of Events:

SC Zone Sr. High Track Championships: Proposed Schedule (2 day Version)

Track (Day 1)		Track (Day 1)		Track Only (Day 2)
8:00am	Coaches meeting	10:50am	80m Hurdles –	Possibly held at alternate facility. (HTA can host as we have electronic timing). 5:00pm 200m Heats 5:35pm 3000m (all classes) 6:30pm 200m Finals
8:30am	300m Hurdles	Girls	Girls	
8:40am	300m Hurdles	11:10am	100m Hurdles –	
Boys		Boys	Boys	
8:50am	1500m finals	11:45am	Diversity 200m	
9:20am	100m heats	Finals	Finals	
9:55am	Diversity 100m	12:00pm	Pentathlon 800m	
Finals		12:30pm	100m finals	
10:05am	Pentathlon 100m	1:00pm	800m finals	
(Boys and Girls)		1:30pm	4x100m relays	
10:35am	400m timed finals	2:00pm	4x400m relays	

Field Event Schedule (Day 1 Only)

Time	Jr. Girls	Jr. Boys	Int. Girls	Int. Boys	Sr. Girls	Sr. Boys
9:00 AM	Long Jump Pole Vault	Javelin	High Jump Pole Vault	Discus	Triple Jump Pole Vault	Shot Put
10:00 AM	Shot Put	Long Jump	Javelin	High Jump	Discus	Triple Jump
11:00 AM	Triple Jump	Shot Put Pole Vault	Long Jump	Javelin Pole Vault	High Jump	Discus Pole Vault
12:00 noon	Discus	Triple Jump	Shot Put	Long Jump	Javelin	High Jump
1:00 PM	High Jump	Discus	Triple Jump	Shot Put	Long Jump	Javelin
2:00 PM	Javelin	High Jump	Discus	Triple Jump	Shot Put	Long Jump

Pentathlon Schedule

Time	Boys	Time	Girls
8:30	Shot Put	8:30	High Jump
10:45	High Jump	1:00	Long Jump (worked in with Sr. Girls)
2:00	Long Jump (with Sr. Boys)	2:00	Shot Put (Worked in with Sr. Girls)

Current Policy:

Track Schedule

10:00 am	3000m All Classes (Boys/Girls of same age category together)
10:50 am	Hurdles (Girls)
11:10 am	Hurdles (Boys)
11:25 am	100m Heats
12:00 noon	400 Finals
12:30 pm	1500m Finals
1:15 pm	100m Finals
2:00 pm	200m Finals
2:30 pm	800m Finals
3:00 pm	4x100m Relays
3:30 pm	4x400m Relays

Field Schedule

Time	Junior Girls	Junior Boys	Int. Girls	Int. Boys	Senior Girls	Senior Boys
10:00am	Long Jump Pole Vault	Javelin	High Jump Pole Vault	Discus	Triple Jump Pole Vault	Shot Put
11:00am	Shot Put	Long Jump	Javelin	High Jump	Discus	Triple Jump
12:00pm	Triple Jump	Shot Put Pole Vault	Long Jump	Javelin Pole Vault	High Jump	Discus Pole Vault
1:00pm	Discus	Triple Jump	Shot Put	Long Jump	Javelin	High Jump
2:00pm	High Jump	Discus	Triple Jump	Shot Put	Long Jump	Javelin
3:00pm	Javelin	High Jump	Discus	Triple Jump	Shot Put	Long Jump

Rationale: With the addition of 300m hurdles, Pentathlon and the Diversity events, the zone track meet can no longer be feasibly completed in 1 day. I suggest a one day + 1 evening format as shown below to alleviate several problems, 1 problem is time, the others have to do with adding heats and finals for the 200m and separating the 3000m from the other "middle" distances.

Having some events on the following evening will not increase costs to the zone as they can be hosted at Holy Trinity Academy (No rental fee), and having them in the evening means less instruction missed by students than a full 2 day meet would cause and would also mean less substitute costs and planning for coaches.

