South Central Zone

Senior High School Sports Handbook

6/29/2019

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Policies

Code of Ethics

Adults who work with students in inter-scholastic activities should present a positive role model for them to emulate. Students who represent a school in inter-scholastic activities must be creditable school citizens.

The South Central Zone (SCZ or Zone) recognizes that the school administration is responsible for all athletic programs and the conduct of all school representatives, whatever the level and location of the competition. In recognition of this authority and responsibility, the Zone represents the following general guidelines.

1. All competition must be conducted with a high standard of courtesy, fair play and sportsmanship. All those involved share a responsibility.
    a. Coaches

    Coaches must demonstrate qualities of courtesy and good sportsmanship. These are evidenced by proper acceptance of officials' judgments, positive encouragement of player performance and bench behavior.

    b. Athletes

    Athletes must demonstrate qualities of courtesy and good sportsmanship by proper acceptance of officials' judgments, and by showing proper respect for opposing athletes as well as for teammates.

    c. Cheerleaders

    Cheerleaders must demonstrate courtesy and good sportsmanship by the appropriateness and timeliness of the cheers they lead, respect for the other cheerleaders and athletes, and their attempts at effective crowd control.

    d. Spectators

    i. Spectators, both student and adult, must demonstrate courtesy and good sportsmanship by positive cheers of encouragement for their team, not against the opposing team. This is evidenced by the absence of booing and vulgarities. Spectators must also show proper acceptance of officials' judgment. Artificial noisemakers are not permitted during Zone Championship Tournaments/event including: Badminton, Basketball,

Cheerleading, Curling, Golf, Team Handball, Track and Field, Volleyball and Wrestling. With the exception of air horns and electronic megaphones, noisemakers are permitted at Cross Country, Football and Rugby. Prohibited noisemakers may include but are not limited to: air horns, cow bells, plastic tube horns, garbage can lids, etc. The Zone Championship host shall have the authority to eject from the competition facility individuals who, following a warning, refuse to comply with this requirement.

ii. Eviction for Inappropriate Language and/or Behaviour

The Host Committee or its designated representative shall have authority to direct any person to immediately leave any premises or venue hosting any ASAA sanctioned event if that person:

1. exhibits rude or abusive behaviour to any other person
2. uses vulgar, obscene or abusive language and/or gestures
3. fails to promptly follow any reasonable direction given to that person by the designated representative of the Zone Host Committee or its designated representative shall have the authority to notify local law enforcement personnel of the failure of any person to immediately comply with a direction to leave any premises or venue hosting any zone sanctioned event.

e. Administrators and teachers

Administrators and teachers must demonstrate courtesy and good sportsmanship by setting a positive example.

2. During zone competition, every school team must be accompanied by a teacher-coach, teacher-supervisor or an agent of the board.

General

Memberships

1. Membership shall be open to any senior high school in the SCZ which has paid its annual fee according to the following scale:

Senior High Classification

No. of Students	Classification	Fee*
800 plus	4A	$85.00
300 - 799	3A	$85.00
100 - 299	2A	$80.00
1 - 99	1A	$75.00

*Fees are payable by October 15 of the current school year or a $50 penalty will be assessed!

2. Registration of schools for Zone membership shall be the responsibility of the individual school. A single fee per school shall cover membership only. Sheets can be downloaded off of the web page. Additional fees shall be administered to cover the cost of annual basketball and volleyball score pads. As well as any new rulebooks requested by individual schools.
3. All member schools must ensure all fees, fines or other financial matters involving SCZ competitions are paid in order to remain a member in good standing and eligible for Zone competitions.
4. In-house grade 9 teams (of senior high schools) must declare their level of play (junior varsity or junior high) by October 15 for volleyball and January 15 for basketball.
5. Applications from schools outside the SCZ shall be considered by the general membership.
6. The SC Zone will follow the ASAA policy for student transfers. The policy can be found in the ASAA handbook under Section IV – Eligibility - #11.

Meetings

1. There are generally two meetings a year. The fall meeting shall be held around the third week in September and the spring meeting shall be held two weeks prior to the ASAA spring meeting. Date and locations of the two meetings will be set at the spring meeting the previous year.

2. The spring and fall meetings of the SCZ will start at 10:00 am.
3. Each jurisdiction within the SCZ shall send a maximum of three representatives to the fall and spring meetings. Each jurisdiction shall be allowed one vote per school classification represented in their jurisdiction for matters other than general business. All delegates get one vote on general business matters.
4. The Zone shall pay expenses for all approved delegates to the general meeting of the ASAA. These expenses are those outlined in the ASAA policy. Mileage will be reimbursed by the zone at a rate of $0.45/km.
5. If needed, and at the request of the delegates to ASAA general meetings, the SCZ will cover the cost of the substitute teachers.
6. The spring meeting location is determined by a rotation and the fall meeting will be in Three Hills as long as Michael Vaughan is Zone Secretary.
7. Voting in the new Executive takes place at the spring meeting.
8. The Executive – Secretary, President (Senior High AD) and Vice President (Junior High AD). Vice President shall rotate on a two year basis by geography. The executive shall follow the following rotation (see below) but if nominations come from other areas, they can be accepted and voted on at the spring meeting.

Executive Rotation

2017 - 2019	Grasslands – Praireland
2019 – 2021	Mountain View
2021 – 2023	Bow Valley
2023 – 2025	Golden Hills
2025 – 2027	Rockyview
2027 - 2029	Foothills

9. Semi-annual meeting agendas are as follows:
   10:00 am to 12:00 pm – SCZ general business
   Lunch 12:00 pm to 12:30 pm

12:30 pm to 1:30 pm Jr. & Sr. High small group discussion
1:30 pm to 3:30 pm – New business from small group discussion

Activities

1. All athletic activities are sponsored by SCZ by-laws and policies.
2. Each zone competition shall be organized and administered by a committee from the host area.
3. Each activity shall be governed by a code of rules as stated in the policy for that activity unless otherwise ruled by the general membership.

Zone Competition

1. Dates and locations of the competitions shall be ratified at the spring meeting.
2. All host bids shall be received no later than the fall meeting and if there is no bid for the competition at the fall meeting the Executive will select the host from late bids submitted. Senior high bids are rotated by division.
3. Failure by a participant to confirm their attendance by e-mail to the Zone host by the sport established deadline will result in exclusion from that Zone competition.
4. Failure by a participant to let the Zone host know whether or not they are participating will result in the school paying the entire entry fee if less than two weeks' notice is given. Failure to pay the fee results in excluding that school from further competition until the fee has been paid.
5. ASAA provincial competition bids by a SCZ school must be endorsed by Zone members.
6. The SCZ will endorse only one provincial competition bid for a single provincial championship.
7. Consecutive hosting of a competition will not be endorsed for provincial or Zone competitions if there is another competitive bid from another area or division school.
8. Only schools in the same classification may vote on the selection of a Zone or provincial competition host.
9. Provincial and Zone competition bids will be brought before the SCZ spring meeting.
10. Any Zone competitions which do not have hosts following the spring meeting will be noted on the SCZ website. After one month the Vice President may solicit and name competition hosts.

11. Zone competition hosts will be posted on the SCZ website by mid June- for the next school year.

SCZ Championship Host Guidelines

The following are guidelines to be taken into consideration when hosting a zone championship:

Eligible Expenses include:
referee and minor officials, medals and banners, care-taking costs (Max. 1 day) and Shuttles for badminton, and hospitality room (maximum $150).
Expense that are not eligible:
trainers, massage therapists, photocopying, programs, pictures, and all-star awards.

Maximum Entry fees per individual or team are:

Golf	$80
Cross Country	$5
Soccer	$200
Volleyball	$275
Basketball	$325
Cheerleading	$150
Curling	$150
Badminton	$5
Track & Field	$10

(These are guidelines and there is nothing wrong with running the championship at a cheaper rate than this!)

The zone awards are going to cost approximately $65/ banner and $6/ medal for Senior high and Junior high and can be calculated for your zone championship.

Remember hosting zone championships are not for fundraising for your school team. Please try to just cover your operating costs.

Be sure to complete **a tournament statement** form found on the web site (http://southcentralzone.com/?page_id=8) under documents after the championship is complete. This form shows your financial standings but also gives the results from the championship.

Zone hosts should provide the zone secretary with:

an e-mail address and a contact number where the host can be reached at the day after the championship. (ie. cell phone # or home phone #)

It would also be very much appreciated if the zone host could forward a contact number or e-mail address to the zone secretary for the winning team or teams qualifying for provincials.

Zone Results must be submitted to the zone secretary in a timely fashion so that they can be posted on the website as quickly as possible. This is the most used method of communicating results to all now! These should be sent in the night of or next day following the completion of the championship!

Sport Commissioners

1. The conditions of appointment of Sports Commissioners shall be as follows:
    a. Appointments to the position of sport commissioners shall be ratified by the general membership.

    b. They shall be appointed from among the school staff members of SCZ member schools.

    c. Commissioners shall serve for a period of a minimum of two years and a maximum of four years.

    d. A vacancy occurring during a term of office shall be filled by an interim appointment by the Executive, such appointment to be ratified by the general membership at the next meeting.

2. The duties and responsibilities of Commissioners shall include the following:

    a. When needed, assist the host with the making of the zone championship draw.
    b. Review all policies regarding the sport and make recommendations for change at a general meeting.
    c. Attend Zone championships and provincial or regional competitions if possible.
    d. Be familiar with new developments in rules, equipment, coaching techniques etc.
    e. Distribute information such as noted in e.
    f. Present recommendations to Zone tournament chairmen, the SCZ Executive and member schools.
    g. Act as a consultant to meetings and committees conducted by people in the sport.
    h. Liaise with provincial sport governing bodies, the SCZ Executive and the ASAA Sport Commissioner.

New Activities

New activities to be sponsored by the Zone shall be adopted according to the following procedures.

The activity may be proposed after due notice of motion without detailed policy at a meeting of the general membership. If approved, the activity may be implemented in one of the following ways:

1. By assigning it to an area to conduct on trial basis. The host would prepare detailed policy for the initial competition.
2. Proposed policy is submitted at the same time as the proposal to approve the activity, provided proper notice of motion is given for both.
3. ASAA Handbook
   Any situation that is not covered by our policy is dealt with according to the ASAA handbook.

Competition

A competition is viewed as a league game, exhibition game or a tournament.

Areas of Competition

SCZ Senior high activities shall be administered through eight geographic districts. These districts shall be:

SCZ Area	School Boards	Schools	Towns/Cities
Bow Valley	Canadian Rockies, Christ the Redeemer	Canmore Collegiate, Banff Community, Our Lady of the Snows	Banff, Canmore
Foothills	Foothills, Christ the Redeemer	Centre for Learning, Foothills Composite, Highwood, Oilfields, Notre Dame, Holy Trinity, Strathcona Tweedsmuir, Edison, Chief Jacob Bearspaw, St. Luke	High River, Okotoks, Black Diamond
Grasslands	Grasslands, Christ the Redeemer	St. Joseph's, Brooks Composite, Bassano, Rosemary, Duchess	Brooks, Bassano, Rosemary, Duchess
Chinooks Edge South (Mountain View)	Chinooks Edge	Olds, Sundre, Didsbury, Hugh Sutherland, Olds Koinonia, Cremona	Carstairs, Olds, Sundre, Didsbury, Cremona
Rangeland (Acadia/Badlands)	Prairieland, Prairie Rose, Christ the Redeemer	Morrin, Delia, JC Charyk, South Central, Berry Creek, Youngstown, St. Anthony's	Hanna, Oyen, Delia, Cessford, Youngstown, Morrin, Drumheller
Rockyview	Rockyview	Chestermere, Bert Church, George McDougall, Springbank, Cochrane, Bow Valley, Beiseker, WG Murdoch, Airdrie Koinonia, Ecole Francophone d'Airdrie, W.H. Croxford	Chestermere, Airdrie, Springbank, Cochrane, Beiseker, Crossfield
Three Hills	Golden Hills	Drumheller Valley, Acme, Three Hills, Prairie Christian, Trochu	Acme, Drumheller, Three Hills, Trochu
Wheatland	Golden Hills, Christ the Redeemer	Strathmore, Siksika, Holy Cross, Wheatland Crossing	Strathmore, Standard, Siksika Nation

Eligibility

1. All questions regarding eligibility of players except as herein provided must be referred to an eligibility committee which shall consist of the SCZ Executive.
2. The competitor must be a bona fide student of a SCZ member school. A student becomes a bona fide student of a school on the first day of classes beginning the term of semester in the school in which he/she is registered. In the case of transfer from one school to another, the student shall become a bona fide student in the new school upon the date of his/her first attendance at classes following the acceptance of his/her transfer in by the principal.
3. The competitor must be registered in a minimum of 800 instructional minutes per week for which departmental credits are granted. Correspondence courses can be included as instructional minutes for students registered at 1A classified schools.
4. A senior high competitor must be under the age of nineteen years on September 1 of the school year. A junior high competitor must be under the age of seventeen years as of September 1 of the current school year.
5. It must be the opinion of the principal of the school that it is in the best interest of the competitor and of the school board as a whole for him/her to participate.
6. Any student who is, or has been, registered and in attendance at a post-secondary institution shall not be eligible for high school competition.
7. Students shall be eligible for competition for three consecutive years after registering in grade 10.
8. In 1A classified schools, grade 9 students register for participation in zone basketball, volleyball, curling, cheerleading, and golf competitions.
9. Grade 9 students in 1A schools only shall be eligible to compete in both Junior high zones and Senior high zones in basketball and volleyball. (Spring, 2014)
10. In-house grade 9 teams (of a senior high school) must declare their level of play by October 15 for volleyball and January 15 for basketball.
11. The principal of each school shall be responsible for the eligibility of the school's competitors for any competition.
12. All member schools must ensure zone fees involving South Central Zone competitions are paid in order to retain a member in good standing and be eligible for Zone competition. Any member schools that have not paid outstanding zone fees will be ineligible to compete in any further competition with other members of the South Central zone until payment has been received.

13. Zone sports that do not have an ASAA provincial competition will follow ASAA rules of eligibility in South Central zone competition:

The following rules of eligibility apply to students registered in a sport specific school program:

A. Students registered in sport specific school programs/courses or academies in Alberta or any other province shall not be eligible for competition in South Central Zone events in that sport or sports (only) for that school year.

