

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Girls 100 Meter Dash Grade 7**

Name	Age	School	Prelims	H#
Preliminaries				
1 Nystrom, Emily	12	Heritage Heights	13.84 Q	1
2 Zinck, Sara	12	C. W. Perry School	13.99 Q	2
3 Dingha, Chabod	12	Bearspaw	14.06 Q	2
4 Van Soest, Nova	12	Deer Meadow School	14.29 Q	1
5 Lepper, Annie	11	Lawrence Grassi Middle School	14.29 q	2
6 Mearns, Rylie	12	River Valley School	14.31 q	1
7 MacFarlane, Claire	12	Ecole Okotoks Junior High	14.33 q	2
8 Whittle, Emma	12	Brooks Junior High School	14.76 q	1
9 Riley, Ashlyn	12	CMJH Cougars	14.83	2
10 Friesen, Tina	12	Rosemary School	14.84	2
11 Gauvin, Camille	12	CMJH Cougars	15.07	1
12 Klassen, Colleen	12	Dr. Elliott School	15.16	2
13 Gasser, Annika	11	Lawrence Grassi Middle School	15.50	1

Girls 100 Meter Dash Grade 7

Name	Age	School	Finals	Points
Finals				
1 Nystrom, Emily	12	Heritage Heights	13.76	7
2 Zinck, Sara	12	C. W. Perry School	13.83	5
3 Lepper, Annie	11	Lawrence Grassi Middle School	14.09	4
4 MacFarlane, Claire	12	Ecole Okotoks Junior High	14.32	3
5 Dingha, Chabod	12	Bearspaw	14.35	2
6 Van Soest, Nova	12	Deer Meadow School	14.38	1
7 Mearns, Rylie	12	River Valley School	14.63	
8 Whittle, Emma	12	Brooks Junior High School	14.92	

Girls 200 Meter Dash Grade 7

Name	Age	School	Finals	H#	Points
Finals					
1 Zinck, Sara	12	C. W. Perry School	28.92	2	7
2 Dingha, Chabod	12	Bearspaw	29.37	1	5
3 Easson, Hailee	11	Millarville	29.94	1	4
4 Nystrom, Emily	12	Heritage Heights	30.05	2	3
5 Peters, Jillian	12	Dr. Elliott School	30.14	2	2
6 Werezak, Serena	12	River Valley School	30.30	2	1
7 Larson, Justine	12	CMJH Cougars	30.48	1	
8 Scurfield, Krista	11	Lawrence Grassi Middle School	30.49	1	
9 Whittle, Emma	12	Brooks Junior High School	30.95	2	
10 Douglass, Erin	12	Bassano	31.04	2	
11 Gingrich, Kendal	12	Westglen School	31.85	1	
12 Yawney, Kyla	10	Banff Community High	32.45	2	
13 Lammler, Brenna	11	Three Hills	33.03	2	
14 Cachene, Dakota	12	CMJH Cougars	33.15	1	

Girls 400 Meter Dash Grade 7

Name	Age	School	Finals	H#	Points
Finals					
1 Wilson, Olivia	12	CMJH Cougars	1:08.41	2	7
2 Stiel, Holland	12	St. John Paul II Collegiate	1:09.16	2	5

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Girls 400 Meter Dash Grade 7)**

Name	Age	School	Finals	H#	Points
3 Clouston, Kallie	11	Deer Meadow School	1:09.33	1	4
4 Werezak, Serena	12	River Valley School	1:09.60	1	3
5 Larson, Justine	12	CMJH Cougars	1:10.08	2	2
6 Rovere, Jamie	12	Ecole Manachaban Middle School	1:11.88	1	1
7 Procter, Raina	12	Mitford School	1:12.02	2	
8 Reid, Rylee	11	Ecole Okotoks Junior High	1:12.52	2	
9 Schelske, Kirsten	12	Bassano	1:12.98	2	
10 Pryor, Essie	12	Prairie Christian Academy	1:13.43	1	
11 Thompson, Ellie	11	Lawrence Grassi Middle School	1:13.56	1	
12 Hill, Jessica	10	Lawrence Grassi Middle School	1:15.05	2	
13 Gustafson, Taylor	12	Three Hills	1:15.30	1	
14 Choi, Winnie	11	Christ the King Academy Jr Hig	1:19.82	1	

Girls 800 Meter Run Grade 7

Name	Age	School	Finals	Points
Finals				
1 Zuurbier, Jessica	12	Hugh Sutherland	2:40.75	7
2 Chubak, Kylie	12	Ecole Okotoks Junior High	2:40.88	5
3 Van Zyl, Jhana	12	Strathcona-Tweedsmuir School	2:48.48	4
4 Wilson, Olivia	12	CMJH Cougars	2:50.19	3
5 Casey, Shayna	12	Meadowbrook	2:50.38	2
6 Turner, Madison	12	Cremona	2:54.54	1
7 Pryor, Essie	12	Prairie Christian Academy	2:57.17	
8 Haller, Angela	12	Three Hills	3:03.16	
9 Schelske, Kirsten	12	Bassano	3:04.63	
10 Frith, Kayleigh	12	Muriel Clayton Middle	3:06.47	
11 Hill, Jessica	10	Lawrence Grassi Middle School	3:07.50	
12 Thompson, Ellie	11	Lawrence Grassi Middle School	3:07.51	
13 Mobor, Ayen	12	Brooks Junior High School	3:14.26	
14 Labelle, Isabelle	12	CMJH Cougars	3:20.47	

Girls 1500 Meter Run Grade 7

Name	Age	School	Finals	Points
Finals				
1 Chubak, Kylie	12	Ecole Okotoks Junior High	5:33.69	7
2 Murphy, Mikaela	12	Mitford School	5:40.61	5
3 Mackenzie, Teagan	12	St. John Paul II Collegiate	5:45.18	4
4 Streeter, Paige	12	Airdrie Middle	5:48.83	3
5 Gingrich, Kendal	12	Westglen School	6:05.83	2
6 Beekman, Sophie	12	Holy Cross	6:09.97	1
7 Grobbelaar, Blanca	12	Christ the King Academy Jr Hig	6:33.85	
8 Powderface, Teysha	11	Exshaw School	6:54.58	
9 Cooke, Chanelle	11	Trinity Christian Academy	7:03.52	
10 VanGinkel, Daisy	11	Dr. Elliott School	7:22.52	
11 Kuss, Zoe	11	Dr. Elliott School	7:44.23	

Girls 3000 Meter Run Grade 7

Name	Age	School	Finals	Points
Finals				
1 Rice, Kennedy	12	Muriel Clayton Middle	12:17.81	7

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Girls 3000 Meter Run Grade 7)**

	Name	Age	School	Finals	Points
2	Clarke, Makenna	12	Airdrie Middle	12:40.24	5
3	Doyle, Bryn	12	St. John Paull II Collegiate	13:04.60	4
4	Grobbelaar, Blanca	12	Christ the King Academy Jr Hig	13:54.87	3
5	Sader, Laura	11	CMJH Cougars	14:08.23	2
6	Beekman, Sophie	12	Holy Cross	14:58.50	1
7	Harper-Hamilton, Anna	12	Olds Koinonia	14:59.56	
8	Bateman, Mckenzie	12	Brooks Junior High School	16:21.07	

Girls 80 Meter Hurdles 78cm 30" 8m Grade 7

	Name	Age	School	Finals	H#	Points
Finals						
1	Wozniewicz, Sarah	12	Mitford School	14.99	2	7
2	Leger, Chanel	12	Strathcona-Tweedsmuir School	15.14	1	5
3	Hiebert, Payton	12	Ecole Okotoks Junior High	15.45	2	4
4	Mearns, Rylie	12	River Valley School	15.50	1	3
5	Armstrong, Emily	12	Cremona	15.88	2	2
6	Scurfield, Krista	11	Lawrence Grassi Middle School	15.92	1	1
7	Yawney, Kyla	10	Banff Community High	16.00	2	
8	McLean, Aleigha	12	Three Hills	16.28	2	
9	Rajotte, Hannah	12	Springbank Middle	16.39	1	
10	Riley, Ashlyn	12	CMJH Cougars	16.43	1	
11	Peters, Jillian	12	Dr. Elliott School	16.51	1	
12	Schaffer, Laurel	12	Bassano	16.87	2	
13	Jodion, Savannah	11	Standard	17.08	1	
14	Lusumbya, Sipora	12	Brooks Junior High School	17.12	2	

Girls 4x100 Meter Relay Grade 7

	Team	Relay	Finals	H#	Points
Finals					
1	St. John Paull II Collegiate		56.35	2	7
2	Bearspaw		58.40	1	5
3	Deer Meadow School		58.83	2	4
4	Westglen School		59.72	2	3
5	Springbank Middle		1:00.31	2	2
6	CMJH Cougars		1:00.41	1	1
7	Christ the King Academy Jr Hig		1:01.32	1	
8	Three Hills		1:01.83	1	
9	Lawrence Grassi Middle School	B	1:01.87	2	
10	Dr. Elliott School		1:02.40	2	
11	Banff Community High	B	1:03.67	2	

Girls High Jump Grade 7

	Name	Age	School	Finals	Points
Finals					
1	Breeze, Sydney	12	St. John Paull II Collegiate	1.46m	7
2	Pedersen, Alex	12	River Valley School	1.43m	5
3	Zinck, Sara	12	C. W. Perry School	J1.43m	4
4	Lund, Alysa	12	River Valley School	1.35m	3
5	Lammle, Brenna	11	Three Hills	1.30m	2
6	Capel, Amelia	11	Banff Community High	J1.30m	1

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Results**Finals ... (Girls High Jump Grade 7)**

Name	Age	School	Finals	Points
7 Friesen, Tina	12	Rosemary School	J1.30m	
8 Sutherland, Caitlyn	12	Banded Peak	J1.30m	
9 Want, Victoria	12	Westmount School	1.25m	
9 Maizy, Butkiewicz	12	Rolling Hills Rattlers	1.25m	
11 Van Bussel, Emma	12	CMJH Cougars	J1.25m	
12 Lepper, Annie	11	Lawrence Grassi Middle School	1.20m	
12 Mitton, Jenika	12	CMJH Cougars	1.20m	
14 Frere, Sydnee	11	Trochu Valley	1.15m	

Girls Long Jump Grade 7

Name	Age	School	Finals	Points
Finals				
1 Zinck, Sara	12	C. W. Perry School	4.40m	7
2 Shephard, Sophia	12	Strathcona-Tweedsmuir School	4.19m	5
3 Stiel, Holland	12	St. John Paul II Collegiate	3.99m	4
4 Beblow, MacKenzie	12	Brooks Junior High School	3.96m	3
5 McLean, Aleigha	12	Three Hills	3.95m	2
6 Ackerman, Jeana	12	Three Hills	3.76m	1
7 French, Lauren	12	River Valley School	3.70m	
8 Vega, Isabel	12	Chestermere Lake	3.64m	
9 Daunheimer, Deity	12	Westglen School	3.60m	
9 Cooke, Chanelle	11	Trinity Christian Academy	3.60m	
11 Running Rabbit, Sage	11	CMJH Cougars	3.50m	
12 Hill, Jessica	10	Lawrence Grassi Middle School	3.07m	
13 Young, Teagen	11	Lawrence Grassi Middle School	2.89m	

