

South Central Zone Fall Meeting Minutes 2018

Date: **September 27, 2018**

Location: **Three Hills Arena - Encana Room**

Attendance: **54**

1.0 Called to Order - 10:00 am by Leigh Bretzlaff

1.1 Adoption of Agenda - no additions or subtractions

Moved: Brad Huntley – Crowther Memorial

Seconded: Mel Wade – Dr. Elliott

Passed

1.2 President's Remarks - Leigh Bretzlaff

Leigh thanked everyone for the work that they are doing in their schools for the student athletes. The success of our programs and the zone, is due to the work each and everyone is doing in their school. He spoke about highlights that the zone had at the provincial level last year. He also brought up National Coaching Week and reminded schools to thank the coaches that work in their programs.

1.3 Remarks from ASAA

John Paton (ASAA Executive Director) brought a welcome on behalf of the ASAA. Thanked the many schools in the zone that hosted ASAA provincial championships during the past year and mentioned those SCZ schools that will be hosting provincial championships in the year ahead. He talked about changes in the ASAA office and some of the key events that will be coming in the 2018/2019 calendar year. The highlights from the ASAA are included at the end of the minutes

1.4 Adoption of minutes from fall meeting

Moved: Brent Meyer - Rosemary

Second: Matthew Hassett – Holy Trinity

Passed

2.0 Business arising from minutes

2.1 Soccer still needs attention in handbook

Soccer is still in need of attention with regards to season of play, playoff formats, and roster sizes. As it is not an ASAA sport, there are no provincial policies to fall back on for this information.

2.2 Zone Commissioner Vacancies – are needed for the following sports

a. Volleyball 3J/4J - **vacant**

b. Basketball 1A/2A – **vacant**

c. Basketball 1J/2J – **Mel Wade – Dr. Elliott**

d. Cross Country Jr/Sr - **vacant**

2.3 Zone Basketball Rankers

- a. 3A Girls – **Ryan Hayden - Highwood** b. 4A Girls – **Curtis Cofer - Foothills**

3.0 Reading of Communication – following key dates were discussed as reminders to the athletic directors

- 3.1 Zone Award of Merit Nominations – deadline October 1
- 3.2 Volleyball and Football Registration – deadline October 1
- 3.3 Cross Country Registration – deadline October 5
- 3.4 School Registration – deadline October 10
- 3.5 CIAAA athletic director conference – April 25-27 in Canmore

4.0 Financial Report

Moved: Wanda Vandervelden - Olds
Seconded: Micheal Wiens – St. Joseph's
All in favor.

5.0 Selection of Delegates to the Fall Planning Meeting (December 6 & 7)

Leigh Bretzlaff - Oilfields, Michael Vaughan - Three Hills and Matthew Hassett - HTA

6.0 New Business

6.1 Sport Injury Prevention Research Centre, U of C – Stacy Kozak (11:30 am)

Stacy Kozak from the U of C talked to the group about the research being done to reduce concussions at all levels of all sports. She talked about how neuromuscular training reduces injuries. There is a new position created to provide support to schools and help teach and coach warm ups to athletes and teams that will help reduce risks. U of C is looking for school to participate in their SHRED (Surveillance in High Schools to Reduce) Injury and Concussion. If you are interested you can contact Stacy Kozak.

6.2 FIBA Rule Changes – information sent out

Wanda Vandervelden (Olds High School) gave a brief explanation of the FIBA rule changes that will be used in the upcoming basketball season. She stressed for coaches to have patience as the officials are learning the new rules and how to apply them. As the Alberta Basketball Officials Association (ABOA) moves forward with their education and develops education material for the rule changes, the zone will send this information out to all the schools of the zone so we can know what to expect for the basketball season.

6.3 New distance for cross country – NOM in spring for juvenile girls

With new distances being brought in at the ASAA level, the zone will be looking to close the gap between the juvenile girls distance (2000 m) and the junior girls distance (4000 m). Notice of Motion will come forward at the spring meeting.

6.4 Track and Field Zones

A discussion happened with regards to the role the host will play at zones and the role the zone will have with regards to the zone championship.

6.5 AD Education during Exam Break

A discussion happened to see if there was interest in running AD education (CIAAA courses) over the January exam break.