B. In the event of a program/course or academy occurring after the season of play, the student will be ineligible to participate in that sport for the following Season of Play.

C. These students remain eligible to represent their school in any other sport.

Junior Varsity

1. The junior varsity program must be a high school program.
2. For junior varsity teams to be eligible for zone competition, they must be registered in the ASAA SRS by October 1 for volleyball and December 15 for basketball.
3. A student shall be eligible for junior varsity competition for three consecutive years after registering in grade 9. The first year in grade 9 is considered the first year of eligibility. Note that students in grades 7, 8 and 12 are ineligible for junior varsity competition.
4. A team/competitor shall be eligible for participation in only one Zone championship (junior high, junior varsity or senior varsity) in any given sport. A 1A team/competitor shall, however, be eligible for participation in both junior varsity and senior varsity Zone competition providing they have complied with the regulations outlined below throughout the current playing year.
5. Playing at a high level in volleyball and basketball during the season and coming down a level for Zones:
    a. Any junior high player who plays three games/competitions or more at the junior varsity level or high school level is ineligible for junior high SCZ competition.
    b. There will be no limit of games for Jr. Varsity players playing up with Sr. Varsity teams or playing against Sr. Varsity teams.
    c. High Schools will be required to declare their rosters 8 days prior to zones for volleyball and basketball. Players may play in only one zone tournament in each sport, each year. Rosters are to be electronically submitted to the zone secretary.
6. The above applies to a bona fide student playing on an in-house or an outside school team (i.e. community team) in a school sponsored activity. (Clarification)

Seasons of Play

Seasons of play for all sports, junior and senior high school, will follow those established by the ASAA.

Team Competition and Player Participation

1. Eligibility
    a. To be eligible for senior high school Zone basketball competition, a student is not permitted to play on an outside basketball team during the same season.
    b. To be eligible for senior high school Zone volleyball competition, a student is not permitted to play on an outside volleyball team during the same season.
    c. Exemptions to a. and b. may be considered for students who have been invited to participate on a provincial/national/international team by a recognized sport's governing body. Written requests for specific exemptions must be submitted by the school concerned to the Executive for consideration by the Eligibility Committee.
    d. Grade 9s are permitted to play on junior varsity or junior high teams as well as community teams. (Fall 2006)
2. To be eligible for Zone competition a junior high student is permitted to play on a non-school team during the same season.
3. Competitors, coaches and teams guilty of misconduct before, during or after a Zone competition must be reported to the Zone Executive and Commissioner in charge of that section of the sport. Misconduct includes the consumption of alcohol and non-medical use of drugs.
4. The chairman of the Zone tournament committee shall have the power to suspend a player guilty of misconduct, pending action of the Executive and/or general membership.
5. All participants must be bona fide students of the school they represent. In the team activities of basketball, curling, volleyball, cheerleading and golf, all members of a team must be bona fide students of the same school.

6. In Zone and provincial competition, a school may elect to enter a team in a given activity in the classification above its school classification while still retaining its right to enter teams in other activities in the proper classification of the school.
7. Any school electing to enter a team in the activities of volleyball and basketball in a classification above its school classification must decide to do so by October 15 for volleyball and by December 15 for basketball. Failure to do so will result in the school competing in the classification designated by Zone policy, as outlined in Membership.
8. A female teacher or adult chaperon shall supervise a girls' team and a male teacher or chaperone shall supervise a boys' team where overnight accommodation is required.
9. Composite area teams in individual or dual sports shall appoint team supervision from staff or area member schools. Teachers of both genders should accompany co-educational activities.
10. Executive permission must be obtained prior to a school's volleyball and/or basketball teams' participation in non-school leagues.

Registration of Players

The high school principal shall sign a registration statement. It is the principal's responsibility to confirm the required eligibility qualifications.
Provincial registration deadlines (which are established by the ASAA) are as follows:

Sport	Date
Golf Registration/Classification	September 12
Volleyball Registration	October 1
Football Registration and Classification	October 1
Cross-Country	October 5
School Registration	October 10
Volleyball Classification	October 15
Basketball Registration	December 15
Basketball Classification	January 15
Curling and Cheerleading	January 22
Wrestling	January 22
Team Handball	March 22
Badminton	April 15
Rugby Registration and Classification	May 1
Track & Field	May 15

Finances

1. The intent is that all SCZ competitions be organized in such a manner as to be self-sufficient while keeping the cost to individuals/teams minimal.
2. An entry fee, subject to approval by the SCZ Executive, may be charged by the host committee of Zone competitions. The fee for participating in SCZ cross country, badminton $5.00 per participant. The fee for participating in SCZ track and field championships is $10.00 per participant.
3. The SCZ Secretary-Treasurer shall receive an annual honorarium of $4000.00. The President shall receive an annual honorarium $500.00 and the Vice President shall receive an annual honorarium of $500.00. (Sept. 2009)
4. SCZ delegate mileage expenses to any ASAA meeting (APM & AGM) will paid by the SCZ. (Fall 2016)
5. The host committee may bill the area or district co-coordinator for entry fees to individual events (Badminton and Track). This is to be paid in one transaction.
6. The finances of the SCZ will not be used to support regional or provincial competitions.
7. The host committee may bill entry fees to area or district representative who fails to confirm their non-participation in a competition by the deadline.

Awards

1. SCZ individual awards shall be presented to the following schedule:

Sport	Category	Medals	Banners
Badminton	Singles, Doubles, Junior, Intermediate, Senior	Gold, Silver, Bronze	3
Basketball	Senior Varsity: 1A, 2A, 3A, 4A	Gold, Silver, Bronze	8
	Junior Varsity: 1A/2A, 3A/4A	Gold, Silver, Bronze	6
Curling	Boys, Girls, Mixed	Gold, Silver, Bronze	3
Cross Country	Boys and Girls Jr., Int., Sr.	Gold, Silver, Bronze and ribbons for 4-10	3
Golf	1A/2A Boy & Girl Boys Team and Girls Team	Gold, Silver, Bronze	2
	3A/4A Boys & Girls Boys Team and Girls Team	Gold, Silver, Bronze	2
Track & Field	Boys, Girls Junior, Intermediate, Senior	Aggregate Gold medals for each category, Ribbons for 1 – 4th in each event	3
Volleyball	Senior Varsity 1A, 2A, 3A, 4A	Gold, Silver, Bronze	8
	Junior Varsity 1A/2A, 3A/4A	Gold, Silver, Bronze	4
Soccer	Boys & Girls (Tier I & II)	Gold, Silver, Bronze	3
Rugby	Boys (Tier I, II, III) Girls (Tier II, III)		5

2. SCZ medals and ribbons shall be supplied by the Zone and the costs will be incorporated into the entry fees to recover the costs.
3. The cost of championship banners are incorporated into the entry fees to recover the costs of the banners.
4. Where zone championships do not have a competition or only have one team involved no banner will be awarded.

Zone Competition Dates & Bids

Sport		Zone Competition Dates
Golf		Weekend before the provincial championship
Cross Country		No more than ten days prior to provincial championship
Volleyball	Senior Varsity	Weekend before provincial championship
	Junior Varsity	Second weekend in November
Wrestling		Weekend preceding rural provincial competition
Curling		Weekend before provincial championship*
Basketball	Senior Varsity	Weekend before the provincial championship
	Junior Varsity	Same weekend as the senior varsity Zone competition
Badminton		Weekend preceding the provincial championship
Track & Field		During the third or fourth week in May – depending on track availability.
Football		No later than the weekend preceding the provincial championship
Cheerleading		Weekend before the provincial championship
Rugby		Weekend before the provincial championship
Soccer		Girls in the fall Boys in the spring

*Any other dates must be approved by the Commissioner. Any changes to the above must be approved by the SCZ Executive.

Amendments

1. All policy items under may be amended by a majority vote of the general membership providing the amendments have been circulated to member schools as notices of motion at least two weeks prior to general meetings.

2. Notices of motion to amend policy may be waived where such amendments are clearly of a housekeeping nature and do not change the intent of the policy.

Senior High Sports

Badminton

1. The rules governing badminton shall be the laws of badminton as adopted by the ASAA, International Badminton Federation and the Canadian Badminton Association.
2. An area team will consist of two competitors in each of the following divisions: Boys (singles and doubles) Girls (singles and doubles) Mixed doubles

   The age classifications are as set out by the ASAA: Junior, Intermediate and Senior
3. Each of the following areas will send the top two qualifiers in all five divisions to the Zone championship:

   1. Chinooks Edge South
   2. Rocky View
   3. Grasslands
   4. Wheatland
   5. Rangeland
   6. Foothills
   7. Three Hills
   8. Bow Valley

4. If the number of competitors is eight or less in a category there will be only a one-section round robin. Playoffs will have 1st vs 4th and 2nd vs 3rd in the semifinals.
5. For tie breaking procedures see ASAA policy handbook

   Badminton Section VIII 1. c) & 2. b)
6. A competitor may only enter one event.
7. Zone Banner Scoring:

   A zone banner will be awarded in each of the 1A, 2A, and 3A/4A categories based on the ASAA format for calculating team points: one point awarded per match win. All match wins in qualifying round, round-robin play and play-offs are included. (Fall 2014)

8. Disciplinary action for missing matches.

   After the beginning of matches if a player does not show for their games a $50/team charge will be applied according to the ASAA handbook, and all previous scores will be forfeited and removed when calculating tie-breaking situations. This will exclude injury or illness and it is up to the coach to indicate this prior to the athlete leaving the championship! Should a player fail to show up for matches and leaves the tournament, all games played earlier in the day as well as all those still needing to be played shall be scored as a 21-0 victory for his/her opponent.

9. Badminton zone hosts are rotated according to the following:

   2018 High River
   2019 Strathmore
   2020 Okotoks
   2021 Airdrie
   2022 Olds
   2023 Cochrane
   2024 Canmore
   2025 Three Hills
   2026 Brooks

Note: It is the expectation that the communities listed are host locations for that region and will have the help of all schools within the regions area. i.e. Sundre, Didsbury with Olds, Wheatland Crossing with Strathmore etc. (Spring, 2014)

Basketball

1. The playing rules governing basketball shall be the rules adopted by the ASAA.
2. The Alberta Basketball Officials Association shall provide officials for Zone competitions.
3. There shall be as many competitions as there are school classifications.
4. Zone qualifying playoffs must be completed at least five days prior to the Zone tournament. (May 2000)
5. Any changes to the Zone tournament schedule within 72 hours of the start of the tournament, must have verbal communications from the coach(es) affected. (May 2000)
6. The host team receives an automatic berth in the Zone championship. (May 2000)
7. All schools, registered with the ASAA are eligible for Zone competition.
8. The official basketball for zone competition will follow the ASAA approved ball which is either the Spalding Top Flite 1000 or TF1000 ZKPro, size 7 (boys) and size 6 (girls).

Senior Varsity

1A/2A

1. All teams, registered with ASAA, qualify for zone competition.
2. Must confirm intent to compete by the Friday of the mid-February provincial ranking period.
   - no late teams
   - Send email or fax to zone commissioner
   - Commissioner will send full list of teams entered to all entered schools and will have posted on website
3. Host school automatic entry in zone tournament
4. Top four ranked zone teams – automatic entry
   Top three – if host school not ranked in the top four
   Ranking for section 4 – by provincial rankings
   If not four schools ranked – commissioner will get the South Central Zone team ranking for each ranking period from the provincial ranker.
5. Other four zone berths to be awarded by ranking eligible teams and playing to advance:
   A) Higher ranked team will host and provide officials
   B) Lower ranked team will travel
   C) With no regional berths – playoff berths to be decided by the Friday AM of the week prior to zones.
      Rationale: should be played the prior week to zones – leagues need to note – do not run league playoffs that week.
   D) Teams will be ranked by:
      1. Use of provincial ranking – from provincial ranker
      2. Zone ranker (Commissioner)

3. All coaches of teams competing

6. Zone tournament will have an eight team Oregon draw:
    1. 7th and 8th game optional
    2. Draw will be reseeded after entry games (especially if host not ranked)
    3. Tournament will run the Friday and Saturday of the weekend prior to provincials

7. Commissioner will have zone rankings posted on zone website following the release of the provincial rankings. Get rankings from the South, South Central and Calgary zone ranker for our zone schools.

3A

The right to host 3A zones will be awarded to a school that bids to host and is highest on the rotation. If a team that is at the top of the rotation does not bid then their position on the list will remain. After two consecutive years of not bidding this school will move to the bottom of the list.

1. In order for the bid to be legal, the school bidding must:
    a. Submit the bid to the Zone Secretary by the spring motion submission deadline.
    b. The intent to host must have the school principal's signature.
    c. The bid must name the school contact person in charge of the tournament.
    d. The bid must contain a statement of commitment to abide by the rules and guidelines as set forth by the zone.

2. Host Rotation

Group A	Group B	Group C	Group D
Bow Valley	George McDougall	Brooks	Canmore
Cochrane	Bert Church	Strathmore	Highwood
	WH Croxford	Olds	Springbank

Senior Varsity Rotation

Year	Girls BB	Boys BB
2018 – 2019	C	D
2019 – 2020	B	C
2020 – 2021	A	B
2021 - 2022	D	A

3. If the Zone has one representative to provincials then the SCZ championships shall be a draw that has been pre-determined by the number of teams competing.

   2 teams:
   - Best of 3 game series with the higher seed hosting the first game Wednesday. The second game will be played Friday at the lower seeds gym. If needed, the third game will be played Saturday at the higher seeds gym

   3 teams:
   - 2 vs 3 in a one game playoff.
   - Winner of the 2 vs 3 game will play the 1st ranked team in a best of 3 game series with the higher seed hosting the first game Wednesday. The second game will be played Friday at the lower seeds gym. If needed, the third game will be played Saturday at the higher seeds gym

   4 teams:
   - 1 vs. 4 and 2 vs 3 in first round
   - Games will be played Friday, and Saturday.