It is moved that the schedule below be adopted.

Moved: Matt Hassett – Holy Trinity
Seconded: Josh Jalbert – Holy Cross Collegiate
For: 1 Opposed: 19 Abstained: 6
Motion Defeated

6.7 Jr. High Basketball Size

Submitted by: Ken Zelez , Foothills Athletic Council

Motion: Size 7 ball for Jr A Boys (Gr 9) and size 6 ball for girls and all other levels.

Current Policy: a. Size 6 ball for both boys and girls

Rational: All other leagues/associations are having Gr 9 Boys compete with a size 7 ball. We should do the same. A constant ball size for the boys between all leagues will help them develop their skills for High School.

Amended:

Size 7 basketball for Jr. High Boys and size 6 for all jr high girls.

Moved Ken Zelez

Seconded Matt Laslo

Amendment approved 19 For 0 Opposed

Moved: Ken Zelez

Seconded: Curtis Colfer

For: 13 Opposed: 18

Motion Defeated

6.8 Jr. High Basketball Zone Defense

Submitted By: Ken Zelez, Foothills Athletic Council

Motion: Zone Defence is not permitted in the front court.

Rational: Zone Defence is not allowed in any other league at the Jr High age group. Zone defence at this level changes the game drastically and has been argued that it promotes bad habits and forces teams to shoot from the outside when shooting fundamentals have not been developed. That being said, the LTAD Canada Basketball model states: Train to Train Phase 1 and 2 “The goal at this stage is to continue to build the athletic base. Many skills will be introduced here and these skills will be emphasized. Avoid the temptation to compensate for the lack of skills with higher level tactics. The use of zones and presses will be introduced in the second phase, at the end of this stage, when players have acquired a complete grounding in the basic skills. Train to Train phase 1= “ 11-13 females and 12 -14 males - the emphasis is still on refining the fundamentals and consolidating the technical skills. Developmentally appropriate tactics become more important.” Phase 2

*= “ 13-15 females and 14-16 males - players should be refining their technical skills. Some athletes will begin to become creative. Tactics such as zone offence/ defence and presses/press breaks are added during this stage. Near the end of this stage, simple strategies can be employed. When various technical skills are combined to form a system of play, you have created a tactic. These are conceptual in nature and still allow the players freedom to make decisions. Teams will have tactics for transition, offence, defence etc. Individualized training is important for the player to improve.”
Specifically, “Zone Defensive Concepts • Introduce zone defensive concepts as opposed to zone defensive systems Press and Press Breaks • Introduce and develop pressing pick up points • Introduce trapping concepts (pressure defence) • Introduce concepts to breaking traps and pressing defences (press breaks and pressure releases)”.*

Moved: Ken Zelez – Strathcona Tweedsmuir
Seconded: Josh Jalbert – Holy Cross Collegiate
For: 10 Opposed: 13
Motion Defeated

6.9 3A/4A JV Girls Volleyball Zones

Submitted by: Carrie Westgard (Strathmore High School)

Motion: The proposed tournament will be open to all 3A/4A JV girls’ volleyball teams in the zone.

Current Policy:

The 3A/4A JV Volleyball tournament will consist of 10 teams:

- a. 4 Rockyview
- b. 3 Foothills, including Strathmore
- c. 3 other schools who do not belong to Rockyview or Foothills
- d. Host comes from within the regional birth (Fall2013)

Rational:

This will allow all teams to have equal opportunity to experience and participate in the final tournament of the season. All teams have the choice to decline to participate in the tournament but must inform the host school. Zone currently consists of a maximum of 14 3A/4A teams. Draws will be presented as discussion points if motion is passed.

Moved: Carrie Westgard – Strathmore High
Seconded: Shauna Vaughan – Three Hills
For: 6 Opposed: 7
Defeated

6.10 Joint Jr. High Team Sport Participation

Submitted by: Melvyn Wade – Dr. Elliott School

Motion: All participants must be bona fide students of the school they represent. In the team activities of basketball, volleyball; all members of the team must be bona fide students of the same school. In the case of a 1J school that cannot offer a team/program due to small number of participants, students may play for another 1J school that offers a program/team.