7.0 Notice of Motion

7.1 3A Boys Zone Volleyball Tournament Structure

Submitted by: Strathmore High School

Policy: If there are seven or fewer teams there will be a full round robin with each match played rally point to the best of three games. The first two games are played to 25 points, no cap. The third game is played to 15 points, no cap. The Commissioner and host will try to fill the eighth spot.

Proposed:

Six-team format: A two-pool, round robin format will be played. All matches will be best-of-three. Pool rankings will be: Pool A: Seed 1, 4, 5; Pool B: Seed 2, 3, 6. Playoffs will see all teams advancing: Quarter-finals: (1) B2 vs A3 and (2) A2 vs B3; Semi-finals: A1 vs winner QF(1) and B1 vs winner QF(2). The winners of the semi-finals will play for the Zone Championship

Seven-team format: A two-pool, round robin format will be played. All matches will be best-of-three. Pool rankings will be: Pool A: Seed 1, 3, 6; Pool B: Seed 2, 4, 5, 7. Playoffs will see top 3 teams in each pool advancing: Quarter-finals: (1) B2 vs A3 and (2) A2 vs B3; Semi-finals: A1 vs winner QF(1) and B1 vs winner QF(2). The winners of the semi-finals will play for the Zone Championship

Rational: Our goal should be to send our best team, in the best condition, in order to represent our zone and earn points allowing us to build greater zone strength in the future. A seven team round robin does no favors for the team(s) qualifying for provincials. Other zones do not allow a six or seven team round robin for this reason. For the past two years our 3A Boys Zone draw has been a 7 team round robin because our zone distribution now looks much different compared to 2002 when our handbook was revised.

Moved: Carrie Westgard - Strathmore
Seconded: Joshua Jalbert – Holy Cross
Unanimous – Carried

7.2 ASAA Fall Notices of Motion

ASAA Notices of Motion were discussed so that our delegates could represent our member's views.

8.0 Small Group Discussions

8.1 Selection of New Commissioners – dealt with at 2.2 & 2.3

8.2 Zone Host Vacancies - zone host vacancies were filled and just waiting on a couple to make sure their school is able to host. Zone Hosts 18-19 will be posted on the website.

9.0 New Business Arising from Small Group Discussions

No new business came out of small group discussions.

10.0 Spring South Central Zone Meeting Date

Tuesday, April 30, 2019 - in Three Hills

11.0 Adjournment at 1:40 pm

Moved: Carrie Westgard - Strathmore
Seconded: Brent Moldrup - Acme
All in favor.

Zone Reports from ASAA Fall 2018

Welcome back from the Executive and staff of the ASAA for another great year of high school athletics. If you have not received your ASAA mailing, please contact the office ASAP.

SRS – You will likely need to **re-set your password** due to security upgrades to SRS

SPORTSMANSHIP - SUBWAY cash cards will be given to all members of the selected teams (\$10) this year

SURVEY – A survey of coaches/volunteers will be re-conducted this year as the latest is now 10-years old. Data collections a request of ASAA funding agency

Deadlines:	September 12	Golf Opting-Up and Registration Deadline
	September 30	School enrollment taken to determine ASAA Classification
	October 1	Volleyball Registration Deadline Football Registration, Declaration and Opt-Up Deadline Nominations for Zone Award of Merit Deadline
	October 5	Cross Country Registration Deadline
	October 10	School Registration Deadline
	October 10	Completion of Fundamental of Coaching Deadline
	October 15	Volleyball Opt-Up Deadline
	November 1	Bid application for vacant Spring 2015 Provincials
	December 15	Basketball Registration Deadline

NOTE: Email reminders for registration deadlines will not be sent from the ASAA office. Instead, there will be email notifications of upcoming deadlines in the new Registration System, so we recommend you go to that site weekly. Reminders are also located in the “What’s Coming Up” section of the ASAA website – the first page you see at www.asaa.ca

Policy Changes/highlights: New policies are noted in grey shading in the policy handbook – please take time to review them and other key policies. Some of the major changes that may affect your Zone include:

APPEALS: All appeals of policy must now be accompanied by the Principal acknowledgement form as well as the parent/student acknowledgement form.