***(See Appendix B for the draw formats when there is one provincial spot)**

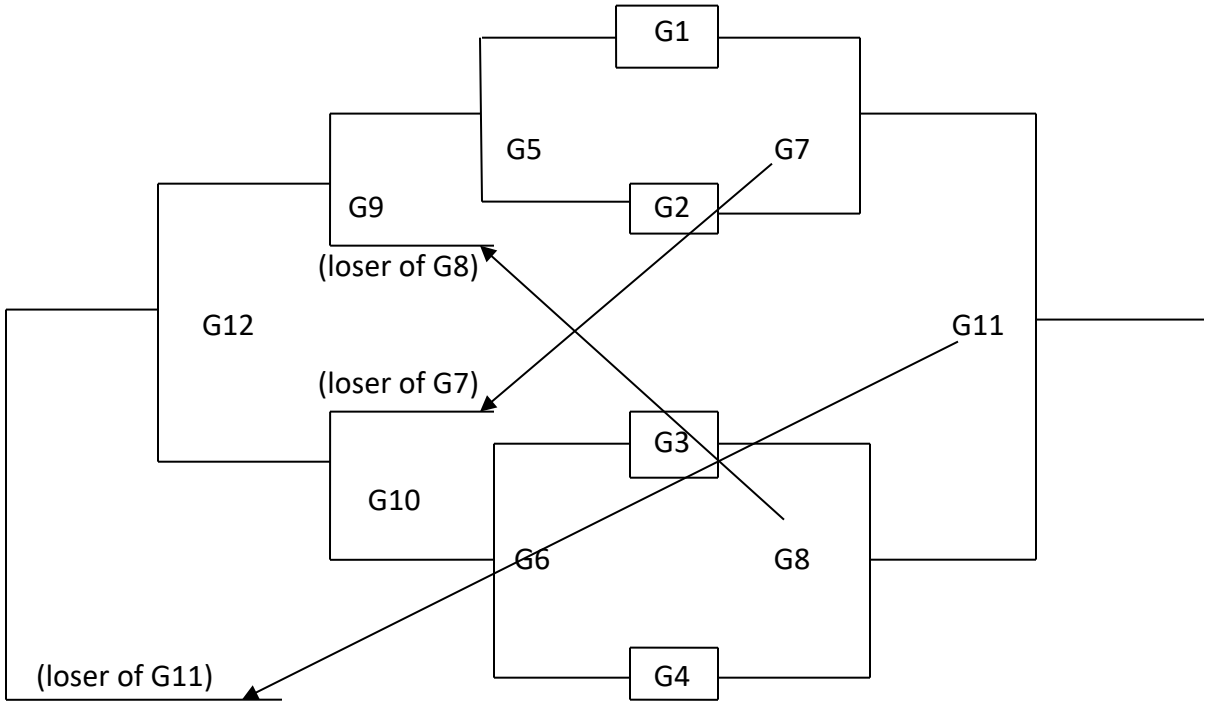
4. First round playoff games are hosted by the high ranked team.

5. Play in games are set up and to be played on Monday or Tuesday night of the Zone tournament week pending on the number of teams participating in the tournament. Cost of officiating to be covered by host team. (Spring 2011)

6. In the modified double knockout format the Saturday games are to be played at 10:00am and 6:00pm respectively. (Spring 2017)

a. Play-in Game & Zone first round game

Monday/Tuesday	Wednesday
13 vs 5 = A @ 5	4 vs A @ 4
12 vs 6 = B @ 6	3 vs B @ 3
10 vs 7 = C @ 7	2 vs C @ 2
9 vs 8 = D @ 8	1 vs D @ 1



7. If the Zone is guaranteed two representatives to provincials the zone tournament draw is set as a modified double elimination draw starting on Tuesday evening.

   2 teams:
   - Best of 3 game series with the higher seed hosting the first game Wednesday. The second game will be played Friday at the lower seeds gym. If needed, the third game will be played Saturday at the higher seeds gym

   3 teams:
   - 2 vs 3 in a one game playoff.
   - Winner of the 2 vs 3 game will play the 1st ranked team in a best of 3 game series with the higher seed hosting the first game Wednesday. The second

game will be played Friday at the lower seeds gym. If needed, the third game will be played Saturday at the higher seeds gym to determine the one and two seed representing the zone.

***(See Appendix C for the draw formats when there is one provincial spot)**

4A Basketball

Host Rotation

Year	Host
2017	Holy Trinity Academy
2018	Chestermere
2019	Foothills Composite
2020	Newest 4A Team to enter or back to Holy Trinity Academy
2021	Newest 4A Team to enter or back to Chestermere
2022	Newest 4A Team to enter or back to Foothills Composite

4A Zone Tournament formats (Spring 2017)

3 Teams
MODIFIED ROUND ROBIN (2 game guarantee)
1 VS 2 (Tuesday)
2 VS 3 (Wednesday)
1 VS 3 (Thursday)
ZONE FINAL (Saturday)

1 on the draw is always the "HOST" School

If # 2 on the draw loses their 2 games then the Thursday game of 1 vs 3 can be the zone final or Saturday's game is moved up to Friday as long as both teams agree upon the move. If Saturday's game is moved up to Friday then there is no need to play the Thursday game.

In the event of a 3-way tie after the round robin:

The third place team will be eliminated using the following formula:

Points For/ Points Against ratio. Team with the lowest ration will be eliminated.
The remaining 2 teams will play in the zone final on the Saturday.

The winner of the zone tournament will represent South Central Zone at Provincials. In the event that the SCZ receives 2 berths to provincials, both teams in the zone final will attend Provincials and represent SCZ.

4 Teams

#4 SEED VS # 1 SEED (TUESDAY) (GAME 1) doubleheader of boys and girls

#3 SEED VS. # 2 SEED (WEDNESDAY) (GAME 2) doubleheader of boys and girls

LOSER OF GAME 1 VS. LOSER OF GAME 2 (FRIDAY)-----BRONZE MEDAL doubleheader of boys and girls

WINNER OF GAME 1 VS. WINNER OF GAME 2 (SATURDAY)---GOLD/SILVER MEDAL doubleheader of boys and girls

SEEDING PROCESS: TEAMS WILL BE SEEDED BASED ON PROVINCIAL REGIONAL RANKINGS

PLEASE NOTE THAT EACH NIGHT IS A DOUBLE HEADER EVENING OF A BOYS AND GIRLS GAME AT THE ZONE HOST SCHOOL.

Junior Varsity

1. High schools may combine with one or more schools to form one JV team, when circumstances warrant. The schools grade 9 populations would be added to the high school count to determine classification for zone competition. This would require permission of the sending schools.

1A/2A

1A/2A JV Zone Tournament will follow the same format as the 1A/2A Senior Varsity zone tournament. With zone rankings being used to determine the playoff games needed to determine the 8 teams that compete in the zone championships.

3A/4A

Host Rotation Groups

Group A	Group B	Group C	Group D
Bow Valley	George McDougall	Bert Church	Cochrane
Holy Trinity	Highwood	Strathmore	Brooks
Chestermere	Canmore	Olds	Springbank
	Notre Dame	Drumheller	Foothills

Basketball Host Rotation

Year	Girls BB	Boys BB
2018 – 2019	B	A

2019 – 2020	C	B
2020 – 2021	D	C
2021 - 2022	A	D

3A/4A JV Zone tournament will be a traditional 8 team Oregon Draw with the $7^{th}/8^{th}$ place game optional! (Spring 2011)

Cheerleading

1. The rules of the Alberta Cheerleading Association (ACA) shall govern SC Zone Cheerleading. The SC Zone will follow any modifications made by the ASAA.
1. A team shall consist of four or more members with all team members being students of the same school.
2. Athletes compete in the following categories:
    a. High School Division 1 – one male – 4-28 members
    b. High School Division II – one male – 4-28 members
    c. Co-ed Team – two or more males – 4-28 members

3. The Zone competition shall be open.
4. Each area may select a maximum of two teams as representatives of the area at the Zone competition.

Scoring
The scoring for the zone championship will be the same as what is done at the ASAA Cheerleading Provincial competition.

5. A school's cheerleading team shall be the same group that cheers for the school during athletic contests throughout the year. The Association Cheerleading competition is designed as the culmination to the season and it is not intended that cheerleaders separate themselves from supporting the inter-scholastic athletic program.

Cross-Country

1. Zone event classifications for both boys and girls events shall be the same as ASAA

event classifications.

2. Zone event distances for both boys and girls shall be the same as ASAA event distances.
3. The meet shall be run in accordance with the track and field rules published by the International Amateur Athletic Federation (IAAF).
4. The fee charged to schools participation in the SCZ championships shall be $5.00 per competitor. (Sept. 2002)
5. All entries will be by individual school.
6. A competitor may enter only one event.
7. A Zone banner will be awarded in all three high school categories (1A, 2A, and 3A/4A). A team champion is determined using the ASAA scoring format. (April, 2002)
8. A team may have up to 20-members in each category - junior, intermediate and senior - but only the top four from any school will be scored.
9. A team championship shall be awarded in each category. In order to qualify, each school must have four runners finish. The following format shall be used to determine total points. Any school without a complete top four, the school will replace the remaining third and fourth places with last place plus one. Every category must have two runners to create a team. The school with the lowest total points is the category champion. For example:

Event Rank	Points
1	1
10	10
15	15
20	20
Junior Girls Team Total	46 points

1. An overall 1A, 2A, 3A/4A SCZ aggregate champion shall be determined in accordance with the following scale:

Event Rank	Aggregate Points
1	10
2	8
3	6
4	4
5	2

6	1

Cross Country rotation – In the event that there is not a volunteer host

2018	Grassland/Rangeland
2019	Rockyview
2020	Foothills
2021	Chinooks Edge South
2022	Bow Valley
2023	Golden Hills

Curling

1. All members of a rink must meet ASAA eligibility and registration regulations.
2. High school students who advance to the provincial junior men's or provincial junior women's championships are eligible to compete in SCZ curling competitions in the same school year, as per ASAA policy on the division of provincial junior teams amongst school teams.

10. A high school student is eligible to play on one representative school team only.
11. There will be three Zone competitions: Boys, Girls and Mixed
12. Each rink will consist of five students (boys and girls) and six students in mixed curling.
13. The teams shall compete with four a side. In mixed curling, a rink shall be composed of two girls and two boys with girls and boys alternating at various team positions.
14. All games will be eight ends in duration with a coach's break after the fourth end. (Spring 2003)
15. Competition will be held as a two-day event. The event will have two pools with a semi-final cross over, similar to that of provincial play. (Spring 2003)
16. The rules governing curling shall be the rules of the Canadian Curling Association.
17. ASAA rules governing competition will be observed with the exception of those previously stated.
18. Curling has seven areas and a host:
    Mountain View

Rocky View
Grasslands
Wheatland
Rangeland
Foothills/Bow Corridor
Three Hills/Drumheller
Host

13. The rule of one team per category per school does not apply to South Central zone curling play-downs. In the event that extra teams are requested to fill a draw in the zone play-downs, the next highest ranked team should get first option to fill the draw. If they are unable to commit to the event then, then the next ranked team should be chosen.

Golf

1. The playing rules of the Canadian Professional Golfers' Association and local rules, as proclaimed by the host club, shall govern the SCZ golf tournament.
2. There shall be four Zone team competitions:
   1A/2A boys

   1A/2A girls

   3A/4A boys

   3A/4A girls

3. Each area or district boys or girls team shall consist of four members from the same school who shall play one round of 18 holes.
4. A team's score shall be compiled using the best three gross scores for the eighteen holes for males and nine for females.
5. There shall be two individual competitions, one for boys and one for girls.
6. Each school district shall be represented by one male and one female team and one female golfer and one male golfer.
7. An individual competitor may be a declared member of his/her area team. However, an area champion who does not belong to a team may also be the area representative.
8. Each individual competitor shall play a round of 18 holes and the gross score will determine the champion. Low gross male and low gross female represent the Zone as individual competitors.

9. A team consists of four members only. A school may not send an alternate.
10. In individual competition, four girls and four boys may represent the Zone; two each from 1A/2A and two each from 3A/4A.
11. Qualifying scores of a maximum 100 for Boys and 125 for Girls in 3A/4A Categories and 110 for Boys and 135 for Girls in 1A/2A Categories. (Spring 2011)

Rugby

1. The playing rules governing Rugby will be endorsed by the under 19 International Rugby Board with the ASAA modifications

2. In order to standardize the zone competitions the host schools shall follow the formats outlined below (Sec 10)

3. The RAMOA is recognized to provide officials for zone competitions.

4. There shall be as many competitions as there are school classifications.

5. Zone qualifying playoffs must be completed at least 2 days prior to the zone tournament.

6. Any changes to the zone tournament schedule within 72 hours of the start of the tournament, must have verbal communications from the coach(es) affected. (May 2000)

7. The host team receives an automatic berth in the zone championship.

8. All other zone competitions may be single elimination or round robin as seeded by the commissioner. If a single elimination ***tournament*** is used a consolation side is compulsory.

9. All byes in the competition must occur in the first round.

10. All South Central Zone Draws will be an 8 team draw.

- If there are not 8 teams bye's will be given to the higher ranked teams in the first round of playoffs.

-If there are more than 8 teams play in games will be needed. 8 plays 9, 7 plays 10, etc. until an 8 team draw is achieved. (Fall 2012)

11. All games will be played at the Calgary Rugby Union, if fields are unavailable the hosts will be selected by the commissioner based upon playing fields suitability and availability. Hosts

will be based on past years seniority. For example A hosted 2 years ago and B hosted 3 years ago. School B will be given priority.

12. Hosts will be selected by the commissioner based upon playing fields and seniority. For example school A hosted 2 years ago and school B hosted 3 years ago. School B will have seniority.

13. Seeding will take place the Friday of the week prior to the zone competition beginning. The ranking committee will consist of the Commissioner and two other Rugby coaches (One coach from the girl's side and one from the boy's side.)

14. Teams that have not played against another South Central Zone team or have not played against a mutual opponent of a South Central team will be the lowest ranked team coming into the zone championship. (Fall 2012)

Soccer

1. All teams wanting to participate in the South Central Zone Championship must register with the zone host two weeks prior to the date of Zones.