Girls Triple Jump Grade 7

Name	Age	School	Finals	Points
Finals				
1 Lund, Alysa	12	River Valley School	8.91m	7
2 Bishop, Larissa	12	Ecole Senator Riley School	8.86m	5
3 Smith, Chara	11	Millarville	8.78m	4
4 Huebner, Caelyn	12	C. W. Perry School	8.77m	3
5 Frampton, Kerigan	12	Springbank Middle	8.20m	2
6 Hodgson, Gracie	12	Deer Meadow School	8.08m	1
7 Yellowfly, Thelma	11	CMJH Cougars	7.75m	
8 Stockwood, Kendal	12	Three Hills	7.61m	
9 Lusumbya, Sipora	12	Brooks Junior High School	7.60m	
10 Pietrobono, Krista	12	CMJH Cougars	7.07m	
11 Hamm, Megan	12	Three Hills	6.57m	

Girls Shot Put 3 kg Grade 7

Name	Age	School	Finals	Points
Finals				
1 Wozniewicz, Sarah	12	Mitford School	9.51m	7
2 Eling, Haylin	12	Olds Koinonia	8.43m	5
3 Stockwood, Kendal	12	Three Hills	8.10m	4
4 Marion, Alaysia	12	Meadowbrook	8.07m	3
5 Fiset-Hofer, Cali	11	Brooks Junior High School	8.01m	2
6 Johns, Isobelle	12	Strathcona-Tweedsmuir School	7.99m	1

2016 South Central Zone Junior High - 2016-05-31

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Results**Finals ... (Girls Shot Put 3 kg Grade 7)**

Name	Age	School	Finals	Points
7 Scott, Shayla	12	Cremona	7.72m	
8 Relitz, Dallas	12	Blackie School Bulldogs	7.48m	
9 Lovig, Kamaya	12	CMJH Cougars	7.04m	
10 Dirks, Lauryn	12	CMJH Cougars	7.03m	
11 Lusumbya, Sipora	12	Brooks Junior High School	7.02m	
12 Moulten, Ashley	12	Dr. Elliott School	6.86m	
--- Holloway, Durell	11	Exshaw School	FOUL	

Girls Discus Throw 1 kg Grade 7

Name	Age	School	Finals	Points
Finals				
1 Fiset-Hofer, Cali	11	Brooks Junior High School	22.32m	7
2 Massick, Emma	12	Brooks Junior High School	22.23m	5
3 Zelez, Fiona	12	Strathcona-Tweedsmuir School	20.16m	4
4 Dirks, Lauryn	12	CMJH Cougars	19.48m	3
5 Reeve, Ellie	12	Ecole Okotoks Junior High	18.70m	2
6 Steadman, Sage	12	CMJH Cougars	18.10m	1
7 Sales, Samra	12	C. W. Perry School	17.26m	
8 Lashmore, Kaidence	12	Cremona	16.20m	
9 Gustafson, Taylor	12	Three Hills	15.51m	
10 Ogden, Kierra	12	River Valley School	14.30m	
11 Nakamura-Denton, Aiko	11	Lawrence Grassi Middle School	13.62m	
12 Haller, Angela	12	Three Hills	12.49m	

Girls Javelin Throw 500g Grade 7

Name	Age	School	Finals	Points
Finals				
1 Hubbard, Madeline	11	St. John Paull II Collegiate	24.11m	7
2 Fiset-Hofer, Cali	11	Brooks Junior High School	20.79m	5
3 Turner, Madison	12	Cremona	20.54m	4
4 Gustafson, Taylor	12	Three Hills	20.37m	3
5 Haller, Angela	12	Three Hills	20.25m	2
6 Wriker, Micah	12	River Valley School	19.04m	1
7 Obina, Erica	12	Christ the King Academy Jr Hig	16.72m	
8 Rustulka, Lauren	12	Airdrie Footprints for Learnin	15.01m	
9 Tanton, Hayley	11	Holy Cross	14.26m	
--- Ying, Janet	13	Holy Cross	FOUL	
--- Matthews, Jordyn	12	Ecole Okotoks Junior High	FOUL	
--- Holloway, Durell	11	Exshaw School	FOUL	

Girls 100 Meter Dash Grade 8

Name	Age	School	Prelims	H#
Preliminaries				
1 Kranjcec, Olivia	13	St. John Paull II Collegiate	13.62 Q	1
2 Ostafichuk, Emily	13	St. John Paull II Collegiate	13.81 Q	2
3 Brown, Tori	13	Chestermere Lake	13.90 Q	2
4 Luijckx, Olivia	13	Three Hills	13.98 Q	1
5 Brinson, Tristen	13	Airdrie Middle	13.99 q	1
6 McIntyre, Isabella	13	CMJH Cougars	14.29 q	2
7 Mrowil, Josephine	13	Christ the King Academy Jr Hig	14.59 q	2

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Preliminaries ... (Girls 100 Meter Dash Grade 8)**

Name	Age	School	Prelims	H#
8 Tyson, Madison	13	Deer Meadow School	14.63 q	1
9 Moore, Megan	12	River Valley School	14.66	1
10 Wade, Edan	13	Dr. Elliott School	14.70	2
11 Fritz, Nicole	12	Duchess	14.73	1
12 Sellers, Kjirsti	12	Lawrence Grassi Middle School	14.78	2
13 Funk, Natalie	13	CMJH Cougars	14.90	2
14 Champagne, Dylan	11	Lawrence Grassi Middle School	15.48	1

Girls 100 Meter Dash Grade 8

Name	Age	School	Finals	Points
Finals				
1 Kranjcec, Olivia	13	St. John Paull II Collegiate	13.46	7
2 Ostafichuk, Emily	13	St. John Paull II Collegiate	13.68	5
3 Brown, Tori	13	Chestermere Lake	13.85	4
4 Luijckx, Olivia	13	Three Hills	14.01	3
5 Brinson, Tristen	13	Airdrie Middle	14.10	2
6 McIntyre, Isabella	13	CMJH Cougars	14.13	1
7 Mrowil, Josephine	13	Christ the King Academy Jr Hig	14.26	
8 Tyson, Madison	13	Deer Meadow School	14.90	

Girls 200 Meter Dash Grade 8

Name	Age	School	Finals	H#	Points
Finals					
1 Cameron, Jaeden	13	Deer Meadow School	27.88	2	7
2 Kranjcec, Olivia	13	St. John Paull II Collegiate	28.30	1	5
3 Brown, Tori	13	Chestermere Lake	29.03	2	4
4 Mrowil, Josephine	13	Christ the King Academy Jr Hig	29.60	1	3
5 Loh, Madison	13	Springbank Middle	29.94	2	2
6 Frasz, Camryn	13	Christ the King Academy Jr Hig	30.14	2	1
7 Kennie, Erika	13	Ecole Okotoks Junior High	30.53	2	
8 Lawal, Joy	10	CMJH Cougars	30.69	1	
9 Norrie, Dylan	12	Deer Meadow School	31.12	2	
10 Drover, Katie	13	CMJH Cougars	31.28	1	
11 Scurfield, Annika	13	Lawrence Grassi Middle School	31.61	2	
12 Penner, Daniela	13	Prairie Christian Academy	32.92	1	
13 Otegbade, Demicoluwa	13	Drumheller	32.94	1	
14 Hurry, Kiera	13	Lawrence Grassi Middle School	33.73	1	

Girls 400 Meter Dash Grade 8

Name	Age	School	Finals	H#	Points
Finals					
1 Kranjcec, Olivia	13	St. John Paull II Collegiate	1:05.10	1	7
2 Frasz, Camryn	13	Christ the King Academy Jr Hig	1:06.02	2	5
3 Deichert, Payton	13	C. W. Perry School	1:08.22	1	4
4 Pierce, Jocelyn	13	Meadowbrook	1:09.44	1	3
5 Lubarsky, Lauryn	13	Strathcona-Tweedsmuir School	1:09.48	2	2
6 Drover, Katie	13	CMJH Cougars	1:10.21	2	1
7 MacInnis, Annabelle	13	Holy Cross	1:10.58	1	
8 Young, Harlee	12	Bassano	1:10.80	2	
9 Scurfield, Annika	13	Lawrence Grassi Middle School	1:11.96	1	

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Girls 400 Meter Dash Grade 8)**

Name	Age	School	Finals	H#	Points
10 Uittenbogerd, Kelsey	13	Dr. Elliott School	1:13.14	2	
11 Hornbrook, Amber	12	Westglen School	1:17.18	2	
12 Fox, Madison	13	Dr. Elliott School	1:18.84	2	
13 Schaber, Elise	12	Deer Meadow School	1:20.28	2	
14 Rist, Geri	13	Oyen Public School	1:23.57	1	
15 Hutchison, Georgia	13	Lawrence Grassi Middle School	1:23.95	1	

Girls 800 Meter Run Grade 8

Name	Age	School	Finals	Points
Finals				
1 Tanner, Jayden	12	Red Deer Lake	2:41.06	7
2 Averil, Kiana	13	Springbank Middle	2:43.85	5
3 Pierce, Jocelyn	13	Meadowbrook	2:48.85	4
4 Berlinguette, Keltie	12	Notre Dame Collegiate High Riv	2:52.42	3
5 Molnar, Cheldynn	11	CMJH Cougars	2:56.76	2
6 Young, Harlee	12	Bassano	3:00.17	1
7 Snyder, Sydney	13	Westglen School	3:08.84	
8 Webster, Jaiden	13	Lawrence Grassi Middle School	3:09.73	
9 Breaker, Tessa	12	Exshaw School	3:17.43	
10 Bogusky, Reagan	13	CMJH Cougars	3:17.53	
11 Sawyer, Cassidy	13	Dr. Elliott School	3:20.55	
12 Jee, Seo Young	13	Prairie Christian Academy	4:01.39	

Girls 1500 Meter Run Grade 8

Name	Age	School	Finals	Points
Finals				
1 Tanner, Jayden	12	Red Deer Lake	5:34.64	7
2 Howell, Sophia	13	Muriel Clayton Middle	5:37.63	5
3 Fish, Maya	13	Lawrence Grassi Middle School	5:42.93	4
4 Pierce, Jocelyn	13	Meadowbrook	5:44.57	3
5 Lubarsky, Lauryn	13	Strathcona-Tweedsmuir School	5:47.88	2
6 Wade, Gabi	13	Dr. Elliott School	5:55.81	1
7 Martinez, Emily	13	Deer Meadow School	5:58.42	
8 Good Eagle, Tali Jeh	13	Bassano	6:04.82	
9 Henderson, Marike	12	Lawrence Grassi Middle School	6:12.36	
10 Penner, Talia	13	Westglen School	7:03.83	
11 Sawyer, Cassidy	13	Dr. Elliott School	7:05.03	
12 MacInnis, Annabelle	13	Holy Cross	7:08.52	
13 Cook, Isabel	11	CMJH Cougars	7:09.90	

Girls 3000 Meter Run Grade 8

Name	Age	School	Finals	Points
Finals				
1 Fish, Maya	13	Lawrence Grassi Middle School	12:07.47	7
2 Neufeld, MacKenzie	13	St. John Paul II Collegiate	12:26.94	5
3 Cinnamon, Zoe	13	Ecole Manachaban Middle School	12:50.66	4
4 Marion, Ella	13	Springbank Middle	12:56.38	3
5 Good Eagle, Tali Jeh	13	Bassano	13:15.27	2
6 Cunniam, Erika	12	Ecole Senator Riley School	13:40.80	1
7 Hutchison, Georgia	13	Lawrence Grassi Middle School	14:20.70	

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Girls 3000 Meter Run Grade 8)**

	Name	Age	School	Finals	Points
8	Rist, Geri	13	Oyen Public School	14:42.70	
9	Falk, Dyna	12	Olds Koinonia	15:00.78	
10	Akbar, Suhanna	12	Brooks Junior High School	16:35.08	