Current Policy: “All participants must be bona fide students of the school they represent. In the team activities of basketball, volleyball; all members of the team must be bona fide students of the same school.”

Rationale: Smaller schools are in jeopardy of not having programs or teams due to small population numbers therefore there is a chance of loss of development and access to coaching. This motion will allow more students to participate.

Moved: Melvyn Wade - Dr. Elliot

Seconded: Len Judson – JC Charyk

For: 26 Opposed: 0

Motion Passed

7.0 ASAA Notices of Motion

ASAA Notices of Motion were discussed so that our delegates could represent our member’s views. Was some contentious issues and notes were given for delegates and direction for voting. Be sure to check ASAA website for outcome of these notices of motion.

8.0 Small Group discussions

A) Zone Hosts for 2016-17 will be posted on the web site. Please contact Leslie if your school is willing to fill any of the vacant positions.

B) Sport Commissioners to be determined at Fall meeting. (Must be done at fall meeting)

9.0

New Business Arising from Small Group Discussions.

Can Girls zone soccer championship be held on October 14/15 weekend, the other date seems to early.

10.0 Date for Fall meeting – Tuesday September 28, 2016

12.0 Adjournment 1:42 pm – Micheal Wiens – St. Josesphs Collegiate

Seconded –Brent Meyer – Rosemary

ASAA to Spring Zone Meetings 2016

Here are a few notes, upcoming deadlines & initiatives from the ASAA office:

Deadlines:	May 1	Rugby Opt-up and registration deadline
	May 15	Track and Field Registration deadline
	June 1	Football Declaration by Leagues
	June 15	Golf Declaration by Zones
	June 30	Never Stop Milk Scholarship submission
deadline		
	June 30	Pay it Forward Scholarship submission
deadline		
	June 30	Lorne Wood Award (Administrator, supports athletics)
	Oct 1	Zone Award of merit



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Notices of Motion: By April 21 the final version of Notices of Motion will be on the ASAA website as required by policy. If your zone meeting falls before that date, there may be some changes to the draft you reviewed at your zone meeting when uploaded April 21. Your zone will connect with you if they feel they need further input from you after April 21.

Basketball and Volleyball Rankings: I want to thank the many individuals who volunteered their time to be involved with the rankings this year. Most zones have at least one individual involved and some zones have many. It is a labour of love and hundreds of schools/teams/coaches owe their thanks to these individuals.

Provincials: Congratulations to all zone teams who attended provincials and especially to those who took home a medal or sportsmanship banner. A very special thank you to those individuals, schools and others who hosted a 2015/16 ASAA championship

Livestreaming has brought an exciting dimension to our championships. While it has meant increased viewership overall, it seems to have resulted in fewer people attending some events in person; in person attendance is always a preferred option. The ASAA is investigating options which may include a nominal fee to watch livestreaming in order to encourage more "in person" attendance and also to assist hosts in covering the camera rental and other costs associated with livestreaming.

Transgender Issues: After almost two years of research and meetings, the ASAA introduced a Student Athlete sexual Orientation and Gender Equity Policy in May 2015 for implementation in the current school year. We have had a handful of calls about

students, but as many calls from school boards wanting to know how we recommend implementing the policy. It is the responsibility of each school district to have their own policy as now required by the Alberta Government and we also see this to include their own protocols and procedures regarding change room/washroom and supervision issues. We refer boards/schools to the Edmonton Public School Board Policy for direction as it has been well thought out.