2. All teams that register for zones must then pay the required fee for the zone tournament regardless of whether you drop-out or attend. For example, if the Girls Zones takes place on October 14/15 schools would need to register with the zone host by September 30 or be ineligible for zones.

3. The format/draw for the South Central Zone Championship shall be determined by the Girls/Boys Zone Soccer Commissioner. The draw will be sent out to all teams no later than one week prior to zones.

4. The Girls/Boys Zone Soccer Commissioner shall rank the teams registered for zones to achieve a balanced schedule.

5. Grade 9 students will be permitted to play in both boys and girls South Central zone soccer championships. (Spring 2013)

6. Zone Tie-Breaking procedures – If tied in round robin play after regulation, teams will go straight to shoot out (penalty kicks) to determine a winner.

Tie Breakers for determining overall placing will be 3 points for a win, 2 points for a shootout win, 1 point for a shootout loss and 0 points for a regulation loss. Total points will determine placing. If still tied after that, the following tie breaking procedure will be used:

A. Head to Head results
B. Goal Differential (Goals for minus goals against) higher number = best ratio
C. Least goals conceded
D. Most goals scored
E. Disciplinary record
   Least amount of red cards
   Least amount of yellow cards
F. Coin Toss
   (Fall, 2013)

7. FIFA rules will be used at all South Central Zone Soccer Championships.

8. Grade 8 students in 1A schools are eligible for zone championships in soccer only. (Spring, 2014)

9. A joint school policy similar to Cheerleading, Football and Rugby will be accepted with soccer. The joint policy can occur in any classification of school but the joint school can only occur with one other school! (Fall 2014)

Track and Field

1. The IAAF rule book will govern all Zone competitions, subject to any modifications accepted by the ASAA.
2. The fee charged to schools competing at the SCZ championship shall be $10.00 per competitor.
3. Each area or district will be allowed two entries in each event.
4. SCZ representatives at provincials are the first and second place finishers in all events. Competitors unable to attend the provincial competitions must leave a notice of intent with the Zone competition host to avoid financial responsibility for the cost incurred by the Zone at further competitions (with exceptions for third place in events designated by the ASAA).
5. In order to fill the lanes in Zone relays, each division should be able to send a second team. If more than eight teams register, the host will run two heats and the best two

times advance to the provincial championship.

6. Zone competitions will be governed by ASAA regulations with the exception of those mentioned above.
7. The following is a rotational system for hosting SCZ senior high track and field meets:

2018	Rockyview
2019	Foothills
2020	Grassland & Rangeland
2021	Bow Valley & Chinooks Edge South
2022	Three Hills & Wheatland

8. The top two will qualify out of each region for Zones with Rangeland only qualifying one and zone host region receiving the extra place if wanted. (spring 2013)
   Mountain View
   Rocky View
   Foothills
   Grasslands
   Three Hills
   Wheatland
   Bow Valley
9. South Central Zone will cover the overage of rental of equipment for Junior and Senior High track and field. (Spring 2014)
10. On an annual basis the zone will purchase the updates for the Hytek meet manager and the site license.
11. Track and Field Meet Schedule

SC Zone Sr. High Track Championships: Proposed Schedule (1 day Version)

Track	**Track**

7:30am	Coaches meeting	11:40am	300m Hurdles – Girls
8:00am	3000m	11:47am	300m Hurdles –Boys
9:00am	80m Hurdles Girls	11:55am	100m Finals
9:15am	100m Hurdles Boys	12:25pm	Diversity 200m Finals
9:30am	Pentathlon 100m	12:45pm	200m timed finals
9:40am	400m timed finals	1:10pm	800m finals
10:15am	100m heats	1:40pm	Pentathlon 800m
10:45am	Diversity 100m Finals	1:50pm	4x100m relays
11:00am	1500m timed finals	2:20pm	4x400m relays

Field Event Schedule (Day 1 Only)

Time	Jr. Girls	Jr. Boys	Int. Girls	Int. Boys	Sr. Girls	Sr. Boys
9:00 AM	High Jump Pole Vault	Shot Put	Long Jump Pole Vault	Discus	Triple Jump Pole Vault	Javelin
10:00 AM	Shot Put	Long Jump	Discus	Triple Jump	Javelin	High Jump
11:00 AM	Long Jump	Discus Pole Vault	Triple Jump	Javelin Pole Vault	High Jump	Shotput Pole Vault
12:00 PM	Discus	Triple Jump	Javelin	High Jump	Shotput	Long Jump
1:00 PM	Triple Jump	Javelin	High Jump	Shot Put	Long Jump	Discus
2:00 PM	Javelin	High Jump	Shot Put	Long Jump	Discus	Triple Jump

Pentathlon Schedule

Boys Pentathlon will follow the Sr. Boys Schedule for field events, while Girls Pentathlon will follow the Sr. Girls Schedule for field events. (100M, 800M, HJ, LJ, and SP)

Volleyball

A. Rules

The rules of Volleyball Canada shall govern SCZ volleyball, with the following ASAA modifications:

1. Substitutes - The modified 12 substitute rule will be used. The rule is as follows:
   a) a team shall be allowed a maximum of 12 substitutions in any one game
   b) a player may leave the game and re-enter the game, but only for the same player. Players are 'tied' together; e.g., 7 for 12 - these two players are attached for that game and a player must re-enter for the same player
   c) unlimited substitutions are allowed up to 12 per game
      Examples:
      i. 7 for 12; 12 for 7 (2 subs) x 6 12 subs
      ii. 7 for 12; 12 for 7 (2 subs) x 2 4 subs
      8 for 6; 6 for 8 (2 subs) x 4 8 subs

2. The top of the net is to be set at the height of 2.43 m for males and 2.24 m for females (Varsity and Junior Varsity). The net height for Junior Varsity boys will be 2.35m.
3. Allow teams to list up to 15 on the scoresheet.
4. ASAA is not adopting the FIVB uniform rule.
5. Athletes of one gender must compete for a school team with athletes of the same gender.
6. Timeouts shall be one minute in duration.
7. The official game ball to be used for SC Zone Volleyball competitions shall be the Tachikara SV5W Gold-SWB.

B. Officials

1. The SCZ recognizes the Alberta Volleyball Association as the official organization for training and certifying of officials and gives its full support by using certified neutral officials.
2. It is the responsibility of the Zone competition chairperson to ensure that minor officials - linesmen and scorekeeper are properly trained and present.

C. Competitions

1. Schools are required to contact the regional host a minimum of two weeks before the event to indicate their intentions to participate in the regional tournament.
2. The regional host will contact the zone host with the results from the regional tournament.
3. If there are an odd number of teams in the zone competition, the Commissioner and host may add an additional team.

4. When preparing round-robin pools, teams are to be seeded according to their area or division record. If at all possible the ranking of pools should be as follows:

   Pool A: 1, 4, 5, 8, 9, and 12

   Pool B: 2, 3, 6, 7, 10, and 11

5. Zone competition will consist of two pools with a crossover as per ASAA policy.
6. The volleyball Commissioner, upon consultation with the Executive and Zone host, has the flexibility, in the case of an emergency or last-minute special situation, to modify the draw.
7. Game play is formatted with the following:
   a. All matches shall consist of rally point scoring to the best two of three games. The first two games are played to 25 points, no cap. The third game to 15 points with no cap.
   b. Upon completion of round-robin play, the top three teams of each section advance to an elimination match. The first place team from each pool receives a bye; the second place teams play the third place teams from the other pool. The winners of the two matches play the first place teams to determine the finalists. With tournaments of 6 teams or less, see format on p. 51 & 52.
   c. Tie breaking procedures:
      i. The Volleyball Canada tie-breaking procedure is used as outlined below. This system is used to rank teams in a pool, but is not used to eliminate a team. If teams are tied for the last play-off spot, the lowest ranked team will play one game to 25 points (no cap, win by two points) against the next lowest ranked team. If the winner of this game is still tied with another team for the last play-off berth, these two teams will play one game to 25 points (no cap, win by two points) and so on, until the winning teams is no longer tied for the last berth. For each of these elimination games, there will be a minimum warm-up of 15 minutes [5 minute warm-up, followed by 5-5 (serve within your 5 minutes)] to allow the teams an adequate warm-up. If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:
         - The team having the best ratio of won/lost matches, considering only matches played between the tied teams, will be ranked higher.
         - The team having the best ratio of won/lost games, considering only matches played between the tied teams, will be ranked higher.
         - The team having the best ratio of won/lost games, considering all matches of the round, will be ranked higher.
         - The team having the best ratio of points for/against, considering only

games played between the tied teams, will be ranked higher.

- The team having the best ratio of points for/against, considering all games played during the round, will be ranked higher.
- Any game needed to break ties will be a single game, rally point scoring to 25 points with a two point difference to determine placing.

ii. Matches or games between tied teams, means that only matches or games involving tied teams should be included in the calculation. Ratios are calculated using won/lost ratio, not lost games/games won.

Housekeeping September 2015

Senior Varsity

1A

1. All 1A school volleyball teams registered with ASAA are eligible for Zone competitions.

2. The zone is divided into two regions, East and West. The regional tournaments will take place one week prior to the zone competition. The top four teams will qualify; with the zone host automatically qualifying in one of the four spots.

West	East
Acme	Bassano
Airdrie Koinonia	Berry Creek
Beiseker	Delia
Cremona	Duchess
Ecole Francophone Airdrie	Wheatland Crossing
Edison	Morrin
Olds Koinonia	Rosemary
Our Lady of the Snows	St. Anthony's
Trochu	Youngstown
Chief Jacob Bearspaw	

3. Schools are required to contact the regional host a minimum of two weeks before the event to indicate their intentions to participate in the regional tournament.

4. The regional host will contact the zone host with the results from the regional tournament.
5. The zone competition will be a maximum eight team tournament, to be held the weekend before provincials. Each region will be represented by four teams with additional berths awarded to a region if the other region cannot fill all four of their spots.
6. All round robin and play-offs matches shall be best two of three games, the first two being played to 25 points and the third to 15 points. There is no cap on any of the games.

7. The zone tournament will consist of two pools of four teams, followed by the play-off round. The pool format is as follows

Pool A	Pool B
East 1	West 1
West 2	East 2
West 3	East 3
East 4	West 4

8. If a zone tournament only has 6 or 7 teams the pools will be adjusted accordingly. If 5 or less teams are in a zone tournament only one pool will be needed.
9. The playoff round will consist of either options:

7 or 8 Team Tournament

Game 1	3rd Pool A	vs	2nd Pool B
Game 2	2nd Pool A	vs	3rd Pool B
Game 3	Winner of G1	vs	1st Pool A
Game 4	Winner of G2	vs	1st Pool B
Game 5	Loser of G3	vs	Loser of G4 (Bronze Medal)
Game 6	Winner of G3	vs	Winner of G4 (Gold Medal)

6 Team Tournament

Game 1	1st Pool A	vs	2nd Pool B
Game 2	1st Pool B	vs	2nd Pool A

Game 3	Loser of G1	vs	Loser of G2 (Bronze Medal)
Game 4	Winner of G1	vs	Winner of G2 (Gold Medal)

5 Team Tournament

Game 1	First	vs	Fourth
Game 2	Second	vs	Third
Game 3	Loser of G1	vs	Loser of G2 (Bronze Medal)
Game 4	Winner of G1	vs	Winner of G2 (Gold Medal)

10. For breaking ties, the Volleyball Canada tie-breaking procedure will be followed.

2A

1. All 2A schools are eligible for the Zone competition.

2. 2A Boys and 2A Girls Zone Competition will each be a ***10 team event***. Representation at the Zone Competition shall be an equal number of teams from the East region and West region. Each region will be ***represented by 5 teams*** with additional berths awarded to a region if the other region cannot fill ***all 5*** of their spots. If needed, the region sending more than the ***normal 5 teams*** will hold a regional playoff one week prior to the Zone Competition.

Zone Hosts must be one of the 10 or less teams. Rankings for the Zone tournament can come from seasonal play and the regional playoff. The dividing line between regions is Highway 2.

East	West
Acme	Banff
Beiseker	Oilfields
Hanna	Carstairs
Oyen	Cremona
Siksika	Crossfield
Prairie	Didsbury
Three Hills	Strathcona Tweedsmuir
Trochu	Sundre
St. Joseph's	

** If there are ***10 or less*** teams registered to participate in the Zone Competition, there will be no regional playoff. The zone host will accommodate all teams that are registered and create a two pool draw as necessary.

3. Two courts are required for both the boys and girls Zone competitions.
4. Pools are played according to the following:

a. If there are seven or fewer teams there will be a full round robin.

b. If there are eight or more teams there will be two pools with the highest ranked team playing in the pool with the fewest number of teams.

c. If at all possible the ranking of pools should be as follows:

Pool A	Pool B
East 1	West 1
West 2	East 2
West 3	East 3
East 4	West 4
East 5	West 5

d. If there are nine teams, the highest rank team will be placed in the pool of four.

6. Game play is formatted with the following:

a. All matches shall consist of rally point scoring to the best two of three games. The first two games are played to 25 points with no cap. The third game to 15 points with no cap.

b. Upon completion of round-robin play, the top three teams of each section advance to an elimination match. The first place team from each section receives a bye; the second place teams play the third place teams from the other section. The winners of the two matches play the first place teams to determine the finalists.

c. If there are seven or fewer teams in the Zone Competition, the following playoff format will be followed. Upon completion of round-robin play, the top four will make the playoffs. The first place team will play the fourth place team and the

second place team will play the third place team, with the winners advancing to the final and the losing teams playing for third place.

d. For breaking ties, the Volleyball Canada tie-breaking procedure will be followed.