Girls 80 Meter Hurdles 78cm 30" 8m Grade 8

	Name	Age	School	Finals	H#	Points
Finals						
1	Frasz, Camryn	13	Christ the King Academy Jr Hig	14.32	1	7
2	Matheson, Alex	13	Ecole Manachaban Middle School	14.68	2	5
3	Mrowil, Josephine	13	Christ the King Academy Jr Hig	14.76	2	4
4	Ross, Kendra	13	River Valley School	16.01	2	3
5	Millard, Thalia	13	River Valley School	16.17	1	2
6	Setzer-McKee, Charlotte	11	Lawrence Grassi Middle School	16.26	1	1
7	Molnar, Cheldynn	11	CMJH Cougars	16.32	1	
8	Olson, Ainsley	12	CMJH Cougars	16.35	1	
9	Leischner, Hannah	13	Trochu Valley	17.14	1	
10	Grant, Courtenay	12	Lawrence Grassi Middle School	17.25	2	
11	Park, Hayden	13	Three Hills	17.56	2	
12	Cruikshank, Morgan	13	Cayley	17.75	2	
13	Edoho, Deborah	13	Muriel Clayton Middle	21.52	1	
---	Vandale, Delaney	12	Heritage Heights	DQ	2	

Girls 4x100 Meter Relay Grade 8

	Team	Relay	Finals	H#	Points
Finals					
1	St. John Paull II Collegiate		54.12	1	7
2	Deer Meadow School		55.63	2	5
3	Airdrie Middle		55.90	2	4
4	Ecole Manachaban Middle School		56.03	1	3
5	Christ the King Academy Jr Hig		57.03	2	2
6	CMJH Cougars		58.59	2	1
7	Three Hills		58.75	2	
8	Westglen School		58.82	2	
9	Dr. Elliott School		59.53	1	
10	Lawrence Grassi Middle School	D	1:00.62	1	
11	Lawrence Grassi Middle School	B	1:03.05	1	
---	Duchess		DQ	1	

Girls High Jump Grade 8

	Name	Age	School	Finals	Points
Finals					
1	Ross, Kendra	13	River Valley School	1.43m	7
2	Funk, Natalie	13	CMJH Cougars	J1.43m	5
3	Bushfield, Diana	13	Airdrie Middle	1.35m	4
4	Kornelsen, Jocelyn	13	Olds Koinonia	J1.35m	2.50
4	Mitchell, Amanda	13	Ecole Okotoks Junior High	J1.35m	2.50
6	Mercardo, Leejhan	13	Three Hills	1.30m	1
7	Matheson, Alex	13	Ecole Manachaban Middle School	J1.30m	
8	Neilson, Payton	13	Red Deer Lake	J1.30m	
9	Morgan-Smith, Khara	11	Lawrence Grassi Middle School	J1.30m	

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Girls High Jump Grade 8)**

Name	Age	School	Finals	Points
10 Bates, Avery	12	Dr. Elliott School	1.25m	
10 Peterson, Aaliyah	12	Christ the King Academy Jr Hig	1.25m	
10 McCreadie, Ashley	13	CMJH Cougars	1.25m	
13 Setzer-McKee, Charlotte	11	Lawrence Grassi Middle School	1.20m	
--- Rist, Geri	13	Oyen Public School	NH	

Girls Long Jump Grade 8

Name	Age	School	Finals	Points
Finals				
1 Luijckx, Olivia	13	Three Hills	4.67m	7
2 Lavoie, Leana	12	St. John Paull II Collegiate	4.37m	5
3 Galler, Luca	13	Muriel Clayton Middle	4.34m	4
4 Cameron, Jaeden	13	Deer Meadow School	4.33m	3
5 Mertens, Lauren	12	Deer Meadow School	4.16m	2
6 Csuka, Katie	13	C. W. Perry School	4.14m	1
7 Custead, Payden	13	Dr. Elliott School	4.04m	
8 Frasz, Camryn	13	Christ the King Academy Jr Hig	3.99m	
8 Olson, Ainsley	12	CMJH Cougars	3.99m	
10 Melnechenko, Mayla	13	Ecole Okotoks Junior High	3.98m	
11 Funk, Natalie	13	CMJH Cougars	3.97m	
12 Olivier, Erin	13	Duchess	3.86m	

Girls Triple Jump Grade 8

Name	Age	School	Finals	Points
Finals				
1 Matheson, Alex	13	Ecole Manachaban Middle School	9.89m	7
2 Mrowil, Josephine	13	Christ the King Academy Jr Hig	9.46m	5
3 Neilson, Payton	13	Red Deer Lake	9.34m	4
4 Funk, Natalie	13	CMJH Cougars	8.98m	3
5 Bates, Avery	12	Dr. Elliott School	8.91m	2
6 Milliken-Smith, Sierra	13	St. John Paull II Collegiate	8.78m	1
7 Wade, Gabi	13	Dr. Elliott School	8.57m	
8 Olson, Ainsley	12	CMJH Cougars	8.49m	
9 Osika, Abby	13	Airdrie Middle	8.40m	
10 Ross, Kendra	13	River Valley School	8.39m	
11 Frisk, Rebekah	13	Hugh Sutherland	8.37m	
12 Peterson, Aaliyah	12	Christ the King Academy Jr Hig	7.77m	

Girls Shot Put 3 kg Grade 8

Name	Age	School	Finals	Points
Finals				
1 Custead, Payden	13	Dr. Elliott School	9.73m	7
2 Wade, Edan	13	Dr. Elliott School	9.27m	5
3 Nyhus, Brooklyn	13	Bearspaw	8.86m	4
4 Collins, Claudia	13	Ecole Manachaban Middle School	8.63m	2.50
4 Hunt, Chloe	13	Brooks Junior High School	8.63m	2.50
6 Hillis, Rebecca	13	Trinity Christian Academy	8.38m	1
7 Snyder, Sydney	13	Westglen School	8.19m	
8 Rich, Scout	12	Cayley	8.18m	
9 Akintola, Oyin	12	Strathcona-Tweedsmuir School	8.09m	

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Girls Shot Put 3 kg Grade 8)**

	Name	Age	School	Finals	Points
10	Tyson, Madison	13	Deer Meadow School	7.96m	
11	Vikedal, Quinn	13	Duchess	7.05m	
12	Ryder, AasiaLee	12	Exshaw School	6.72m	
13	Downer, Danisen	12	Lawrence Grassi Middle School	6.11m	

Girls Discus Throw 1 kg Grade 8

	Name	Age	School	Finals	Points
Finals					
1	VanBavel, Tori	13	Carbon	26.12m	7
2	Wiebe, Sara	13	Heritage Heights	23.68m	5
3	Wade, Edan	13	Dr. Elliott School	22.86m	4
4	Wilson, Chanelle	13	Chestermere Lake	22.64m	3
5	Campbell, Elizabeth	13	St. John Paull II Collegiate	20.32m	2
6	Johnson, Grace	13	Westglen School	19.31m	1
7	Fryberger, Falyn	13	Berry Creek	18.81m	
8	Duck Chief, Saydee	13	Bassano	17.91m	
9	Davidson, Hayley	13	Ecole Manachaban Middle School	17.69m	
10	Beekman, Maia	13	Holy Cross	17.16m	
11	McCreadie, Ashley	13	CMJH Cougars	16.39m	
12	Knipe, Sophie	13	Westglen School	15.38m	
13	Morgan-Smith, Khara	11	Lawrence Grassi Middle School	14.94m	
14	Downer, Danisen	12	Lawrence Grassi Middle School	12.42m	

Girls Javelin Throw 500g Grade 8

	Name	Age	School	Finals	Points
Finals					
1	VanBavel, Tori	13	Carbon	26.81m	7
2	Kassidy, Molcak	13	Red Deer Lake	26.18m	5
3	Wiebe, Sara	13	Heritage Heights	25.44m	4
4	Hnatiuk, Madison	13	Duchess	25.11m	3
5	Presley, Jenna	12	Brooks Junior High School	24.20m	2
6	Ross, Kendra	13	River Valley School	21.42m	1
7	Oates, Brae-Ann	13	Oyen Public School	19.55m	
8	Allary, Madeline	13	Holy Cross	18.65m	
9	McDonald, Aiden	13	Hugh Sutherland	17.74m	
10	Nygaard, Natalia	13	Three Hills	16.37m	
11	Ryder, AasiaLee	12	Exshaw School	16.16m	

Girls 100 Meter Dash Grade 9

	Name	Age	School	Prelims	H#
Preliminaries					
1	Sylvester, Rachel	14	St. John Paull II Collegiate	13.50 Q	2
2	Sprague, Sawyer	13	St. John Paull II Collegiate	13.59 Q	1
3	Hartzler, Abi	14	Hugh Sutherland	13.79 Q	2
4	Caskey, Michaelin	13	Olds	13.81 Q	1
5	Whyte, Lyla	13	Langdon	13.87 q	2
6	Iwanegbe, Esosa	13	St Joseph's Collegiate, Brooks	13.94 q	2
7	Mulongo, Priscila	15	St Joseph's Collegiate, Brooks	14.01 q	1
8	Sutherland, Hailey	14	CMJH Cougars	14.15 q	2
9	Alford, Paige	14	Cochrane	14.47	1

2016 South Central Zone Junior High - 2016-05-31

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Results**Preliminaries ... (Girls 100 Meter Dash Grade 9)**

Name	Age	School	Prelims	H#
10 Brown, Talysa	14	Dr. Elliott School	14.63	1
11 Fuller, Deslynn	14	Dr. Elliott School	14.71	2
12 O'Keefe, Alicia	12	CMJH Cougars	14.92	2
13 Harrison, Megan	13	Oyen Public School	15.35	2
14 Messier, Fiona	13	Canmore Collegiate	15.72	1
15 Loose, Faith	14	Warren Peers School	16.91	1

Girls 100 Meter Dash Grade 9

Name	Age	School	Finals	Points
Finals				
1 Sylvester, Rachel	14	St. John Paul II Collegiate	13.38	7
2 Sprague, Sawyer	13	St. John Paul II Collegiate	13.39	5
3 Caskey, Michaelin	13	Olds	13.53	4
4 Hartzler, Abi	14	Hugh Sutherland	13.60	3
5 Mulongo, Priscila	15	St Joseph's Collegiate, Brooks	13.64	2
6 Whyte, Lyla	13	Langdon	13.84	1
7 Iwanegbe, Esosa	13	St Joseph's Collegiate, Brooks	13.99	
8 Sutherland, Hailey	14	CMJH Cougars	14.21	

Girls 200 Meter Dash Grade 9

Name	Age	School	Finals	H#	Points
Finals					
1 Sylvester, Rachel	14	St. John Paul II Collegiate	27.51	2	7
2 Hartzler, Abi	14	Hugh Sutherland	28.13	2	5
3 Caskey, Michaelin	13	Olds	28.39	1	4
4 Goertzen, Taylor	14	W. H. Croxford High	28.74	2	3
5 Sugiyama, Katie	14	Strathcona-Tweedsmuir School	28.87	1	2
6 Hazelwood Al-Alimi, Rachel	14	St Joseph's Collegiate, Brooks	29.23	1	1
7 Alfred, Shanice	14	W. H. Croxford High	29.44	1	
8 Niznik, Kate	14	Brooks Junior High School	29.99	2	
9 Stinson, Renee	14	Holy Cross	31.27	2	
10 Branson, Samantha	13	Prairie Christian Academy	32.31	1	
11 Messier, Fiona	13	Canmore Collegiate	33.65	2	
12 Manning, Sarah	14	Three Hills	34.76	1	