<http://www.asaa.ca/news/principal-and-student-acknowledgement-forms>

REMINDER: If you have not been getting the parent/student forms signed, you must – This assists ASAA and you in the event of a court challenge. The Principal form needs to sign this as well.

Joint School Teams

- with Zone approval can now cross Zones
- with ASAA Exec approval can now add more than 3 teams
- remember all populations are added to determine classification

Permission to Travel Form

- Schools must now fill out form on ASAA website to travel to out-of-province tournaments in order to help ensure events have proper sanctioning.

Cross-Country

- Distances for girls are up from 3, 4, 4km to 4, 5, 5 km

* Please refer to the Policy handbook for any other changes. If the policy modification is sport specific, you will find it under the respective sport tab in the handbook.

Sanctioning

- Please note that as of the 2017/18 School Year, after a one-year grace period, schools and tournament hosts that do not receive proper sanctioning where required (when bringing outside-the-province schools in) within 30 days of an event will be subject to a \$200 late sanctioning penalty.

Online Coach Education

Mandatory courses include:

- Concussions course: **Every** coach, assistant coach and teacher supervisor on **every** team
- Bylaws and Policies Course: One coach on every team
- Fundamentals of Coaching: One teacher coach in every school

IMPORTANT: The courses noted above need to be completed by coaches before those coaches can be registered in the system

*A reminder that even though football teams can have 12 or more coaches, **EVERY** coach has to take the Concussion course and be registered on the system at schoolcoach.ca and in the registration system <http://registration.asaa.ca>. We will be doing random checks to ensure all schools are complying with this safety requirement.

ASAA Staff Update

The ASAA has a new Administrative Assistant, Rona Anderson. Rona joins the ASAA with a diverse background, working

CIAAA

The 4th annual Canadian Conference for school athletic directors is in Canmore in the spring **APRIL 25-27**. There is a brochure in your envelopes and if you have not considered going to this conference, I strongly recommend it. This is a home-grown initiative that actually started with a comment from an AD in Calgary at a pre HPEC conference in 2006 that we should create an association just for AD's.

PD FUNDS: There are PD funds available for AD's to access, and while it is a busy time of year, consider getting an application for funding in ASAP while the funding is there.

Unified Sports: Unified Events are running again in what we believe will be a permanent offering in many schools.

Para Sports

We offer para events in Cross Country and Track and Field. Please consider bringing your student athletes to these events as they are an all-comers event at this point with the goal of increasing participation. For any athletes that would like to try wheelchair events, the ASAA has a limited number of wheelchairs that schools can borrow. For more information, please contact the office.

Return of Trophies to Hosts at Provincials

Every year is a constant battle with schools to return the perpetual championship plaques to the host so that they have all plaques ready and available to present at provincials. The ASAA Executive Committee has determined that there will be fine of \$100 to any school that does not return their perpetual plaque to the host school in time for the respective championship. The school being fined will also have to send the plaque, at their own cost, to the winning school. The funds collected from this initiative will be directed to the ASAA Scholarship fund. (can be found in the Appendix section of policy handbook – page 153). A reminder that if you win an ASAA plaque, you must have your school name and year engraved at your cost before you return it.

Alberta Bowl 2018

As a reminder, The 2018 Alberta Bowl will be hosted in Fort McMurray and we have been reminding our schools about this for three years now. Regardless of who is in provincials or where they are from, all 5 final games will be in Fort McMurray at a fantastic new facility with indoor warmup space. I hope we see a Calgary team or two there.

National Coaches Week

The ASAA encourages all schools to thank the coaches in their community for the tremendous work that they do for your school by simply saying #ThanksCoach. With events held across the country to celebrate coaching, National Coaches Week provides coaches with the recognition they deserve for the time they devote to ensuring Canadians live an active, healthy lifestyle. Be sure to tag @ASAA in your #ThanksCoach tweets and Instagram posts.

School Coach – New Courses

A new course developed in collaboration with the Canadian Centre for Ethics in Sport called “Make the Call” was launched in the fall of 2017. This course target students and covers topics of substance use and abuse. The course will be available in both English and French! With the legalization of cannabis soon, it is important that students be aware of the impact of substance use on their eligibility.

Another new course called **Coaching for Life Skills** was just launched on. The content for this course was developed by Martin Camire, a professor at the University of Ottawa and focuses on how to develop

non-technical or non-sport skills such as perseverance, team work and honesty. This is a FREE course for all coaches.