3A

1. All 3A schools will be eligible for Zone competition.

2. Pools are played according to the following:
   a. If there are five or fewer teams there will be a full round robin with each match played rally point to the best of three games. The first two games are played to 25 points, no cap. The third game is played to 15 points, no cap. If there are 6 or 7 teams, the following formats will be used:

   Six-team format: A two-pool, round robin format will be played. All matches will be best-of-three. Pool rankings will be: Pool A: Seed 1, 3, 5; Pool B: Seed 2, 4, 6. Playoffs will see all teams advancing: Quarter-finals: (1) B2 vs A3 and (2) A2 vs B3; Semi-finals: A1 vs winner QF(1) and B1 vs winner QF(2). The winners of the semi-finals will play for the Zone Championship

   Seven-team format: A two-pool, round robin format will be played. All matches will be best-of-three. Pool rankings will be: Pool A: Seed 1, 3, 6; Pool B: Seed 2, 4, 5, 7. Playoffs will see top 3 teams in each pool advancing: Quarter-finals: (1) B2 vs A3 and (2) A2 vs B3; Semi-finals: A1 vs winner QF(1) and B1 vs winner QF(2). The winners of the semi-finals will play for the Zone Championship

   b. If there are eight or more teams there will be two pools with the highest ranked team playing in the pool with the fewest number of teams.
   c. If at all possible the ranking of pools should be as follows:

   i. Pool A: 1, 4, 5, 8, 9, and 12
   ii. Pool B: 2, 3, 6, 7, 10, and 11

   d. If there are nine teams, the highest rank team will be placed in the pool of four.
   e. The Commissioner, along with other Zone coaches (via fax or email) will determine rankings within pools based on the results of play during the season.

3. Game play is formatted with the following:

a. All matches shall consist of rally point scoring to the best two of three games. The first two games are played to 25 points, no cap. The third game to 15 points with no cap.
b. Upon completion of round-robin play, the top three teams of each section advance to an elimination match. The first place team from each section receives a bye; the second place teams play the third place teams from the other section. The winners of the two matches play the first place teams to determine the finalists.

4. The 3A Zone volleyball tournament shall be a 12-team draw with Brooks, Canmore, Drumheller, Olds, Strathmore, the top three of four from Foothills and the top four of six from Rocky View. If additional teams are needed the host school and/or Rocky View would get first choice, followed by Foothills. (April 2002)

5. Host Rotation

Group A	Group B	Group C	Group D
Bow Valley	George McDougall	Brooks	Canmore
Cochrane	Bert Church	Strathmore	Highwood
	WH Croxford	Olds	Springbank

Senior Varsity Rotation

Year	Girls VB	Boys VB
2018 – 2019	A	B
2019 – 2020	D	A
2020 – 2021	C	D
2021 - 2022	B	C

4A

1. All 4A school volleyball teams registered with ASAA are eligible for Zone competitions.
2. Pools are played according to the following:

a. If there are 2 teams there will be a best of 3 matches, head-to-head, each match to be played rally point to the best of five sets. The first four sets are played to 25 points, no cap. The fifth set is played to 15 points with no cap.
    i. Host will be the highest ranked team based upon results recorded on ASAA Ex-Net. This team will host match 1 and 3 if required. The second match will be hosted by the 2nd ranked team.
    ii. All matches are to be held on the week prior to the South Central Zone Championships weekend, up to and including the Saturday of that weekend. Dates and times are to be agreed upon by both teams competing.
b. If there are 3 teams there will be a full round robin with each match played rally point to the best two of three sets. The first two sets are played to 25 points, no cap. The third set is played to 15 points with no cap.
    i. The host is determined by rotation schedule.
    ii. Competition dates will be:
        1. Round Robin Tournament to be played on the Friday of the weekend prior to ASAA 4A Provincials.
        2. Semi Final will be played in the morning of the following Saturday (as per ASAA 4A Provincials Playoff Schedule).
        3. Final will be played evening of the same Saturday.
        4. Times to be agreed upon by all teams competing.
    iii. Teams will be ranked 1 to 3 using Volleyball Canada Tie Breaking procedures.
        1. The team that is ranked 1 after round robin play will receive a first round bye in the playoffs.
        2. The team ranked 2 after round robin play will play the team that is ranked 3 after round robin play for the right to play the team ranked 1 after round robin play.
        3. Winner of the first round playoff will play the team ranked 1 after round robin play for the right to represent the zone in ASAA 4A Provincials.
c. If there are 4 to 6 teams there will be a full round robin with each match played rally point to the best two of three sets. The first two sets are played to 25 points, no cap. The third set is played to 15 points with no cap.
    i. Host is determined by rotation schedule.
    ii. Competition dates will be:
        1. Round Robin Tournament to be played on the Friday of the weekend prior to ASAA 4A Provincials.
        2. Semi Finals will be played in the morning of the following Saturday (as per ASAA 4A Provincials Playoff Schedule).
        3. Final will be played evening of the same Saturday.
        4. Times to be agreed upon by all teams competing.
    iii. Teams will be ranked 1 to 4 using Volleyball Canada Tie Breaking procedures to qualify for playoffs.

1. The team that is ranked 1 after round robin play will play the team that is ranked 4 after round robin play in a semi-final playoff match.
2. The team ranked 2 will play the team that is ranked 3 after round robin play in a semi final playoff match.
3. Winners of the semi final playoff matches will compete in a final playoff match, the winner of which will represent the zone in ASAA 4A Provincials.

3. Game play is formatted with the following:
    a. All round robin matches shall consist of rally point scoring to the best two of three sets. The first two sets are played to 25 points, no cap. The third set is played to 15 points with no cap.
    b. All playoff matches shall consist of rally point score to the best three of five sets. The first four sets are played to 25 points, no cap. The fifth set is played to 15 points with no cap.
    c. Tie breaking procedures:
        i. The Volleyball Canada tie-breaking procedure, outline below, is used. This system is used to rank teams in a section, but is not used to eliminate a team. If teams are tied for the last play-off spot, the lowest ranked team will play one game to 25 points (no cap, win by two points) against the next lowest ranked team. If the winner of this game is still tied with another team for the last play-off berth, these two teams will play one game to 25 points (no cap, win by two points) and so on, until the winning teams is no longer tied for the last berth. For each of these elimination games, there will be a minimum warm-up of 15 minutes that includes five minutes of serving per side. If two or more teams are tied at the end of the preliminary round, the following criteria will be applied, in order:
            - The team having the best ratio of won/lost matches, considering only matches played between the tied teams, will be ranked higher.
            - The team having the best ratio of won/lost games, considering only matches played between the tied teams, will be ranked higher.
            - The team having the best ratio of won/lost games, considering all matches of the round, will be ranked higher.
            - The team having the best ratio of points for/against, considering only games played between the tied teams, will be ranked higher.
            - The team having the best ratio of points for/against, considering all games played during the round, will be ranked higher.
            - Any game needed to break ties will be a single game, rally point scoring to 25 points with a two point difference to determine placing.
        ii. Matches or games between tied teams means that only matches or games involving tied teams should be included in the calculation. Ratios are calculated using won/lost ratio, not lost games/games won.

Junior Varsity

1. The net height for JV boys volleyball will be 2.35 m and the net height for JV girls volleyball will be 2.24 m.
2. High schools may combine with one or more schools to form one JV team, when circumstances warrant. The schools grade 9 populations would be added to the high school count to determine classification for zone competition. This would require permission of the sending schools.

1A/2A

The Zone is divided by Highway 2 into East and West. The Zone tournament shall be a Ten-team team tournament with five teams coming from the East and five teams coming from the West. The host is to be included in these numbers. (Sept. 2015)

6 Team Tournament: Playoff Format

Quarterfinals:
Quarterfinal Game 1: 2nd Pool A vs. 3rd Pool B
Quarterfinal Game 2: 2nd Pool B vs. 3rd Pool A

Semifinals:
Game 3 1st Pool A vs Winner Game #2
Game 4 1st Pool B vs Winner Game #1

Finals:
Game 5 Loser of G3 vs Loser of G4 (Bronze Medal)
Game 6 Winner of G3 vs Winner of G4 (Gold Medal)
(Spring 2017)

3A/4A

Host Rotation

Year	Girls VB	Boys VB
2018 - 2019	D	C
2019 - 2020	A	D
2020 - 2021	B	A
2021 - 2022	C	B

1. The 3A/4A JV Volleyball tournament will consist of 10 teams:
    a. 4 Rockyview

b. 3 Foothills, including Strathmore, with Strathmore playing the 3rd place team from Foothills. Amended September 2015
c. 3 Other schools who do not belong to Rockyview or Foothills
d. Host comes from within the regional birth
(Fall 2013)

Appendix A – Schedule for 1A/2A Basketball Zone Playoff

18 Teams:

Night 1	Night 2	Night 3	Zones
18 vs 17 = X	X vs 9 = D	A vs 5	1 vs
16 vs 15 = Y	Y vs 10 = C	B vs 6	2 vs
	14 vs 11 = B	C vs 7	3 vs
	13 vs 12 = A	D vs 8	4 vs.

17 Teams

Night 1	Night 2	Night 3	Zones
16 vs 17	9 vs 16 = A	5 vs D	1 vs
	10 vs 15 = B	6 vs C	2 vs
	11 vs 14 = C	7 vs B	3 vs
	12 vs 13 = D	8 vs A	4 vs

16 Teams

Night 1	Night 2	Zones
16 vs 9 = A	5 vs D vs 4	1 vs
15 vs 10 = D	6 vs C vs 3	2 vs
14 vs 11 = C	7 vs B vs 2	3 vs
13 vs 12 = D	8 vs A vs 1	4 vs

15 Teams

Night 1	Night 2	Zones
15 vs 5 = A	A – bye	1 vs
14 vs 9 = B	B vs 8	2 vs
13 vs 10 = C	C vs 7	3 vs
12 vs 11 = D	D vs 6	4 vs

14 Teams

Night 1	Night 2	Zones
14 vs 13 = A	5 vs A	1 vs
12 vs 11 = B	6 vs B	2 vs
	7 vs 10	3 vs
	8 vs 9	4 vs

13 Teams

Night 1	Night 2	Zones
13 vs 12 = A	5 vs A	4 vs
	6 vs 11	3 vs
	7 vs 10	2 vs
	8 vs 9	1 vs

12 Teams

	Night 1	Zones
	5 vs 12	4 vs
	6 vs 11	3 vs
	7 vs 10	2 vs
	8 vs 9	1 vs

11 Teams

	Night 1	Zones
	5 bye	4 vs
	6 vs 11	3 vs
	7 vs 10	2 vs
	8 vs 9	1 vs

10 Teams

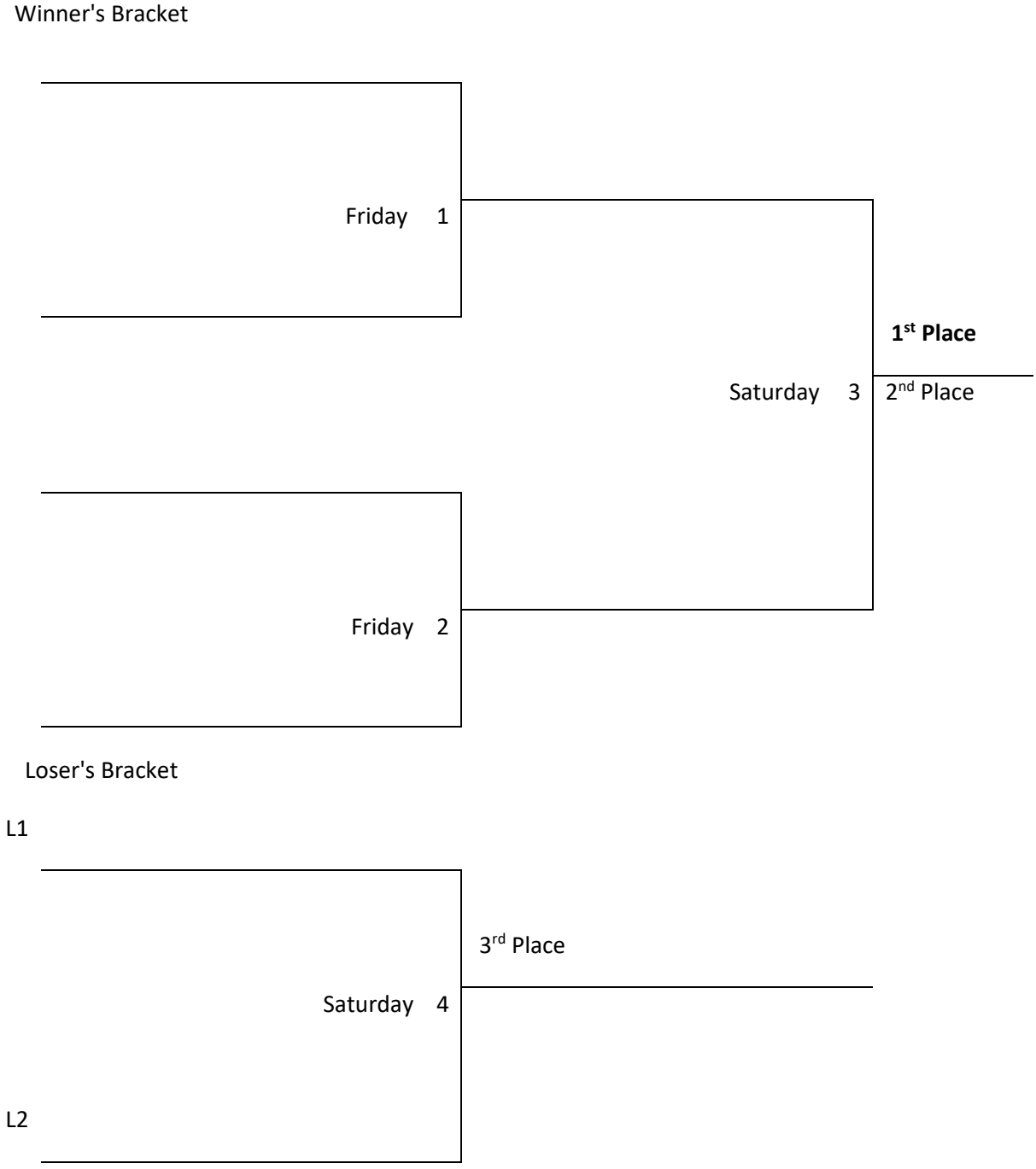
	Night 1	Zones
	5 bye	4 vs
	6 bye	3 vs
	7 vs 10	2 vs
	8 vs 9	1 vs