Girls 400 Meter Dash Grade 9

Name	Age	School	Finals	H#	Points
Finals					
1 Rajah, Sam	14	W. H. Croxford High	1:01.87	1	7
2 Sylvester, Rachel	14	St. John Paul II Collegiate	1:03.67	1	5
3 Goertzen, Taylor	14	W. H. Croxford High	1:03.70	1	4
4 Hoppins, Emma	14	Olds	1:09.10	2	3
5 Kuek, Jima	14	Brooks Junior High School	1:09.26	1	2
6 Weiss, Rachael	13	Sundre	1:11.34	2	1
7 Nabess, Maddi	14	Bassano	1:11.93	2	
8 Pedersen, Victoria	14	Holy Cross	1:12.38	2	
9 Shiner, Josey	14	CMJH Cougars	1:16.08	2	
10 Cullum, Madison	14	Prairie Christian Academy	1:19.00	1	
11 Holloway, Angelina	13	Exshaw School	1:20.88	2	
12 Fawibe, Rachael	13	Drumheller	1:26.70	2	

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Results**Girls 800 Meter Run Grade 9**

Name	Age	School	Finals	Points
Finals				
1 Rajah, Sam	14	W. H. Croxford High	2:30.41	7
2 Hale, Morgan	14	Bassano	2:35.07	5
3 Inglis, Teghan	14	St. John Paul II Collegiate	2:35.52	4
4 Mundy, Lucy	14	St. John Paul II Collegiate	2:37.47	3
5 Gumpinger, Taryn	14	Airdrie Francophone	2:44.20	2
6 Hoppins, Emma	14	Olds	2:53.26	1
7 Goacher, Darcey	14	Sundre	3:01.44	
8 Cullum, Madison	14	Prairie Christian Academy	3:04.69	
9 Hampson, Kennedy	14	CMJH Cougars	3:13.52	
10 Maxwell, Alyssa	14	Brooks Junior High School	3:19.57	
11 Peace Maker, Catherine	14	CMJH Cougars	3:21.75	

Girls 1500 Meter Run Grade 9

Name	Age	School	Finals	Points
Finals				
1 Bouchard, Rosie	14	Ecole Okotoks Junior High	5:19.54	7
2 Inglis, Teghan	14	St. John Paul II Collegiate	5:25.01	5
3 Hale, Morgan	14	Bassano	5:42.59	4
4 Fisher, Holly	14	Sundre	5:49.39	3
5 Miller, Amy	14	Bow Valley High	5:57.73	2
6 Martens, Jessica	14	Cochrane	6:00.41	1
7 Melendy, Breanna	13	Brooks Junior High School	6:33.47	
8 Shiner, Josey	14	CMJH Cougars	6:42.25	
9 Varga, Dani	14	Three Hills	7:15.52	

Girls 3000 Meter Run Grade 9

Name	Age	School	Finals	Points
Finals				
1 Bouchard, Rosie	14	Ecole Okotoks Junior High	11:13.76	7
2 Hale, Morgan	14	Bassano	11:55.26	5
3 Miller, Amy	14	Bow Valley High	12:03.47	4
4 Fisher, Holly	14	Sundre	12:14.41	3
5 Martens, Jessica	14	Cochrane	12:14.59	2
6 Rabie, Zasha	13	Strathcona-Tweedsmuir School	12:33.08	1
7 Bradford, Casey	14	Brooks Junior High School	15:01.15	

Girls 80 Meter Hurdles 78cm 30" 8m Grade 9

Name	Age	School	Finals	H#	Points
Finals					
1 Alexander, Kiara	14	Cochrane	13.09	2	7
2 Iwanegbe, Esosa	13	St Joseph's Collegiate, Brooks	14.06	2	5
3 Zeller, Jenna	14	Heritage Heights	14.44	2	4
4 Kellogg, Jazmyn	14	Ecole Okotoks Junior High	14.47	1	3
5 Goertzen, Taylor	14	W. H. Croxford High	14.68	1	2
6 Doble, Elyse	14	CMJH Cougars	15.27	1	1
7 Brown, Talysa	14	Dr. Elliott School	15.95	1	
8 Fuller, Deslynn	14	Dr. Elliott School	16.48	1	
9 Blades, Mckenna	14	CMJH Cougars	16.52	2	
10 Hartzler, Abi	14	Hugh Sutherland	17.14	2	

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Results**Finals ... (Girls 80 Meter Hurdles 78cm 30" 8m Grade 9)**

Name	Age	School	Finals	H#	Points
11 Hamilton, Kaylyn	14	Sundre	17.58	1	

Girls 4x100 Meter Relay Grade 9

Team	Relay	Finals	H#	Points
Finals				
1 St. John Paull II Collegiate		52.59	1	7
2 St Joseph's Collegiate, Brooks		55.59	2	5
3 George McDougall		56.12	1	4
4 Rosemary School		56.78	1	3
5 Holy Cross		57.56	1	2
6 Three Hills		1:00.05	2	1
7 Carbon		1:00.53	2	
8 Cremona		1:00.60	2	

Girls 4x400 Meter Relay Open Grade 9

Team	Relay	Finals	Points
Finals			
1 St. John Paull II Collegiate		4:39.18	7
2 W. H. Croxford High		4:42.18	5
3 Cochrane		4:53.78	4
4 Bassano		4:58.13	3
5 Olds		5:06.22	2
6 Lawrence Grassi Middle School		5:07.43	1
7 Westglen School		5:25.10	
8 Lawrence Grassi Middle School	B	5:29.62	

Girls High Jump Grade 9

Name	Age	School	Finals	Points
Finals				
1 Alexander, Kiara	14	Cochrane	1.48m	7
2 Sleik, Ava	14	George McDougall	1.45m	5
3 Hall, Lola	14	Highwood High School	J1.45m	4
4 Hoppins, Stephanie	14	Trochu Valley	1.40m	3
5 Doktor, Brynn	14	Strathcona-Tweedsmuir School	J1.40m	2
6 Brown, Talysa	14	Dr. Elliott School	1.35m	1
7 Marr, Taylor	14	Warren Peers School	J1.35m	
8 Sewell, Dayna	14	Olds Koinonia	J1.35m	
9 Harris, Jamie	14	WG Murdoch	J1.35m	
10 Bay, Samantha	13	Sundre	1.30m	
10 Muller, Anzelle	14	St Joseph's Collegiate, Brooks	1.30m	
12 Dixon, Kalista	14	St Joseph's Collegiate, Brooks	1.25m	
13 Morgan-smith, Tehya	12	Canmore Collegiate	1.20m	
13 Messier, Fiona	13	Canmore Collegiate	1.20m	
--- Gagne, Victoria	12	CMJH Cougars	NH	

Girls Pole Vault Grade 9

Name	Age	School	Finals	Points
Finals				
1 Jacques, Angelique	14	Cochrane	1.70m	7
2 Kessler-Hargreaves, Georgia	14	Cochrane	1.55m	5
--- Gurthrie, Camryn	14	Cochrane	NH	

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Results**Girls Long Jump Grade 9**

Name	Age	School	Finals	Points
Finals				
1 Anderson, Hannah	14	Holy Cross	4.95m	7
2 Alexander, Kiara	14	Cochrane	4.91m	5
3 Brown, Talysa	14	Dr. Elliott School	4.56m	4
4 Alfred, Shanice	14	W. H. Croxford High	4.51m	3
5 Kellogg, Jazmyn	14	Ecole Okotoks Junior High	4.45m	2
6 Mulongo, Priscila	15	St Joseph's Collegiate, Brooks	4.41m	.50
6 Fraser, Sophie	14	Notre Dame Collegiate High Riv	4.41m	.50
8 Sherriffs, Mikayla	14	Cremona	4.32m	
9 Scott, Ashlyn	14	Cremona	3.90m	
10 Mousset, Steph	14	Rolling Hills Rattlers	3.82m	
11 Hoppins, Stephanie	14	Trochu Valley	3.46m	

Girls Triple Jump Grade 9

Name	Age	School	Finals	Points
Finals				
1 Iwanegbe, Esosa	13	St Joseph's Collegiate, Brooks	10.33m	7
2 Alexander, Kiara	14	Cochrane	10.18m	5
3 Anderson, Hannah	14	Holy Cross	10.07m	4
4 Alfred, Shanice	14	W. H. Croxford High	9.72m	3
5 Vidican, Jessica	14	St. John Paul II Collegiate	9.61m	2
6 Sprague, Sawyer	13	St. John Paul II Collegiate	9.55m	1
7 Caskey, Michaelin	13	Olds	8.68m	
8 Sewell, Dayna	14	Olds Koinonia	8.21m	
9 Sutherland, Hailey	14	CMJH Cougars	7.97m	
10 Griesser, Miriam	12	Canmore Collegiate	7.49m	
11 Williams, Skye	14	Prairie Christian Academy	6.55m	
12 Odyakmaz, Sena	12	Canmore Collegiate	6.48m	

Girls Shot Put 3 kg Grade 9

Name	Age	School	Finals	Points
Finals				
1 McLean, Isabel	15	Three Hills	9.85m	7
2 O'Keefe, Caitlyn	14	Brooks Junior High School	9.75m	5
3 Pender, Mackenzie	14	Ecole Okotoks Junior High	9.64m	4
4 Betinol, Kassy	14	Ecole Okotoks Junior High	9.60m	3
5 Marr, Taylor	14	Warren Peers School	9.37m	2
6 Oguntona, Kemmie	14	W. H. Croxford High	9.16m	1
7 Morgan-smith, Tehya	12	Canmore Collegiate	8.11m	
8 Laberee, Sydney	14	CMJH Cougars	8.10m	
9 Doble, Elyse	14	CMJH Cougars	8.08m	
10 Holthuis, Mikaela	13	Canmore Collegiate	7.61m	
11 Mann, Virginia	13	Prairie Christian Academy	7.54m	
12 Valentine, Kirstyn	14	Sundre	7.38m	
13 Macklin, Brooke	14	Sundre	7.13m	

Girls Discus Throw 1kg Grade 9

Name	Age	School	Finals	Points
Finals				
1 Dyck, Rachael	14	Rosemary School	26.17m	7

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Results**Finals ... (Girls Discus Throw 1kg Grade 9)**

Name	Age	School	Finals	Points
2 Sleik, Ava	14	George McDougall	24.95m	5
3 Fuller, Deslynn	14	Dr. Elliott School	22.33m	4
4 Drake, Kierra	14	Brooks Junior High School	21.93m	3
5 Hailey, Katelyn	14	Red Deer Lake	21.60m	2
6 Given, Hope	14	Holy Cross	20.81m	1
7 Wayne-Nixon, Gillian	13	Westmount School	20.44m	
8 Marr, Taylor	14	Warren Peers School	18.60m	
8 O'Keefe, Alicia	12	CMJH Cougars	18.60m	
10 Shorhen, Kalaya	14	Dr. Elliott School	17.54m	
11 Reid, Regan	14	Cremona	16.47m	
12 Morgan-smith, Tehya	12	Canmore Collegiate	16.24m	
13 Walton, Hannah	13	Canmore Collegiate	13.68m	