Note that School Sport Canada has signed an MOU with CAC and anticipate moving all of our courses over to "the Locker" for the 2019/2020 school year. Accompanying this will also likely be a change from our current concussion course to the CAC Making Headway course and all coaches will be required to take that course. Any course taken at the new site will also require each coach to have a NCCP# which means that they can get credit for any courses they take and also allows them to upload information on professional development they take that will keep their coach certification up to date.

NCCP Coach Certification Project

The ASAA has been meeting with PSO's and ASC towards the possibility of a fast-tracked alternative for educators to obtain coaching certification. At present, many coaches think they are fully certified but most are not. We have not secured funding yet, but are optimistic... and will keep you informed.

Fundamentals of Coaching

We are working towards re-writing FoC over the next year. This new course will be done completely within Canada – a resource that currently does not exist for Canadian school coaches. The target launch date is sometime in the 2019/20 school year.

IMPACT Student Leadership Workshops

IMPACT workshops are scheduled for May 13-14, 2019 in Olds, AB. Overnight accommodations are available - needed, given that we are moving from one day to one and a half days. We are seeking current sponsors to help alleviate costs.

SUBWAY Fundraiser Cards

The Peel-a-deal card fundraiser program is back for another year with a complete new set of deals; one each month. A great fundraiser and cards are limited this year.

New Athletic Directors/SRS

For those who are new Athletic Director's, please do not hesitate to contact the ASAA office with ANY questions or if you have difficulty accessing yours or your Principal's username and password for SRS. You are encouraged to ask other Athletic Directors in your area for advice, and we ask the more experienced Athletic Directors to reach out to assist new AD's in their role. Please be sure to update any school information in the SRS system for the 2017/18 school year. Some schools may have new Athletic Directors or Principals; it is important to update this on our registration system so all communication from the ASAA office is getting to the appropriate people within your school. Registration deadlines are noted on the ASAA calendar and reminders are constantly on the ASAA website. Missing registration deadlines comes with a fee that can range from \$150-\$500 – be aware of them!

Also as a new AD, we will need to make sure your information is current and up-to-date so we can reflect that on our transfers/appeals website so all information is being received by the correct person and transfers can be dealt with more expediently.

Provincials

Congratulations to all Zone teams who attended provincials last year and especially to those who took home a medal, championship or sportsmanship banner. Thanks to those schools that hosted provincials last year and those schools and zones that have stepped up to host this year.

Championship Apparel

There will be a change to the apparel system this year. We put out a request for proposals to several companies and from the applications received, chose to work with Athletics Canada for XC and track and Elite Promotional Awards for all other events. Please let your coaches and athletes know that all items will be pre-printed moving forward and that once items are sold out, they are sold out. As there will be no heat pressing on site, this should dramatically reduce wait times for students to purchase championship apparel. for XC/Track, all items will be Nike products and for other sports, Elite is looking at a range of brands and will have at least one Under Armour option.

Live Streaming

We have decided that we are moving away from paid live-streaming this year. When we moved to a paid model, the goal was to cover the cost of the broadcast unit rentals that are used. This was great for hosts but viewership decreased by around 70%, a significant drop that makes high school sport less accessible for the general public.

ASAA has purchased a limited number of hubs from Sling Studio to facilitate this and will increase the number of hubs available to hosts in coming years.

Brochures

1. **ASAA Policy Highlights Guide for Schools and Parents:** To better assist member schools, administrators, athletic directors, coaches, students and others in being aware of "must know" ASAA Bylaws and Policies, the ASAA now has two highlights brochures - one of each in your mailing and more available online that each of you should have received in your ASAA mail out. We included 3 of each brochure per school so you can share them with your coaches or post on your athletics noticeboard.

Para Athletics

We will be including a 2km Para Athletics Race at ASAA Provincial Cross-Country Championships again this year. Please encourage any students with a physical or intellectual disability to consider participating. For questions on eligibility and classifications, please contact Shanna or see the attachment in the Information section of Cross Country on the ASAA website

http://www.asaa.ca/sites/default/files/uploads/championships/attachments/cross_country_information_package_2018_-_jr_robson_vermilion_0.pdf