9 Teams

	Night 1	Zones
	5 bye	4 vs
	6 bye	3 vs
	7 bye	2 vs
	8 vs 9	1 vs

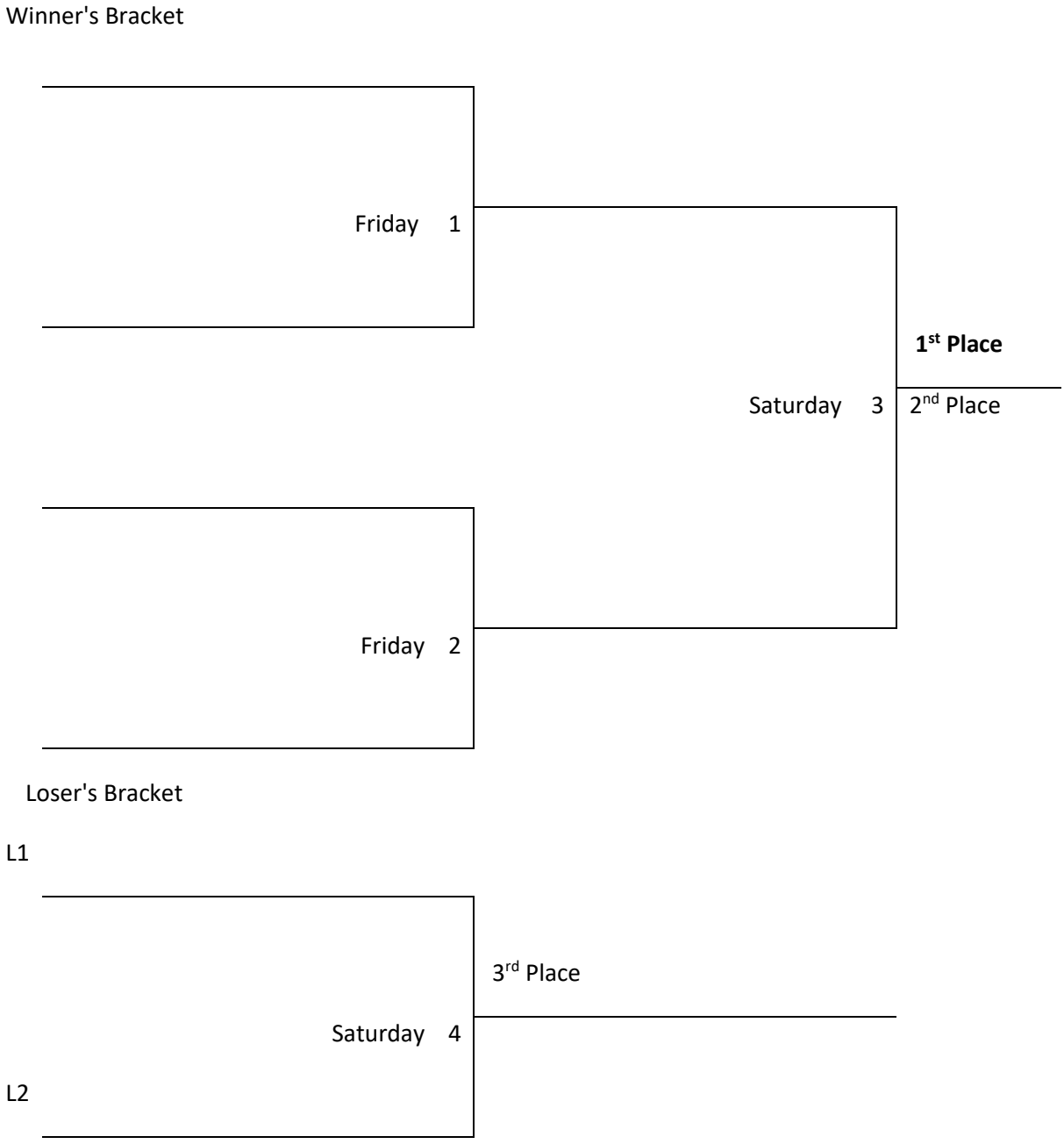
Appendix B – Schedule for 3A Basketball Zone Playoff (One Provincial Spot)

4 Team Draw



5 teams:

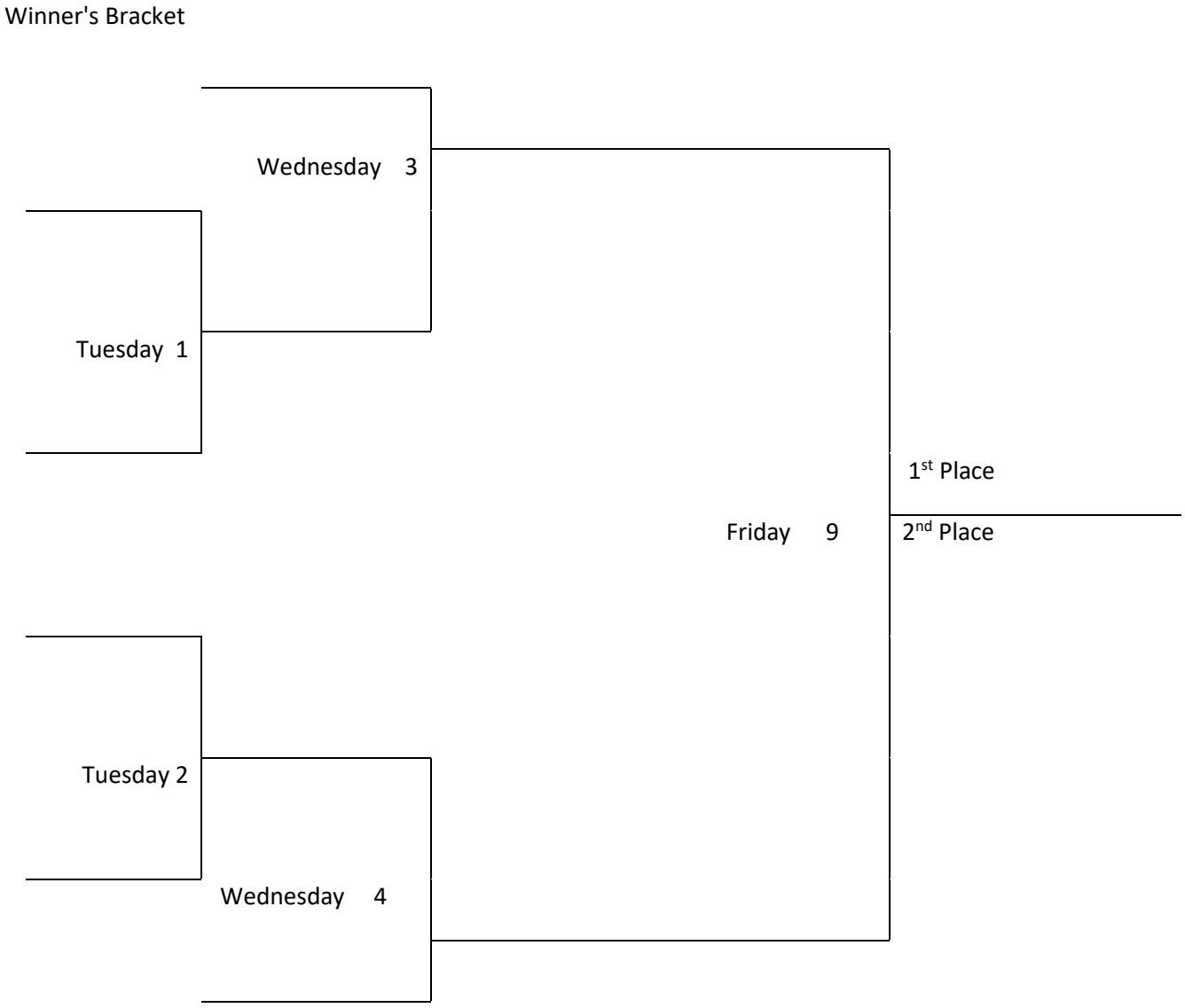
- 5 vs 4 will play a one game play in game at the higher seed. This game will be played on the Monday or Tuesday.
- A 4 team draw will be used to determine Provincial Seed
- 1 vs. 4/5 and 2 vs 3 in first round
- Games will be played Friday, and Saturday.



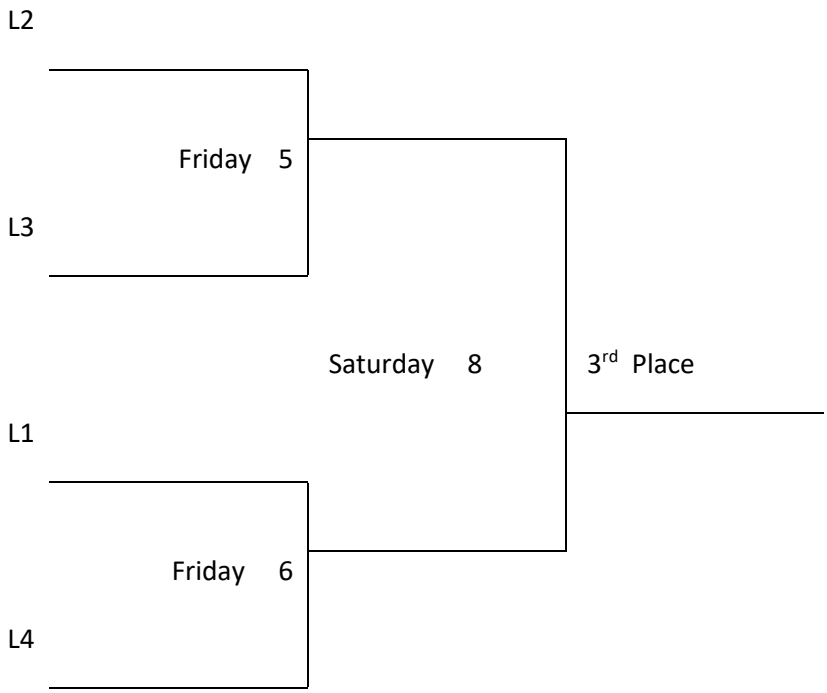
6 teams:

- 1 and 2 seed will receive a bye into semis, and will play their Wednesday game at home. 6 vs 3 and 5 vs 4 will play their games at the higher seed on the Monday or Tuesday.
- Games will be played on Monday/Tuesday, Wednesday, Friday and Saturday

6 Team Draw

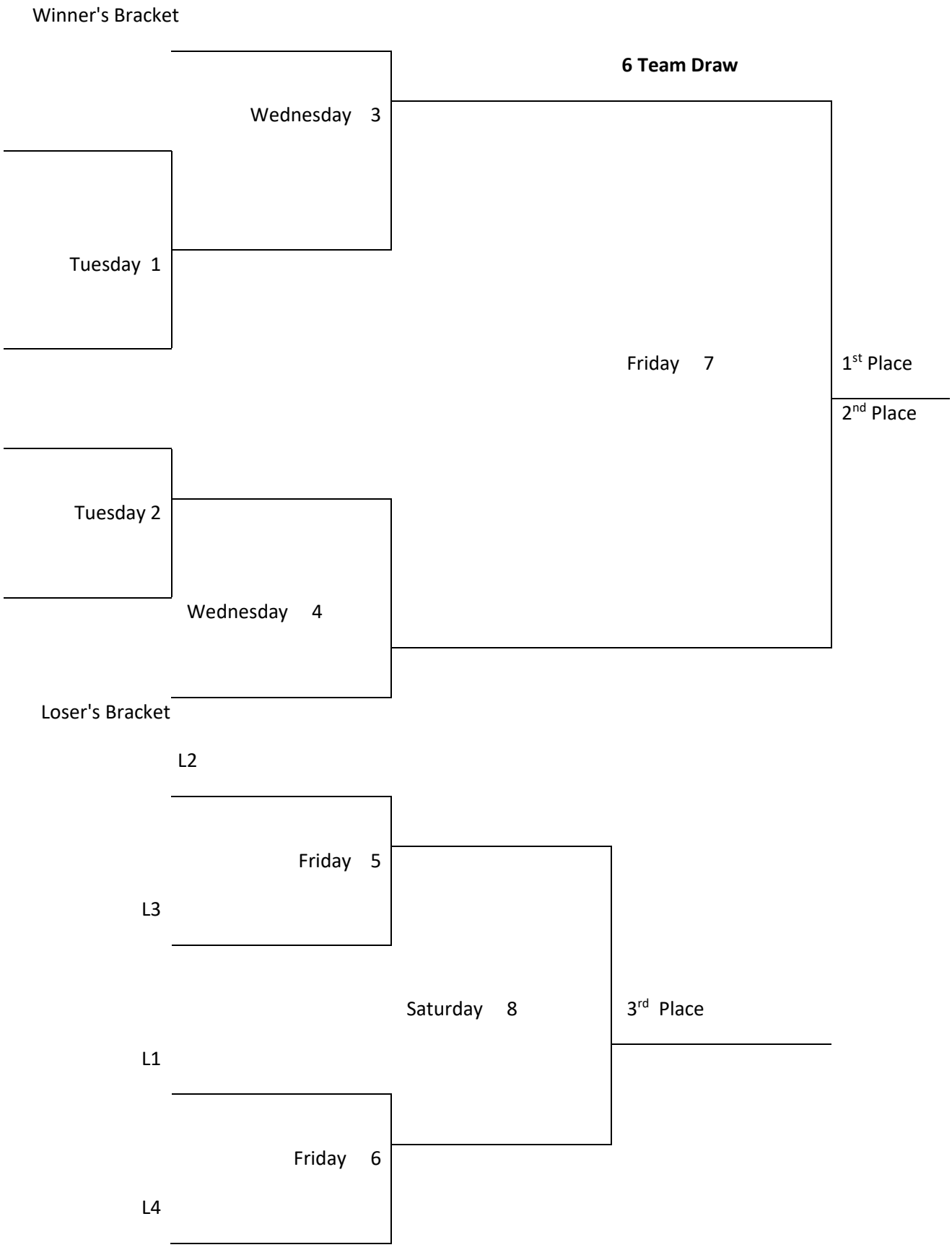


Loser's Bracket



7 teams:

- 7 vs 6 will play a one game play in game at the higher seed. This game will take place Monday.
- 7/6 vs 3 and 5 vs 4 will play their games at the higher seed and play their game Tuesday.
- 1 and 2 seed will receive a bye into semis and host their game on the Wednesday.
- Games will be played on Tuesday, Wednesday, Friday and Saturday


Winner's Bracket
6 Team Draw
Wednesday 3
Tuesday 1
Friday 7
1st Place
2nd Place
Tuesday 2
Wednesday 4
Loser's Bracket
L2
Friday 5
L3
Saturday 8
3rd Place
L1
Friday 6
L4

8 teams:

- Oregon tournament draw. Can use existing draw in handbook.
- Games will be played on Thursday, Friday and Saturday.