Girls Javelin Throw 500g Grade 9

Name	Age	School	Finals	Points
Finals				
1 Dyck, Rachael	14	Rosemary School	33.37m	7
2 Bianchini, Amy	14	Highwood High School	30.09m	5
3 Reid, Regan	14	Cremona	26.93m	4
4 Given, Hope	14	Holy Cross	25.92m	3
5 Muller, Anzelle	14	St Joseph's Collegiate, Brooks	24.86m	2
6 Fuller, Deslynn	14	Dr. Elliott School	23.49m	1
7 Doka, Reese	14	Three Hills	21.23m	
8 Holloway, Angelina	13	Exshaw School	20.86m	
9 Goss, Brielle	14	Oilfields High	20.27m	
10 Oguntona, Kemmie	14	W. H. Croxford High	19.01m	
11 Barnes, Samantha	14	Warren Peers School	18.96m	
12 Morgan-smith, Tehya	12	Canmore Collegiate	18.18m	
13 Armstrong, Emma	12	CMJH Cougars	17.80m	
14 Rieberger, Rachael	13	Olds Koinonia	17.24m	

Boys 100 Meter Dash Grade 7

Name	Age	School	Prelims	H#
Preliminaries				
1 Tychonick, Chris	12	Springbank Middle	13.08 Q	2
2 Toriola, Tope	11	Strathcona-Tweedsmuir School	13.23 Q	1
3 Armstrong, Craig	12	Kathryn	13.32 Q	1
4 Seitz, Quinton	12	Christ the King Academy Jr Hig	13.37 Q	2
5 Crook, Zack	12	Red Deer Lake	13.39 q	1
6 Rauhala, Chase	12	Westglen School	13.48 q	1
7 Stennes, Clayton	12	Jenner School	13.58 q	2
8 Hambleton, Cole	12	Trochu Valley	13.83 q	2
9 Codd, Chayton	12	Holy Cross	14.12	2
10 Kirk, Levi	12	Three Hills	14.15	1
11 Augustowich, Lawsen	12	River Valley School	14.28	2
12 Tower, Spencer	12	CMJH Cougars	14.47	1
13 Holthuis, Josh	11	Lawrence Grassi Middle School	15.16	1
14 Wickham, Cameron	10	Lawrence Grassi Middle School	16.45	2

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Results**Boys 100 Meter Dash Grade 7**

Name	Age	School	Finals	Points
Finals				
1 Tychonick, Chris	12	Springbank Middle	12.88	7
2 Crook, Zack	12	Red Deer Lake	13.07	5
3 Armstrtong, Craig	12	Kathyrn	13.11	4
4 Stennes, Clayton	12	Jenner School	13.31	3
5 Seitz, Quinton	12	Christ the King Academy Jr Hig	13.38	2
6 Rauhala, Chase	12	Westglen School	13.64	1
7 Hambleton, Cole	12	Trochu Valley	13.85	
--- Toriola, Tope	11	Strathcona-Tweedsmuir School	DQ	

Boys 200 Meter Dash Grade 7

Name	Age	School	Finals	H#	Points
Finals					
1 Tychonick, Chris	12	Springbank Middle	26.23	1	7
2 Toriola, Tope	11	Strathcona-Tweedsmuir School	26.83	2	5
3 Weder, Tag	12	Bearspaw	27.37	2	4
4 Rauhala, Kaleb	12	Westglen School	27.90	2	3
5 Portes, Aaron	12	Christ the King Academy Jr Hig	28.40	1	2
6 Ralph, Elias	11	St. John Paul II Collegiate	28.42	1	1
7 Mowat, Mason	12	Brooks Junior High School	28.69	1	
8 Dallman, Curtis	12	River Valley School	29.84	2	
9 Zandee, Tristan	11	CMJH Cougars	30.43	2	
10 Abasola, Zuriel	12	Trochu Valley	31.58	2	
11 Meyers, Eric	12	Holy Cross	31.62	1	
12 Wynette, Joshua	11	Prairie Christian Academy	35.30	1	

Boys 400 Meter Dash Grade 7

Name	Age	School	Finals	H#	Points
Finals					
1 Peloso, Michael	12	St. John Paul II Collegiate	1:01.85	2	7
2 Rauhala, Chase	12	Westglen School	1:02.98	1	5
3 Slaney, Keegan	12	Airdrie Middle	1:03.38	2	4
4 Mowat, Mason	12	Brooks Junior High School	1:03.59	2	3
5 Poffenroth, Connor	12	Red Deer Lake	1:05.53	2	2
6 Caicedo Medina, Alejandro	12	Christ the King Academy Jr Hig	1:06.25	1	1
7 Velho, Samuel	12	C. W. Perry School	1:07.22	1	
8 Hunt, Chase	12	Cremona	1:07.99	1	
9 Hampson, Bennett	12	CMJH Cougars	1:10.67	1	
10 Abasola, Zuriel	12	Trochu Valley	1:12.83	1	
11 Heysa, Riley	12	CMJH Cougars	1:13.46	2	
12 Cannings, Drisden	12	Three Hills	1:16.42	2	
13 Parent, Seb	11	Lawrence Grassi Middle School	1:20.50	1	

Boys 800 Meter Run Grade 7

Name	Age	School	Finals	Points
Finals				
1 Leask, Ryan	12	Westmount School	2:29.70	7
2 Brophy, Luke	12	C. W. Perry School	2:30.39	5
3 Peloso, Michael	12	St. John Paul II Collegiate	2:31.91	4
4 Yabut, Dence	12	Christ the King Academy Jr Hig	2:37.87	3

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Boys 800 Meter Run Grade 7)**

Name	Age	School	Finals	Points
5 Matiece, Ethan	12	Ecole Manachaban Middle School	2:39.09	2
6 Fenton, Bryce	12	Three Hills	2:44.78	1
7 Myram, Ryker	11	Cremona	2:46.73	
8 Good, Carsyn	12	Brooks Junior High School	2:48.73	
9 Schepella, Taylor	12	River Valley School	2:52.63	
10 Nelson, Jesse	12	CMJH Cougars	3:00.02	
11 Warrak, Ray	12	CMJH Cougars	3:02.67	
12 Van Doren, Noah	12	Three Hills	3:05.02	

Boys 1500 Meter Run Grade 7

Name	Age	School	Finals	Points
Finals				
1 Sunderji, Kiyan	12	Strathcona-Tweedsmuir School	4:59.98	7
2 McKeever, Xavier	11	Lawrence Grassi Middle School	5:07.89	5
3 Poffenroth, Connor	12	Red Deer Lake	5:22.79	4
4 Malsbury, Dawson	12	Muriel Clayton Middle	5:25.14	3
5 Gelinas, Cody	12	Deer Meadow School	5:33.63	2
6 Tinivez, Ethan	12	Airdrie Middle	5:36.49	1
7 Sok, Ravid	12	Brooks Junior High School	5:37.59	
8 Wolfe, Celeb	12	Prairie Christian Academy	5:41.35	
9 Arthur, Lachlan	12	Christ the King Academy Jr Hig	5:44.99	
10 Rilling, Jonathon	11	Trinity Christian Academy	5:48.23	
11 Yeamen, Gavin	12	Three Hills	6:01.92	
12 Ethan, Simpson	12	River Valley School	6:03.41	
13 Seeley, Kurtis	12	Holy Cross	6:13.76	

Boys 3000 Meter Run Grade 7

Name	Age	School	Finals	Points
Finals				
1 Sunderji, Kiyan	12	Strathcona-Tweedsmuir School	10:25.13	7
2 McKeever, Xavier	11	Lawrence Grassi Middle School	10:55.82	5
3 Kallechy, Logan	12	Brooks Junior High School	11:37.51	4
4 Northwood, Nicholas	12	Airdrie Middle	11:45.81	3
5 Zeer, Riley	12	Oilfields High	11:46.98	2
6 Sanderson, Jake	12	Springbank Middle	12:13.05	1
7 Arthur, Lachlan	12	Christ the King Academy Jr Hig	12:32.67	
8 Parent, Seb	11	Lawrence Grassi Middle School	12:41.28	
9 Schmidt, Jesse	12	Westglen School	12:48.45	
10 Thiessen, Ethan	12	Dr. Elliott School	13:22.52	
11 Szasz, Joseph	11	Holy Cross	13:41.86	

Boys 80 Meter Hurdles 78cm 30" 8m Grade 7

Name	Age	School	Finals	H#	Points
Finals					
1 Botha, Steffen	12	Ecole Okotoks Junior High	13.54	1	7
2 Jegen, Tyler	12	Strathcona-Tweedsmuir School	13.77	2	5
3 Dallman, Curtis	12	River Valley School	14.34	2	4
4 Remus-Aravelo, Tristan	12	C. W. Perry School	14.57	2	3
5 Oshanyk, Adam	12	Lawrence Grassi Middle School	14.85	1	2
6 Kirk, Levi	12	Three Hills	14.92	1	1

2016 South Central Zone Junior High - 2016-05-31

Foothills Athletic Park, Calgary, Alberta

Results**Finals ... (Boys 80 Meter Hurdles 78cm 30" 8m Grade 7)**

Name	Age	School	Finals	H#	Points
7 Servant, Cameron	12	Mitford School	15.13	1	
8 Cox, Colby	12	CMJH Cougars	15.54	1	
9 Leischner, Simon	12	Trochu Valley	16.08	2	
10 Clarke, Gabe	12	Bassano	16.15	2	
11 Stewart, Lachlan	12	CMJH Cougars	16.80	1	
12 Seitz, Quinton	12	Christ the King Academy Jr Hig	18.21	2	
13 Wilde, Lucas	12	Deer Meadow School	18.91	1	
--- Wickham, Cameron	10	Lawrence Grassi Middle School	DQ	2	

Boys 4x100 Meter Relay Grade 7

Team	Relay	Finals	H#	Points
Finals				
1 Strathcona-Tweedsmuir School		53.93	1	7
2 Christ the King Academy Jr Hig		54.37	1	5
3 Springbank Middle		55.11	2	4
4 Westglen School		55.34	1	3
5 Brooks Junior High School		56.12	1	2
6 Muriel Clayton Middle		56.49	1	1
7 CMJH Cougars		56.72	2	
8 Three Hills		57.78	1	
9 Cremona		1:01.50	2	
10 Dr. Elliott School		1:01.66	2	
11 Lawrence Grassi Middle School		1:04.12	2	

Boys High Jump Grade 7

Name	Age	School	Finals	Points
Finals				
1 Cramer, Eli	11	Westmount School	1.56m	7
2 Heesamuddeen, Shoaib	12	Chestermere Lake	1.53m	5
3 Riep, Simon	12	Three Hills	1.45m	4
4 Dallman, Curtis	12	River Valley School	J1.45m	3
5 Paul, Isaacc	12	Holy Trinity	1.40m	2
6 Weder, Tag	12	Bearspaw	1.35m	1
7 McQuillan, Mason	12	St. John Paul II Collegiate	J1.35m	
8 Yates, Clayton	12	CMJH Cougars	1.30m	
8 Easter, Charlie	12	Rosemary School	1.30m	
8 Ohlhauser, Gavin	12	Prairie Christian Academy	1.30m	
11 Zinkan, Rowan	11	Lawrence Grassi Middle School	1.25m	
11 Mills, Colin	11	Lawrence Grassi Middle School	1.25m	
--- Entz, Coy	11	Duchess	NH	

Boys Long Jump Grade 7

Name	Age	School	Finals	Points
Finals				
1 Sunderji, Kiyan	12	Strathcona-Tweedsmuir School	4.53m	7
2 Kirk, Levi	12	Three Hills	4.46m	5
3 Rauhala, Chase	12	Westglen School	4.44m	4
4 Botha, Steffen	12	Ecole Okotoks Junior High	4.43m	3
5 Remus-Aravelo, Tristan	12	C. W. Perry School	4.38m	2
6 Chita, Nathan	12	Westglen School	4.36m	1