Unified Sports

The ASAA is working with Special Olympics Alberta and with the support of a grant, is offering Unified Sports programs in ASAA schools. Unified Sports involve students with mild or moderate cognitive disability “students” who participate in school sport with equal numbers of students without disabilities “partners”, on the same team. Interschool competition is the goal, with the possibility of a Unified Sports championship down the road. Please give consideration to this great initiative which has the opportunity to change school culture

SchoolCoach.ca

- Basketball & Volleyball courses are live and while course registrations are not as high as hoped, feedback on the content and presentation has been excellent. In preparation for 2016/17, we encourage you to engage all junior coaches and SV assistant coaches, at minimum, in taking these courses. Your program/coaches/students will benefit.
- Our partnership with Athletics Canada has been a huge step forward and the first of 5 or 6 modules being authored by Athletics Canada (sprints/hurdles/relays) is almost complete. Modules will fit into the NCCP pathway.
- CIP Grant... ASAA recently received confirmation of a grant to develop: a course on Building a School Culture through Sport; is collaborating with Dr. Camiré for a new course on Coaching Life Skills; and is upgrading the learning Management System. We did not receive the full request of funds so we have to internally work on prioritizing where to allocate the funds.
- Mike Steel and John Paton are also meeting with Coaching Association of Canada and their provincial/territorial representatives on April 26, 2016 to discuss collaborative opportunities involving coaching at the school level, schoolcoach.ca and other possibilities that may bring some national unity around coaching in schools.

ASAA Zone Award of Merit: Each zone is given the chance to nominate someone for their outstanding efforts in support of high school athletics. Please send your nominations in to your Zone Secretary ASAP. Nomination forms are available on the ASAA website and are due October 1.

Athletic Director Initiatives:

The AIAAA is looking forward to hosting the 1st National Athletic Directors Conference from June 16-18, 2016 at the West Edmonton Mall. The conference will feature nine Leadership Training Program courses (two of which are brand new), ten brand new workshop topics, a banquet, keynote address, vendor trade show as well as several social functions. The conference fee has been significantly reduced this year to \$150.

The partnership with Grace College's Master of Science in Athletic Administration has seen massive growth over the past year, with over 50 students from across Canada currently enrolled. Through this program, students complete 20 Leadership Training Program courses through the AIAAA/CIAAA and complete 10 associated projects with the university. The program has been formally accredited in Alberta for TQS.

Back here in Alberta, the AIAAA delivered a series of free workshops at teacher conventions on the topics of Social Media and Rejuvenating an Athletics Program. In total over 250 current or aspiring Athletic Directors attended the sessions and feedback across the board was great. We will be applying to all of the teacher conventions for 2016 to offer new workshop sessions. The AIAAA is looking forward to hosting their 4th Athletic Director's conference in Edmonton at the Fantasyland Hotel from June 16-18, 2016 in partnership with CIAAA's first conference. We hope all of you take advantage of this great PD opportunity!

The following Zone Representative positions are currently vacant on the AIAAA Board of Directors: South, Central, Calgary and North West. Contact the AIAAA at info@aiaaa.ca if you are interested in filling one of these roles.

iMPACT workshops

This is the second year the ASAA is running iMPACT workshops for student leaders. Feedback has been outstanding and the workshop scheduled at Olds High School for April 25 has a handful of spots available for schools (Four student athlete leaders and one or two teacher supervisors). Contact josh@asaa if you are interested in this opportunity.

ASAA Elected Positions 2016/17: We encourage your involvement in the management of the ASAA by serving on the ASAA Executive Committee or as a Commissioner. In May 2016, the following positions are up for election: Vice-President (4 year term, and must be a school or central office administrator; serves as ASAA President in second and third years of the term), Athletic Director (3 year term – must be a female this year). In addition, the following Commissioner positions will be elected: Curling, Football, Golf, Track & Field, Sportsmanship.

Para sports and Special O opportunities

ASAA has been working with Athletics Canada and Athletics Alberta to promote the inclusion of students with disabilities in ASAA track and Field. This year, there are categories for students with both physical and intellectual disabilities. Scoring events are being offered in 100m and 200m and demonstration event of Shot-Put (sitting and standing). Please work with your inclusive education department to encourage participation at zone and ASAA level.