9 or more teams:

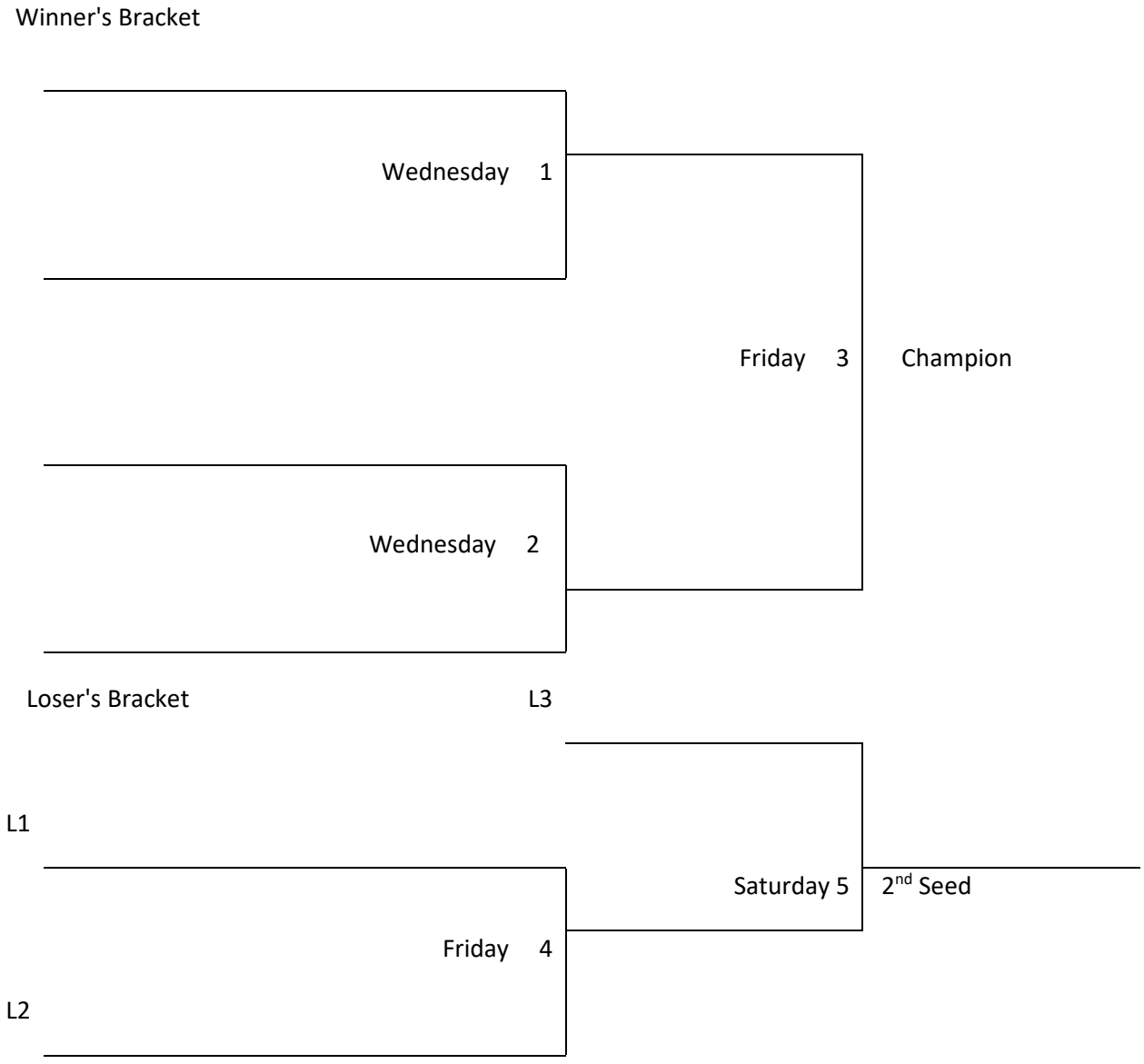
- Play in games will be used to finalize the draw at 8 teams. These games will be played on the Monday or Tuesday.
- Oregon tournament draw. Can use existing draw in handbook.
- Games will be played on Thursday, Friday and Saturday.

Appendix C – Schedule for 3A Basketball Zone Playoff (Two Provincial Spots)

4 teams:

- Modified double elimination with 1 vs. 4 and 2 vs 3 in first round
- Games will be played Wednesday, Friday, and Saturday.

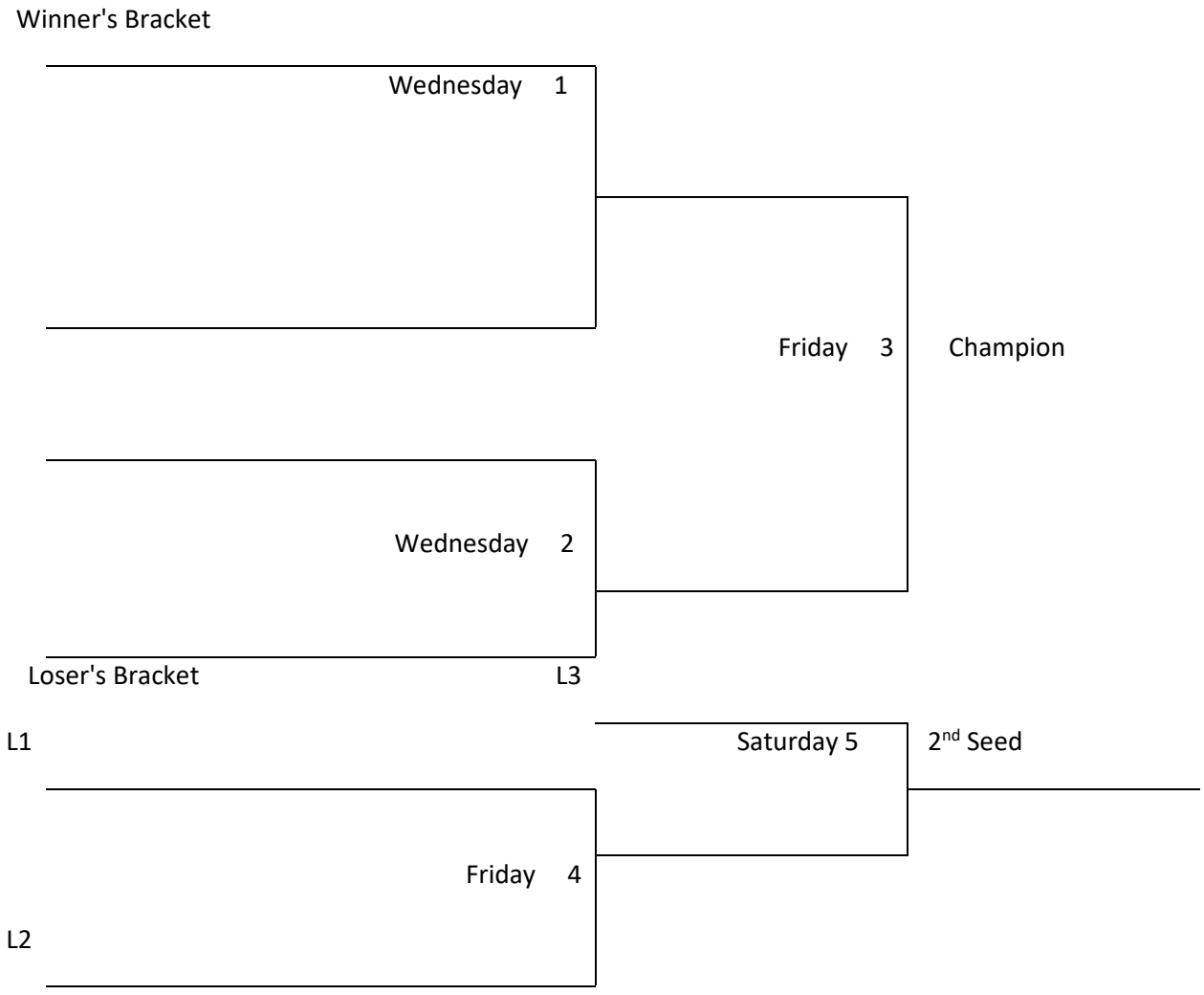
4 Team Double Elimination



5 teams:

- 5 vs 4 will play a one game play in game at the higher seed. This game will be played on the Monday.
- A 4 team draw will be used to determine Provincial Seed
- Modified double elimination with 1 vs. 4 and 2 vs 3 in first round
- Games will be played Wednesday, Friday, and Saturday.

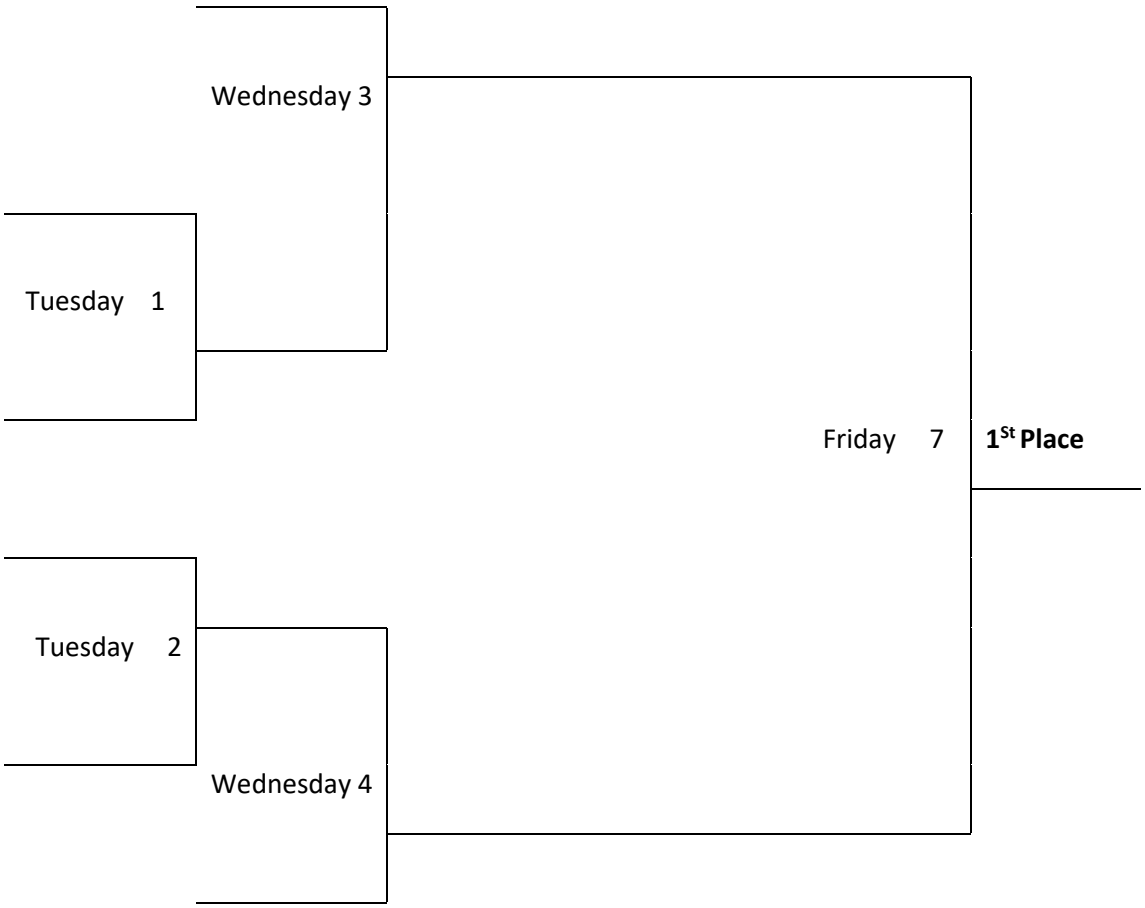
4 Team Double Elimination

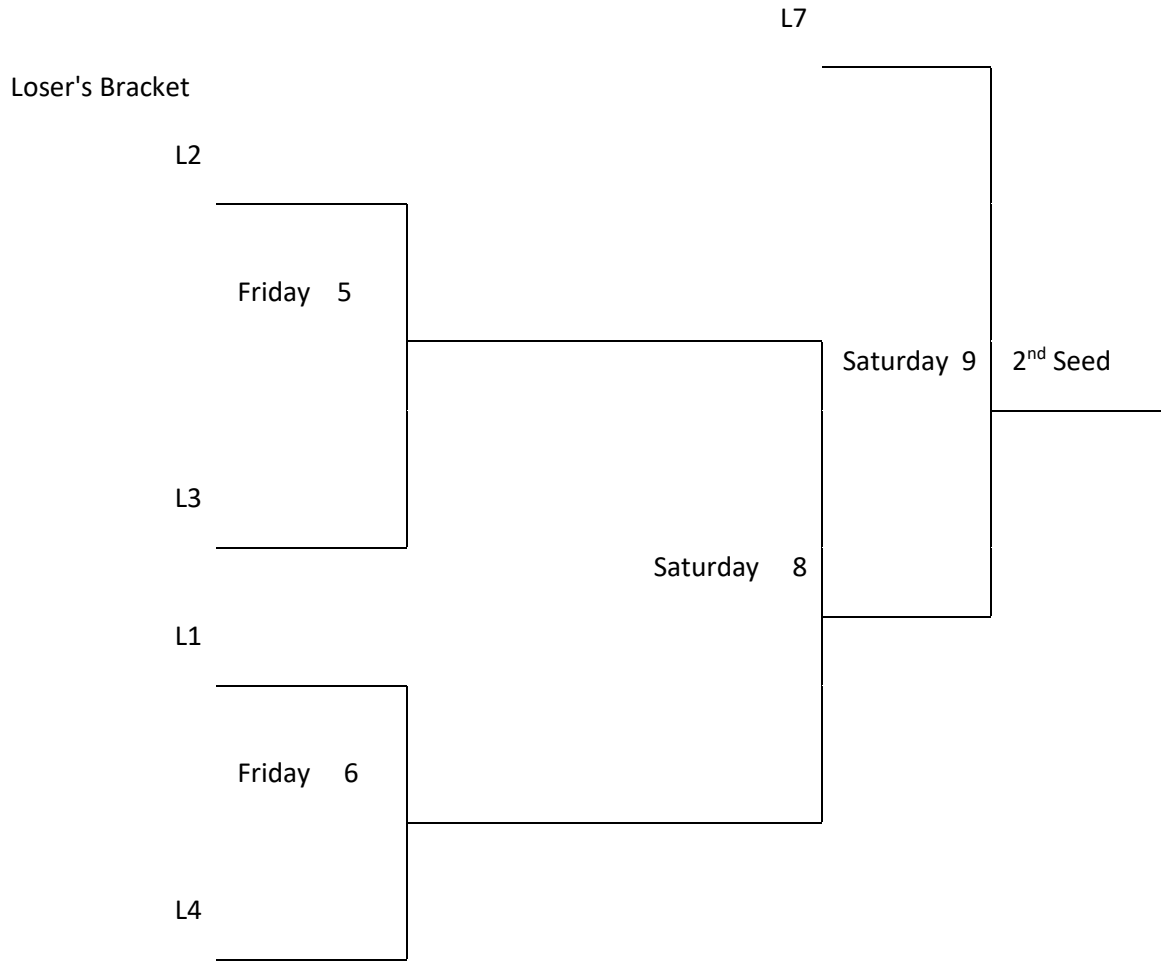


6 teams:

- Modified double elimination.
- 1 and 2 seed will receive a bye into semis, and will play their Wednesday game at home. 6 vs 3 and 5 vs 4 will play their games at the higher seed on the Tuesday.
- Games will be played on Tuesday, Wednesday, Friday and Saturday

Winner's Bracket **6 Team Double Elimination**



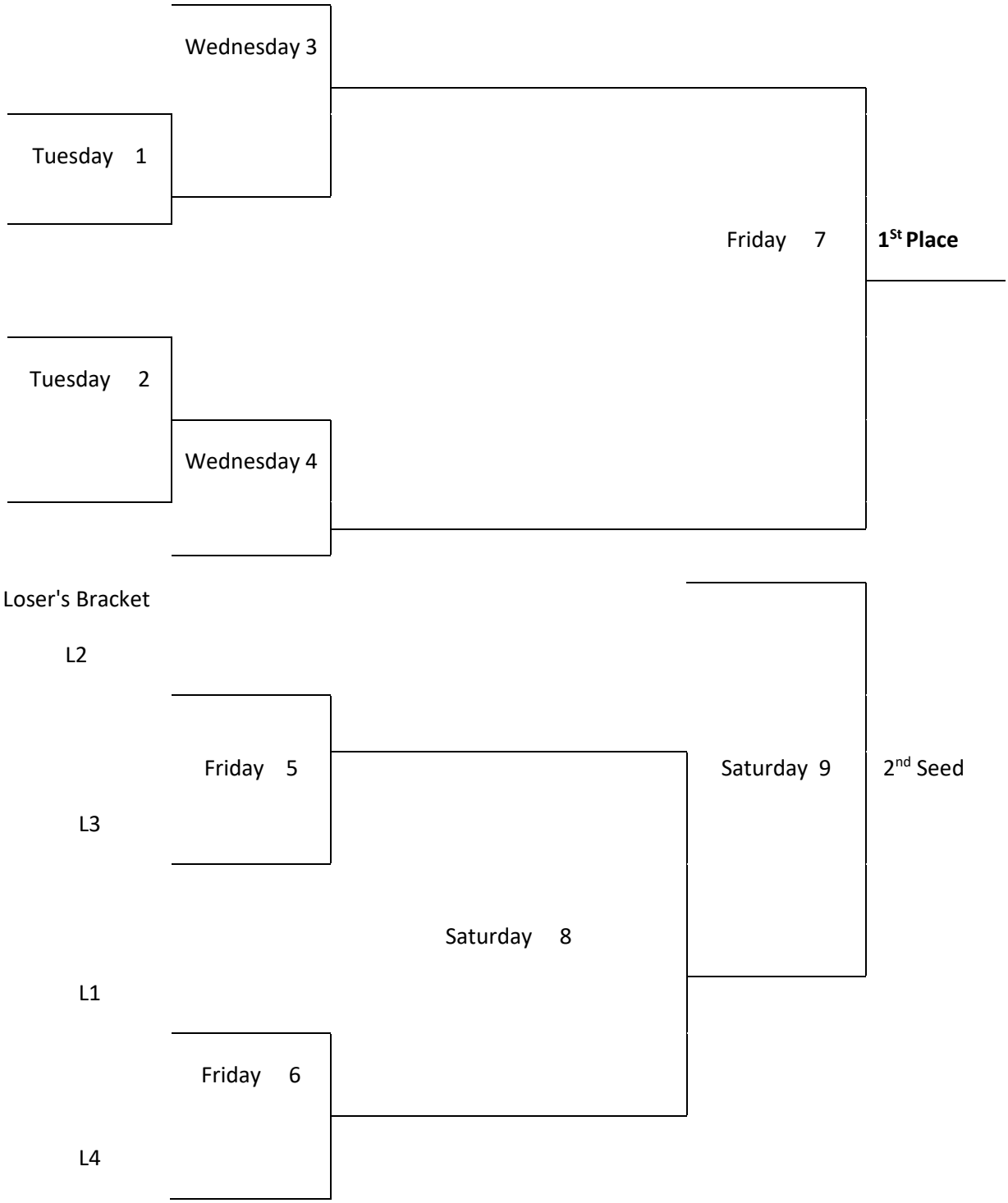


7 teams:

- Modified double elimination.
- 7 vs 6 will play a one game play in game at the higher seed. This game will take place Monday.
- 1 and 2 seed will receive a bye into semis. 7/6 vs 3 and 5 vs 4 will play their games at the higher seed.
- Games will be played Tuesday, Wednesday, Friday and Saturday

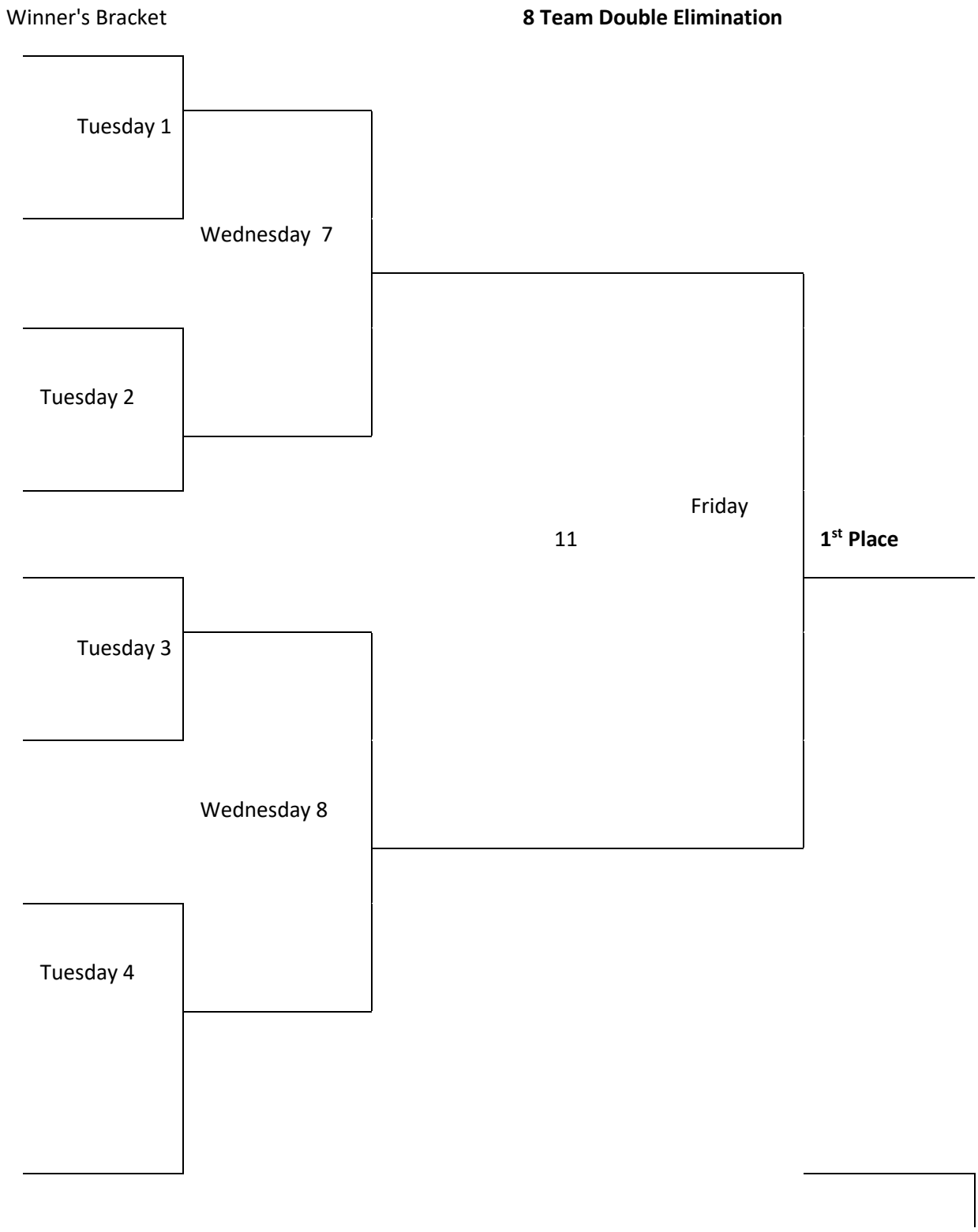
Winner's Bracket

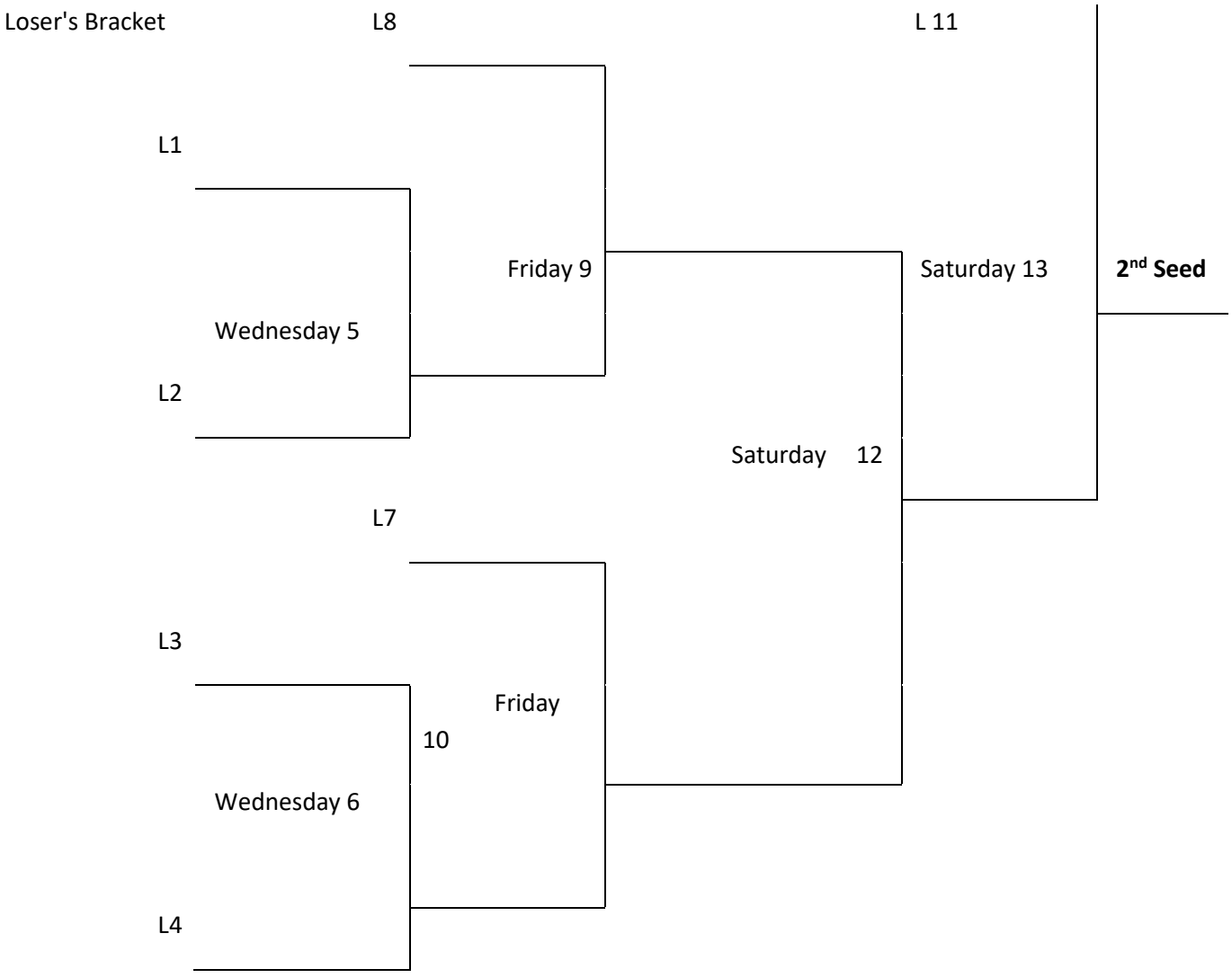
6 Team Double Elimination



8 teams:

Modified double elimination.
Games will be played on Tuesday, Wednesday, Friday and Saturday.





9 or more teams:

- Play in games will be used to finalize the draw at 8 teams. These games will be played on the Monday.
- Modified double elimination. See Tournament Draw used for double elimination tournament with 8 teams participating (see above).
- Games will be played on Tuesday, Wednesday, Friday and Saturday.

8. If the zone is guaranteed three representatives to provincials then Game 13 is removed.