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Boys Long Jump Grade 7)**

	Name	Age	School	Finals	Points
7	Yabut, Dence	12	Christ the King Academy Jr Hig	4.12m	
8	Sok, Ravid	12	Brooks Junior High School	4.08m	
9	Hasegawa-Foster, Tyson	10	Lawrence Grassi Middle School	3.98m	
9	Lauper, Luca	12	Dr. Elliott School	3.98m	
11	Wickham, Cameron	10	Lawrence Grassi Middle School	3.49m	

Boys Triple Jump Grade 7

	Name	Age	School	Finals	Points
Finals					
1	Cramer, Eli	11	Westmount School	10.39m	7
2	Stennes, Clayton	12	Jenner School	10.02m	5
3	Thoreson, Erik	12	C. W. Perry School	9.91m	4
4	Dutton, Jack	12	Red Deer Lake	9.66m	3
5	Riep, Simon	12	Three Hills	9.51m	2
6	Bosch, Sawyer	12	Ecole Manachaban Middle School	9.50m	1
7	Mantai, Jacob	12	Hugh Sutherland	9.37m	
8	Rauhala, Kaleb	12	Westglen School	8.98m	
9	Abasola, Zuriel	12	Trochu Valley	8.45m	
10	Pagenkopf, Alex	12	CMJH Cougars	8.20m	
11	Warrak, Ray	12	CMJH Cougars	7.55m	

Boys Shot Put 4 kg Grade 7

	Name	Age	School	Finals	Points
Finals					
1	Weebly, Jayden	12	Prince of Peace School	11.13m	7
2	Stennes, Clayton	12	Jenner School	9.97m	5
3	Collard, Jackson	12	Red Deer Lake	9.41m	4
4	Toriola, Tope	11	Strathcona-Tweedsmuir School	9.28m	3
5	Freund, Conner	12	Trochu Valley	9.04m	2
6	Johnson, Jesiah	12	Olds Koinonia	8.85m	1
7	Wenstrom, Bryce	12	CMJH Cougars	8.19m	
7	Armstrong, Craig	12	Kathryn	8.19m	
9	Hunt, Chase	12	Cremona	8.18m	
10	Ayoungman, Levitt	11	CMJH Cougars	7.99m	
11	Custead, Seth	12	Dr. Elliott School	7.24m	
12	Holthuis, Josh	11	Lawrence Grassi Middle School	7.12m	
13	Powderface, Sky	11	Exshaw School	4.96m	

Boys Discus Throw 1 kg Grade 7

	Name	Age	School	Finals	Points
Finals					
1	Johnson, Jesiah	12	Olds Koinonia	27.37m	7
2	Thoreson, Erik	12	C. W. Perry School	26.26m	5
3	Holthuis, Josh	11	Lawrence Grassi Middle School	24.62m	4
4	Crook, Zack	12	Red Deer Lake	23.51m	3
5	Allan, Josh	12	Trinity Christian Academy	22.46m	2
6	Boles, Carter	12	Three Hills	22.41m	1
7	Custead, Seth	12	Dr. Elliott School	22.09m	
8	MacIntyre, Ethan	11	Blackie School Bulldogs	21.97m	
9	Beasley, Shaymus	12	Brooks Junior High School	21.25m	

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Boys Discus Throw 1 kg Grade 7)**

	Name	Age	School	Finals	Points
10	Schoenemann, Mackenzie	12	Hugh Sutherland	19.91m	
11	Armstrong, Craig	12	Kathryn	19.89m	
12	Dyck, Jaimyn	12	Rosemary School	18.49m	
13	Chartrand, Ian	11	Lawrence Grassi Middle School	12.54m	

Boys Javelin Throw 600g Grade 7

	Name	Age	School	Finals	Points
Finals					
1	Ruando, Justin	12	Christ the King Academy Jr Hig	27.10m	7
2	VanHeuvel Skode, Layne	12	Heritage Heights	26.68m	5
3	Sunderji, Kiyen	12	Strathcona-Tweedsmuir School	25.22m	4
4	Yeaman, Gavin	12	Three Hills	24.09m	3
5	Good, Carsyn	12	Brooks Junior High School	24.07m	2
6	Krebs, Sawyer	12	Cremona	20.37m	1
7	Lauper, Luca	12	Dr. Elliott School	19.65m	
8	Macdonald, Isaiah	11	Hugh Sutherland	18.80m	
9	Esayenko, Evan	12	Airdrie Koinonia	18.65m	
---	Lupas, Jacob	12	Airdrie Koinonia	FOUL	
---	Heysa, Riley	12	CMJH Cougars	FOUL	

Boys 100 Meter Dash Grade 8

	Name	Age	School	Prelims	H#
Preliminaries					
1	Kromah, Minmin	12	Brooks Junior High School	12.29 Q	2
2	Murray, James	13	Ecole Okotoks Junior High	12.49 Q	1
3	Richards, Sean	13	Bassano	12.71 Q	1
4	Wangkhiree, Nyi	13	Ecole Okotoks Junior High	12.99 Q	2
5	Neighbours, Jake	13	C. W. Perry School	13.05 q	1
6	Brown, Nicholas	13	Prairie Christian Academy	13.09 q	1
7	Weis, Tyson	13	CMJH Cougars	13.20 q	1
8	Millard, Tristin	13	River Valley School	13.25 q	2
9	Donovan, Carson	13	Airdrie Middle	13.27	2
10	Custodio, Mark Jovi	13	Dr. Elliott School	13.44	2
11	Stannard, Kaleb	13	Lawrence Grassi Middle School	13.49	1
12	Whiteside, Cole	13	Lawrence Grassi Middle School	13.60	1
13	DeBruyn, Zack	13	Westglen School	13.72	2

Boys 100 Meter Dash Grade 8

	Name	Age	School	Finals	Points
Finals					
1	Kromah, Minmin	12	Brooks Junior High School	12.13	7
2	Murray, James	13	Ecole Okotoks Junior High	12.29	5
3	Richards, Sean	13	Bassano	12.38	4
4	Brown, Nicholas	13	Prairie Christian Academy	12.97	3
5	Wangkhiree, Nyi	13	Ecole Okotoks Junior High	12.99	2
6	Neighbours, Jake	13	C. W. Perry School	12.99	1
7	Weis, Tyson	13	CMJH Cougars	13.17	
8	Millard, Tristin	13	River Valley School	13.68	

2016 South Central Zone Junior High - 2016-05-31

Foothills Athletic Park, Calgary, Alberta

Results**Boys 200 Meter Dash Grade 8**

Name	Age	School	Finals	H#	Points
Finals					
1 Kromah, Minmin	12	Brooks Junior High School	25.05	1	7
2 Richards, Sean	13	Bassano	25.77	2	5
3 Johnson, Cole	13	Ecole Okotoks Junior High	25.94	1	4
4 Cowley Adam, Brennan	13	Strathcona-Tweedsmuir School	26.36	1	3
5 Okumo, Oke	13	Airdrie Koinonia	26.53	1	2
6 Baker, Jace	13	Ecole Manachaban Middle School	26.84	2	1
7 Stannard, Kaleb	13	Lawrence Grassi Middle School	27.58	2	
8 Millard, Tristin	13	River Valley School	28.01	2	
9 Saunders, Jordan	12	Deer Meadow School	28.52	2	
10 Kim, Andy	13	Prairie Christian Academy	28.86	2	

Boys 400 Meter Dash Grade 8

Name	Age	School	Finals	H#	Points
Finals					
1 Richards, Sean	13	Bassano	57.54	2	7
2 Krauss, Cale	13	Brooks Junior High School	59.76	2	5
3 Baker, Jace	13	Ecole Manachaban Middle School	1:00.05	1	4
4 Malone, Luke	13	Ecole Okotoks Junior High	1:00.22	2	3
5 Clarke, Colton	13	Airdrie Middle	1:00.68	2	2
6 Lavigne, Austin	13	Ecole Senator Riley School	1:04.39	2	1
7 Ducharme, Julien	13	Cremona	1:05.51	1	
8 Gallant, Riley	11	CMJH Cougars	1:08.08	2	
9 Straub, Jace	13	Dr. Elliott School	1:08.34	1	
10 Cockx, Aidan	13	Holy Cross	1:12.55	2	
11 Fricker, Luke	13	Lawrence Grassi Middle School	1:13.79	1	
12 pryce, Matthew	13	Lawrence Grassi Middle School	1:14.00	1	
13 Schmidt, Ryley	13	Trochu Valley	1:14.11	1	

Boys 800 Meter Run Grade 8

Name	Age	School	Finals	Points
Finals				
1 Malone, Luke	13	Ecole Okotoks Junior High	2:20.71	7
2 Good, Aiden	12	Hugh Sutherland	2:20.97	5
3 Miske, Evan	13	Meadowbrook	2:23.11	4
4 Merritt, Will	12	Deer Meadow School	2:25.50	3
5 Clarke, Colton	13	Airdrie Middle	2:26.85	2
6 O'Brien, Will	12	Lawrence Grassi Middle School	2:28.68	1
7 Dudar, Mitchell	13	St. John Paul II Collegiate	2:32.77	
8 Leader, Tucker	12	Brooks Junior High School	2:33.86	
9 Yellowfly, Kage	13	CMJH Cougars	2:34.11	
10 Straub, Jace	13	Dr. Elliott School	2:37.95	
11 Miller, Aiden	13	Dr. Elliott School	2:38.83	

Boys 1500 Meter Run Grade 8

Name	Age	School	Finals	Points
Finals				
1 Good, Aiden	12	Hugh Sutherland	4:54.71	7
2 Lam, Nathan	13	Ecole Manachaban Middle School	4:59.41	5
3 Fuhr, Ewan	12	St. John Paul II Collegiate	5:00.21	4

2016 South Central Zone Junior High - 2016-05-31

Foothills Athletic Park, Calgary, Alberta

Results**Finals ... (Boys 1500 Meter Run Grade 8)**

	Name	Age	School	Finals	Points
4	McNeely, Nate	13	Deer Meadow School	5:08.92	3
5	Frehlich, Dieter	13	Strathcona-Tweedsmuir School	5:10.89	2
6	Olichny, Davin	13	C. W. Perry School	5:15.27	1
7	Yellowfly, Kage	13	CMJH Cougars	5:19.48	
8	Kania, Eric	12	Lawrence Grassi Middle School	5:36.95	
9	Dovichak, Brady	13	Tilley School	5:39.79	
10	Edwards, Travis	13	Prairie Christian Academy	5:44.22	
11	Cunningham, Nolan	13	Brooks Junior High School	5:46.81	
12	Hunter, Luke	12	Exshaw School	5:51.94	
13	Smith, Andy	13	Carbon	6:00.83	

Boys 3000 Meter Run Grade 8

	Name	Age	School	Finals	Points
Finals					
1	Reed, Albert	12	Lawrence Grassi Middle School	10:25.11	7
2	Fricke, Luke	13	Lawrence Grassi Middle School	11:05.15	5
3	McBride, Logan	12	Strathcona-Tweedsmuir School	11:07.86	4
4	Hickerson, Calumn	13	Airdrie Middle	11:35.27	3
5	Budd, Daxton	13	Ecole Senator Riley School	11:41.36	2
6	Magnusson, Eric	13	Bassano	11:47.54	1
7	Patton, Callum	13	Brooks Junior High School	11:55.08	
8	Berhdahl, Brayden	13	Prairie Christian Academy	12:32.54	
9	Lofthouse, Sterling	12	CMJH Cougars	12:53.32	

Boys 80 Meter Hurdles 78cm 30" 8m Grade 8

	Name	Age	School	Finals	H#	Points
Finals						
1	Diwata, Angel	13	Ecole Okotoks Junior High	12.83	1	7
2	Murray, James	13	Ecole Okotoks Junior High	12.89	2	5
3	Pritchard, Reid	13	Springbank Middle	13.47	2	4
4	Agnew, Riley	13	Airdrie Middle	13.55	1	3
5	Ajou, Ajou	13	Brooks Junior High School	13.61	2	2
6	Read, Evyn	13	River Valley School	14.35	2	1
7	Weber, Issac	13	Olds Koinonia	14.49	1	
8	Straub, Jace	13	Dr. Elliott School	14.77	1	
9	Atmore, Caleb	13	Prairie Christian Academy	15.23	1	
10	Anasco, Dan Loyd	13	Christ the King Academy Jr Hig	15.38	2	

Boys 4x100 Meter Relay Grade 8

	Team	Relay	Finals	H#	Points
Finals					
1	Brooks Junior High School		50.61	1	7
2	C. W. Perry School		51.50	1	5
3	Airdrie Middle		53.00	2	4
4	Christ the King Academy Jr Hig		53.41	2	3
5	Prairie Christian Academy		54.15	2	2
6	CMJH Cougars		55.07	1	1
7	Lawrence Grassi Middle School		57.23	1	
8	Three Hills		58.29	1	
---	Westglen School		DQ	2	

2016 South Central Zone Junior High - 2016-05-31

Foothills Athletic Park, Calgary, Alberta

Results**Finals ... (Boys 4x100 Meter Relay Grade 8)**

Team	Relay	Finals	H#	Points
---	Ecole Okotoks Junior High	DQ	2	

Boys High Jump Grade 8

Name	Age	School	Finals	Points
Finals				
1	13	CMJH Cougars	1.65m	7
2	13	St. John Paull II Collegiate	1.60m	5
3	12	CMJH Cougars	J1.60m	4
4	13	Ecole Manachaban Middle School	1.55m	2.50
4	13	C. W. Perry School	1.55m	2.50
6	13	Brooks Junior High School	J1.55m	1
7	12	Lawrence Grassi Middle School	1.50m	
8	13	Dr. Elliott School	J1.50m	
9	13	Olds Koinonia	J1.50m	
10	13	Tilley School	1.45m	
10	13	Lawrence Grassi Middle School	1.45m	
12	13	Westglen School	1.40m	
12	13	Dr. Elliott School	1.40m	

Boys Long Jump Grade 8

Name	Age	School	Finals	Points
Finals				
1	13	Strathcona-Tweedsmuir School	5.41m	7
2	12	Brooks Junior High School	5.17m	5
3	13	Prairie Christian Academy	4.97m	4
4	13	Airdrie Koinonia	4.94m	3
5	13	Brooks Junior High School	4.92m	2
6	12	Bearspaw	4.86m	1
7	13	Lawrence Grassi Middle School	4.68m	
7	13	River Valley School	4.68m	
9	13	Ecole Okotoks Junior High	4.59m	
10	13	Dr. Elliott School	4.56m	
11	12	CMJH Cougars	4.55m	
12	13	Deer Meadow School	4.44m	
13	12	Banded Peak	4.33m	
14	13	Lawrence Grassi Middle School	3.77m	

Boys Triple Jump Grade 8

Name	Age	School	Finals	Points
Finals				
1	13	Brooks Junior High School	10.87m	7
2	13	Strathcona-Tweedsmuir School	10.85m	5
3	13	Ecole Okotoks Junior High	10.70m	4
4	13	CMJH Cougars	10.14m	3
5	13	Christ the King Academy Jr Hig	10.05m	2
6	13	River Valley School	9.79m	1
7	13	Westbrook School	9.76m	
8	12	Deer Meadow School	9.75m	
9	13	Muriel Clayton Middle	9.59m	
10	13	CMJH Cougars	9.34m	

2016 South Central Zone Junior High - 2016-05-31**Foothills Athletic Park, Calgary, Alberta****Results****Finals ... (Boys Triple Jump Grade 8)**

	Name	Age	School	Finals	Points
11	Ellis, Josh	13	Lawrence Grassi Middle School	9.30m	
12	Dela Cruz, Mike	13	Trochu Valley	9.06m	
13	Abasola, EJ	13	Trochu Valley	8.80m	

Boys Shot Put 4 kg Grade 8

	Name	Age	School	Finals	Points
Finals					
1	Ajou, Ajou	13	Brooks Junior High School	11.38m	7
2	Sauve, Jack	13	CMJH Cougars	11.12m	5
3	Plaza, Jeremiah	13	Trinity Christian Academy	11.06m	4
4	Gamboa, James	13	C. W. Perry School	10.77m	3
5	MacAusland, Camden	13	Bears paw	10.55m	2
6	Chatenay, Ari	12	Strathcona-Tweedsmuir School	10.31m	1
7	Alexander, Gage	13	Ecole Okotoks Junior High	10.19m	
8	Kolke, Joel	13	Three Hills	9.98m	
9	Merritt, Will	12	Deer Meadow School	9.85m	
10	Abasola, EJ	13	Trochu Valley	9.80m	
11	Anok, Cayden	12	Brooks Junior High School	9.32m	
12	Lemare, Gage	13	Warren Peers School	9.27m	
13	Brunet, Ryan	12	Lawrence Grassi Middle School	9.12m	
14	Fischer, Carson	13	Westglen School	9.10m	

Boys Discus Throw 1 kg Grade 8

	Name	Age	School	Finals	Points
Finals					
1	McMaster, Anson	13	CMJH Cougars	34.03m	7
2	Heidebrecht, Denon	13	Dr. Elliott School	33.93m	5
3	Custodio, Mark Jovi	13	Dr. Elliott School	30.13m	4
4	Sauve, Jack	13	CMJH Cougars	29.82m	3
5	Read, Evyn	13	River Valley School	29.72m	2
6	Henry, Ronin	13	Ecole Senator Riley School	27.84m	1
7	Cragg, Alvin	13	Muriel Clayton Middle	27.55m	
7	Jensen, Damon	13	Brooks Junior High School	27.55m	
9	Serrano, Johnny	13	Christ the King Academy Jr Hig	27.32m	
10	Michalec, Gabe	13	Cayley	26.84m	
11	Smith, Aiden	13	Ecole Manachaban Middle School	25.66m	
12	Steffler, Berkley	13	Cremona	23.00m	
13	Millard, Jonah	13	Lawrence Grassi Middle School	21.78m	
14	Brunet, Ryan	12	Lawrence Grassi Middle School	20.73m	

Boys Javelin Throw 600g Grade 8

	Name	Age	School	Finals	Points
Finals					
1	Henry, Ronin	13	Ecole Senator Riley School	39.36m	7
2	Heidebrecht, Denon	13	Dr. Elliott School	33.77m	5
3	Atmore, Caleb	13	Prairie Christian Academy	31.63m	4
4	Ajou, Ajou	13	Brooks Junior High School	31.41m	3
5	Mulder, Daniel	11	CMJH Cougars	28.64m	2
6	Wolfe, Jadin	12	River Valley School	27.35m	1
7	Pana, Logan	13	Holy Trinity	26.64m	

2016 South Central Zone Junior High - 2016-05-31

Foothills Athletic Park, Calgary, Alberta

Results**Finals ... (Boys Javelin Throw 600g Grade 8)**

Name	Age	School	Finals	Points
8 Calf, Dezai	13	Bassano	24.54m	
9 Brown, Trae	11	CMJH Cougars	23.55m	
10 Millard, Jonah	13	Lawrence Grassi Middle School	22.74m	
11 DesRosiers, Jonah	12	Lawrence Grassi Middle School	21.21m	
--- Hebert, Jace	13	Red Deer Lake	FOUL	

Boys 100 Meter Dash Grade 9

Name	Age	School	Prelims	H#
Preliminaries				
1 Nellis, Logan	14	W. H. Croxford High	11.53 Q	2
2 Dobson, Taylor	14	Cochrane	11.80 Q	1
3 Krebs, Peyton	14	Ecole Okotoks Junior High	11.97 Q	1
4 Sok, Sharawi	14	Brooks Junior High School	12.19 Q	2
5 Omosomwan, Glory	13	Brooks Junior High School	12.29 q	1
6 McIntyre, Shamus	14	Dr. Elliott School	12.38 q	2
7 Krasniqi, Eros	14	Westmount School	12.51 q	1
8 Mizuide, Renon	13	Canmore Collegiate	12.83 q	2
9 Desserre, Mitchell	11	CMJH Cougars	12.89	1
10 Tooth, Coleton	14	Sundre	12.89	1
11 Aulenback, Lucas	14	Drumheller	13.09	2
12 Walsh, Anthony	14	Olds	13.13	2
13 rapaich, cole	14	Canmore Collegiate	13.22	1

Boys 100 Meter Dash Grade 9

Name	Age	School	Finals	Points
Finals				
1 Nellis, Logan	14	W. H. Croxford High	11.49	7
2 Dobson, Taylor	14	Cochrane	11.58	5
3 Sok, Sharawi	14	Brooks Junior High School	12.20	4
4 Krebs, Peyton	14	Ecole Okotoks Junior High	12.24	3
5 McIntyre, Shamus	14	Dr. Elliott School	12.30	2
6 Omosomwan, Glory	13	Brooks Junior High School	12.40	1
7 Mizuide, Renon	13	Canmore Collegiate	12.79	

Boys 200 Meter Dash Grade 9

Name	Age	School	Finals	H#	Points
Finals					
1 Nellis, Logan	14	W. H. Croxford High	23.60	1	7
2 Dobson, Taylor	14	Cochrane	24.15	2	5
3 Omosomwan, Glory	13	Brooks Junior High School	25.02	2	4
4 Sok, Sharawi	14	Brooks Junior High School	25.18	2	3
5 Mackesey, Christian	14	St. John Paull II Collegiate	25.29	2	2
6 Peloso, Matthew	14	St. John Paull II Collegiate	25.57	2	1
7 McCafferty, Conor	13	Banff Community High	26.00	2	
8 Mizuide, Renon	13	Canmore Collegiate	26.57	1	
9 Presley Kiernan, Jayden	14	CMJH Cougars	26.71	1	
10 Jensen, Reid	14	Holy Cross	26.75	1	
11 Walsh, Anthony	14	Olds	27.39	2	
12 Enzie, Glen	14	Trochu Valley	27.42	1	
13 Ogundiran, Jamie	14	Prairie Christian Academy	27.62	1	

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Results**Finals ... (Boys 200 Meter Dash Grade 9)**

Name	Age	School	Finals	H#	Points
14 La Flamme, Dylan	14	Olds	28.66	1	

Boys 400 Meter Dash Grade 9

Name	Age	School	Finals	H#	Points
Finals					
1 Peloso, Matthew	14	St. John Paul II Collegiate	55.51	1	7
2 Grant, Zane	14	Bassano	55.96	1	5
3 McCafferty, Conor	13	Banff Community High	57.28	2	4
4 Bennett-Nimijean, Dane	14	Airdrie Francophone	57.54	1	3
5 Krasniqi, Eros	14	Westmount School	58.43	1	2
6 Jensen, Reid	14	Holy Cross	58.98	2	1
7 Douglass, Eric	13	Bassano	59.77	2	
8 Parker, Aidan	13	Canmore Collegiate	1:01.95	1	
9 Enzie, Glen	14	Trochu Valley	1:02.37	1	
10 Kyncl, Lucas	14	Sundre	1:03.06	2	
11 Wolstenholme-Schmidt, Benjamin	14	Dr. Elliott School	1:03.51	1	
12 Clayton, Chase	12	CMJH Cougars	1:04.42	2	

Boys 800 Meter Run Grade 9

Name	Age	School	Finals	Points
Finals				
1 Grant, Zane	14	Bassano	2:10.56	7
2 Krebs, Peyton	14	Ecole Okotoks Junior High	2:11.59	5
3 Abdulle, Ali	12	Brooks Junior High School	2:14.39	4
4 Egert, Izach	14	Ecole Okotoks Junior High	2:15.99	3
5 Bosch, Jonah	14	Cochrane	2:20.17	2
6 Filiponek, Josh	14	Holy Cross	2:25.91	1
7 Lansink, Deyem	14	Three Hills	2:26.49	
8 Parker, Sean	13	Canmore Collegiate	2:29.81	
9 Regan, Cash	12	Duchess	2:31.05	
10 Nesbitt, Jack	13	Hugh Sutherland	2:31.62	
11 Christensson, Kole	14	Springbank High	2:31.86	
12 Skull, Joshua	14	Olds	2:32.98	
13 Orford, Ryan	13	Holy Cross	2:34.98	
14 Zawada, Zak	13	Canmore Collegiate	2:35.53	
15 Sales, Alexander	14	Prairie Christian Academy	2:42.81	

Boys 1500 Meter Run Grade 9

Name	Age	School	Finals	Points
Finals				
1 Galmo, Milkesa	14	Brooks Junior High School	4:42.91	7
2 Rutherford, Logan	14	W. H. Croxford High	4:56.61	5
3 Matycio, Ayden	14	Brooks Junior High School	4:56.72	4
4 Kowbel, Jordan	14	Holy Cross	4:59.28	3
5 Nakanishi, Hideyaki	14	CMJH Cougars	5:00.35	2
6 Bertramini, Connor	14	Langdon	5:03.36	1
7 Roberts, Flynn	13	Ecole Okotoks Junior High	5:04.22	
8 Verge, Nick	14	Olds Koinonia	5:10.37	
9 Beingessner, Matthew	14	Strathcona-Tweedsmuir School	5:10.38	
10 Dougan, Shaun	15	Olds	5:14.00	

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Results**Finals ... (Boys 1500 Meter Run Grade 9)**

	Name	Age	School	Finals	Points
11	Frere, Joel	14	Trochu Valley	5:17.36	
12	Viste, Adam	14	Three Hills	5:21.70	
13	Carlson, Tait	13	Canmore Collegiate	5:47.07	
14	Pelazes, Joaquin	13	Banff Community High	5:58.77	

Boys 3000 Meter Run Grade 9

	Name	Age	School	Finals	Points
Finals					
1	Abdulle, Ali	12	Brooks Junior High School	10:15.49	7
2	Waldner, Kyle	14	Ecole Okotoks Junior High	10:34.17	5
3	Kowbel, Jordan	14	Holy Cross	10:34.32	4
4	Bertramini, Connor	14	Langdon	10:54.52	3
5	Lansink, Deyem	14	Three Hills	10:55.70	2
6	Parker, Sean	13	Canmore Collegiate	11:01.56	1
7	Zawada, Zak	13	Canmore Collegiate	11:08.11	
8	Verge, Nick	14	Olds Koinonia	11:15.74	
9	Orford, Ryan	13	Holy Cross	11:34.34	

Boys 100 Meter Hurdles 78cm 30" 8.5 Grade 9

	Name	Age	School	Finals	H#	Points
Finals						
1	Taborski, Noah	14	Ecole Okotoks Junior High	15.18	1	7
2	Turner, Tyler	14	Brooks Junior High School	15.22	2	5
3	Owerko, Mathew	14	St. John Paull II Collegiate	15.92	1	4
4	Neis, Dylan	14	Cochrane	16.05	1	3
5	Sharkey, Griffin	14	Cochrane	16.33	2	2
6	Laye, Dawson	14	Cremona	16.53	2	1
7	Lual, Chan	14	Brooks Junior High School	17.11	2	
8	Balderson, Alexander	15	Dr. Elliott School	17.46	2	
9	Kyncl, Lucas	14	Sundre	18.59	1	
10	McCreadie, Bailey	14	CMJH Cougars	18.64	1	
11	Stecyk, Brandon	14	Dr. Elliott School	18.65	1	

Boys 4x100 Meter Relay Grade 9

	Team	Relay	Finals	H#	Points
Finals					
1	Cochrane		47.99	2	7
2	W. H. Croxford High		48.19	1	5
3	Dr. Elliott School		50.92	2	4
4	CMJH Cougars		52.85	2	3
5	Sundre		53.47	2	2
6	Canmore Collegiate		53.54	1	1
7	Olds		54.35	1	
---	St Joseph's Collegiate, Brooks		DQ	1	
---	St. John Paull II Collegiate		DQ	1	
---	Brooks Junior High School		DQ	2	

Boys 4x400 Meter Relay Open Grade 9

	Team	Relay	Finals	Points
Finals				
1	W. H. Croxford High		3:57.70	7

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Results**Finals ... (Boys 4x400 Meter Relay Open Grade 9)**

Team	Relay	Finals	Points
2	Ecole Okotoks Junior High	4:01.61	5
3	Bassano	4:10.81	4
4	Cochrane	4:13.34	3
5	Hugh Sutherland	4:24.84	2
6	Trochu Valley	4:26.67	1
7	Olds	4:27.09	

Boys High Jump Grade 9

Name	Age	School	Finals	Points
Finals				
1	Nwoye, Alex	14 Holy Cross	1.80m	7
2	Bennett-Nimijean, Dane	14 Airdrie Francophone	1.70m	5
3	Lual, Chan	14 Brooks Junior High School	1.65m	4
4	Wade, Jackson	14 Dr. Elliott School	J1.65m	3
5	Lual, Ngor	14 Brooks Junior High School	1.60m	2
6	Church, Braden	14 Cochrane	J1.60m	1
7	Fedyshen, Caleb	14 Olds Koinonia	J1.60m	
8	Boriskewich, Hunter	14 St. John Paul II Collegiate	1.55m	
8	Friesen, Jason	14 Dr. Elliott School	1.55m	
8	Notley, MacGregor	14 Olds	1.55m	
8	McCreadie, Bailey	14 CMJH Cougars	1.55m	
8	Hartle, Tyson	13 Heritage Heights	1.55m	
13	Baddas, Errol	14 Banff Community High	1.45m	

Boys Pole Vault Grade 9

Name	Age	School	Finals	Points
Finals				
1	Lenson, Derek	14 Cochrane	2.30m	7
2	Savage-Howe, Jaxan	14 Sundre	2.00m	5
3	Ross, Nick	14 Sundre	1.85m	4
4	Mills, Ben	14 Cochrane	1.70m	3

Boys Long Jump Grade 9

Name	Age	School	Finals	Points
Finals				
1	Krebs, Peyton	14 Ecole Okotoks Junior High	5.65m	7
2	Nwoye, Alex	14 Holy Cross	5.52m	5
3	McCafferty, Conor	13 Banff Community High	5.26m	4
4	Aulenback, Lucas	14 Drumheller	5.21m	3
5	Pierce-Lord, Jeremy	14 Strathcona-Tweedsmuir School	5.15m	2
6	Furfaro, Joseph	14 CMJH Cougars	J5.15m	1
7	Neis, Dylan	14 Cochrane	4.92m	
8	Mizuide, Renon	13 Canmore Collegiate	4.90m	
9	Tkachuk, Jason	14 Bow Valley High	4.81m	
10	Friesen, Jason	14 Dr. Elliott School	4.75m	
11	Omosomwan, Glory	13 Brooks Junior High School	4.66m	
12	Fate, Dallas	14 Sundre	4.34m	

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Results**Boys Triple Jump Grade 9**

Name	Age	School	Finals	Points
Finals				
1 Krebs, Peyton	14	Ecole Okotoks Junior High	11.56m	7
2 Lave, Dawson	14	Cremona	11.51m	5
3 Furfaro, Joseph	14	CMJH Cougars	11.49m	4
4 Aulenback, Lucas	14	Drumheller	11.08m	3
5 Ramirex, Felix	14	Brooks Junior High School	10.70m	2
6 Dayag, Garry	14	Christ the King Academy Jr Hig	10.58m	1
7 Lindeman, Daniel	14	Ecole Okotoks Junior High	10.35m	
8 Wolstenholme-Schmidt, Benjamin	14	Dr. Elliott School	9.23m	

Boys Shot Put 4 kg Grade 9

Name	Age	School	Finals	Points
Finals				
1 Sonna Dzoua, Loic	14	St Joseph's Collegiate, Brooks	12.52m	7
2 Makarus, Ayden	14	W. H. Croxford High	12.21m	5
3 Crossan, Lucas	14	Ecole Okotoks Junior High	12.14m	4
4 Reed, Ben	14	Sundre	11.66m	3
5 Lee, Zander	14	Brooks Junior High School	11.51m	2
6 Stokes, Rylan	14	Ecole Okotoks Junior High	11.47m	1
7 Filkohazy, Bailey	14	CMJH Cougars	11.18m	
7 Anderson, Brett	14	Bow Valley High	11.18m	
9 Nikula, Darian	14	Olds Koinonia	10.79m	
10 Palardy, Zach	14	Holy Cross	10.46m	
11 Aulenback, Lucas	14	Drumheller	9.69m	
12 Franke, Riley	14	Trochu Valley	9.50m	
13 Shortneck, Clinton	14	Canmore Collegiate	8.81m	

Boys Discus Throw 1 kg Grade 9

Name	Age	School	Finals	Points
Finals				
1 Shaigec, Cole	14	Strathcona-Tweedsmuir School	38.81m	7
2 Colborne, Devon	14	George McDougall	35.87m	5
3 O'Farrell, Mitchell	14	Brooks Junior High School	35.76m	4
4 Palardy, Zach	14	Holy Cross	33.45m	3
5 Troidl, Carson	14	Brooks Junior High School	32.24m	1.50
5 Dobson, Taylor	14	Cochrane	32.24m	1.50
7 Tyrrell-Coppicus, Sloan	14	Dr. Elliott School	30.14m	
8 Filiponek, Josh	14	Holy Cross	29.25m	
9 Rowe, Noah	14	Olds Koinonia	28.86m	
10 Ottenbriecht, Peter	14	St. John Paul II Collegiate	28.10m	
11 McIntyre, Shamus	14	Dr. Elliott School	27.70m	

Boys Javelin Throw 600g Grade 9

Name	Age	School	Finals	Points
Finals				
1 Tighe, Jacob	14	Ecole Okotoks Junior High	45.82m	7
2 O'Farrell, Mitchell	14	Brooks Junior High School	45.79m	5
3 Clement, Justin	14	Springbank High	44.23m	4
4 Ball, Hunter	14	Highwood High School	41.84m	3
5 Fiset-Hofer, Cobey	14	Brooks Junior High School	41.46m	2

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	Name	Age	School	Finals	Points
6	Wilcox, David	14	Airdrie Koinonia	37.60m	1
7	Laye, Dawson	14	Cremona	36.14m	
8	Stecyk, Brandon	14	Dr. Elliott School	31.59m	
9	Wade, Jackson	14	Dr. Elliott School	28.93m	
10	McLeod, Spencer	13	Canmore Collegiate	27.86m	
11	Keer, Parker	12	CMJH Cougars	27.19m	
12	Shortneck, Clinton	14	Canmore Collegiate	22.88m	
---	Filkohazy, Bailey	14	CMJH Cougars	FOUL	
---	Macdonald, Zac	13	Hugh Sutherland	FOUL	